



# Ballyboden St. Endas

## Hurling/Football & Camogie/Ladies Football Academies

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# Information Booklet

2019/2020



Paul McLoughlin



Brian O'Regan

Dear Parent,

Thank you for registering your child with Ballyboden St Enda's Academy for the 2019-2020 season

The principal aim of the academy is to introduce children to Gaelic Games in a fun and safe environment and to aid the development of their athletic and social abilities from the age of 6 to 8 years.

The information contained in this booklet is important to you as a parent, as it contains important information on the academy as well as some "Golden Rules" which we ask both parents and children to abide by during the year.

We hope you find this of some use, and we look forward to seeing you each week-end throughout the year.

Regards

Paul McLoughlin  
Academy Co-ordinator

Brian O'Regan  
Academy Co-ordinator

## **Cherryfield Academy – Clubhouse**

The Boys Football/Hurling Academy starts at 9.30am and finishes at 11:00 am.

The Ladies Football/Camogie Academy starts at 10.00am and finishes at 11:30 am.

## **Knocklyon Park Academy – Ballycullen**

The Boys Football/Hurling Academy starts at 10am and finishes at 11:30 am.

The Ladies Football/Camogie Academy starts at 10am and finishes at 11:30 am.

## **St Enda's Pk Academy – Hermitage**

The Ladies Football/ Camogie Academy starts at 10am and finishes at 11:30 am.

The Boys Football/ Hurling Academy starts at 10am and finishes at 11:30am.

**Children should attend the academy closest to where they live and it is essential that all children are on the pitch at least 15 mins before the start.**

At the Clubhouse Academy Parents must ensure their children are brought safely across to the Cherryfield pitches using the pedestrian lights and are collected from cherryfield at the required time

Parking is extremely restricted at all 3 Academy Venues. It is essential that parents car pool or walk where possible. Parking should only take place in designated areas and we would ask that **ALL LOCAL RESIDENTS ARE RESPECTED**

All children are encouraged to bring their own **water bottle**.

# EQUIPMENT & GEAR

**Gum-shields are compulsory** in the GAA, so it is important that your child wears one for the academy each week-end. It is the responsibility of each player to get their own gum-shield.

Children will be provided with their **own Football, & Hurley** which they **must bring with them** to training each Saturday. They will also be given their own **Academy Jersey**

The **O'Neills shop** in the Club(open Sat 10:00am- 12:00pm & Thurs 7.30pm -9pm) sells the Ballyboden St Endas Kit (Jersey, Shorts and Socks), as well as other equipment and clothing.

We would encourage parents to get their child their own helmet, but should any 2013 child not have one, we can provide one.

**All 2012 children must have their own Helmet.**

## COMMUNICATION

The main method of communication with parents will be through **EMAIL or TEXT**.

Emails and Texts will only be sent out if there is a cancellation or if there is a change to the normal Academy Schedule. Parents should take that the Academy is on unless told otherwise.

**PLEASE ENSURE WE HAVE YOUR CORRECT CONTACT MOBILE AND EMAIL ADDRESS.** Please email [bbseacademy@gmail.com](mailto:bbseacademy@gmail.com) with any queries

## VOLUNTEERING

To ensure the continued success of the Academy it is **essential** that parents become involved and assist with the coaching of the children on a Saturday morning, and the development of their own child. Any resources that you may require will be provided without hesitation e.g. equipment, coaching material, advice etc. **(All coaches will be provided with an Academy Session Plan each week.)**

Very often parents may be worried that they may not have enough knowledge or experience of Gaelic Games. This is not an issue as every year most of our coaches begin at the very same starting point, and with the abundance of County Board workshops being run and training courses within the club, there is plenty of opportunities for first time coaches to learn new skills.

Any assistance at all, whether it be putting helmets on the kids, setting up equipment, etc. would be greatly welcomed. Should parents **not** become involved, the future of the Academy is **not** guaranteed.

