



Ballyboden St. Endas

Hurling/Football & Camogie/Ladies Football Academies

Sponsored by....



TJ O'Mahony



Information Booklet

2021/2022



“The vision of Ballyboden St Endas Juvenile section is to create a fun, safe environment, that makes every child feel welcome, and gives them the opportunity to take part in our games positively, so that they grow & develop a lifelong engagement with Ballyboden St Endas GAA Club”

“The principal aim of the Academy is to introduce our 6 to 8 year olds to Gaelic Games within this fun & safe environment, and to aid the development of their athletic and social abilities ”



Academy Training takes place every Saturday morning for 2014 & 2015 Boys and Girls. 2013 Boys and Girls will be leaving the Academy this coming season as they prepare for Go Games next year. Please see below for training times & venues.

Cherryfield Academy – Clubhouse (Saturday Mornings)

The 2014 & 2015 Boys Academy starts at 9.30am and finishes at 10:45am

The 2014 & 2015 Girls Academy starts at 10.00am and finishes at 11:15am

Knocklyon Park Academy – Ballycullen (Saturday Mornings)

The 2014 & 2015 Boys Academy starts at 9.30am and finishes at 10:45am

The 2014 & 2015 Girls Academy starts at 10.00am and finishes at 11:15am

St Enda's Park Academy – Hermitage (Saturday Mornings)

The 2014 & 2015 Boys Academy starts at 9.30am and finishes at 10.45am

The 2014 & 2015 Girls Academy starts at 10.00am and finishes at 11:15am

2013 Boys – Sancta Maria HOCKEY Pitch (Wednesdays) & Colaiste Eanna (Saturday Mornings)

On Wednesdays 2013 Boys start at 6.00pm and finish at 7:00pm

On Saturdays 2013 Boys start at 9.30am and finish at 10:30am

2013 Girls – Sancta Maria HOCKEY Pitch (Thursdays) & Knocklyon Community School (Saturday Mornings)

On Thursdays 2013 Girls start at 6.00pm and finish at 7:00pm

On Saturdays 2013 Girls start at 10.30am and finish at 11:30am

Children should attend the academy closest to where they live and it is essential that all children are on the pitch at least 5-10 mins before the start.

Parking is extremely restricted at all Venues. It is essential that parents cycle or walk where possible. Parking should only take place in designated areas and we would ask that **ALL LOCAL RESIDENTS ARE RESPECTED.**

Parents/Guardians must ensure their child is brought safely to the specific check in area on the pitch.

One parent/guardian must stay for their child's session

Health & Safety

The Academy will be operating as per current GAA Return to Play Guidelines, in order to try and reduce the risk of Covid 19

The GAA Health Questionnaire, on the **Foireann** Online System, must be completed every week so that your child can attend training safely

This should be done maximum of 12hrs before the training commences, so Fri night or Sat morning.

Should your child's health status change after the Health Questionnaire has been submitted, then they **MUST NOT** attend training.

There must be **ONE designated Parent/Guardian** in attendance at training each week.

It is essential that this maintained, in case a child becomes unwell, or if they need assistance with their equipment etc.

Parents should bring a Hand sanitizer with them (minimum 60% alcohol as per HSE guidelines) for their child to use each Saturday.

Should a child become unwell during training they will be brought straight to the designated parent/guardian in attendance to