**A Foundation Award Coaching Course will take place for all NEW COACHES over 3 Fri Nights, Sept 27<sup>th</sup>, Oct 4<sup>th</sup> & 11<sup>th</sup> and we would like to invite any new parents interested in helping out with the academy to come along.**

**If you would like to register for the course pls email: [bbseacademy@gmail.com](mailto:bbseacademy@gmail.com)**

If you are interested in helping out, please complete and return the **“I’m interested” slip or email [bbseacademy@gmail.com](mailto:bbseacademy@gmail.com)**

For future info please contact us @ [bbseacademy@gmail.com](mailto:bbseacademy@gmail.com)

**We would encourage as many parents as possible to become full members of the club and be involved in their child’s sporting development through Ballyboden St Enda's.**

## "Always....." rules

- *"I will always wear my gum-shield, helmet and any other safety gear at training & matches"*
- *"I will always try my best – even when I find things hard to do"*
- *"I will always listen to my coach – they are trying to help me to have fun"*
- *"I will always train & play with a smiley face – this helps me to enjoy myself."*
- *"I will always respect my team mates and their feelings – they are my friends."*

## "Sometimes....." rules

- *"Sometimes I will win & sometimes I will lose – taking part is more important."*
- *"Sometimes I will be on my friend's team & sometimes I won't – it is as much fun playing against each other as with each other."*
- *"Sometimes I will not play in my favourite position – this is good for my skills."*
- *"Sometimes I will need to take a break in the time-out area – I need to be "ready" to join-in."*
- *"Sometimes I will get hurt – this is never on purpose."*

## "Never....." rules

- *"I will never leave a station without telling my mentor – this is for my safety"*
- *"I will never hurt, bully or make a team mate feel bad – we are all friends"*
- *"I will never use bad language – this is a bad habit"*
- *"I will never talk when my coach is talking – in order to learn, I need to listen"*
- *"I will never mess with the equipment – if things get broken, we can't use them"*

## "Always....." rules

- *"I will always try my best to be on time for training and matches."*
- *"I will always make sure my child is dressed in the proper gear."*
- *"I will always set a good example on the side-line."*
- *"I will always support the mentors and volunteers in their efforts to coach my child."*
- *"I will always encourage practice and endeavour."*

## "Sometimes....." rules

- *"Sometimes we will need to play away from home – I will do my best to ensure attendance."*
- *"Sometimes I will not get a text/email – I will inform the coaches."*
- *"Sometimes my child will be asked to take a break."*
- *"Sometimes I will be late and my child will have to wait to join in."*
- *"Sometimes I will be asked to support club teams/events – I will do my best to become part of the Ballyboden St. Enda's family."*

## "Never....." rules

- *"I will never leave my child unattended at training or at a match."*
- *"I will never force my child to participate against their wishes."*
- *"I will never encourage foul play."*
- *"I will never emphasise winning."*
- *"I will never humiliate or ridicule or hassle players/teams or referees."*

# USEFUL INFORMATION

## Club Coaches/ Academy Co-ordinators

Paul Mc Loughlin

Brian O'Regan

## Cherryfield (Main Clubhouse)

Paul Mc Loughlin

Academy Co-ordinator

Andrew Jackson

2013 Boys Academy

Tony Morley

2012 Boys Academy

Paul Wellwood

Girls Academy

## Knocklyon Park (Ballycullen)

Paul Mc Loughlin

Academy Co-ordinator

Pat Coman

All Girls & Boys Academies

## St. Enda's park (Hermitage)

Paul Mc Loughlin

Academy Co-ordinator

Mary Hyland

All Girls & 2013 Boys Academy

Matt Whelan

2012 Boys Academy

## Clubhouse

Main Number

01 494 7950

## Website:

[www.ballyboden.ie](http://www.ballyboden.ie)

Email: [bbseacademy@gmail.com](mailto:bbseacademy@gmail.com)

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TJ O'Mahony



# ACADEMY PITCH LAYOUTS

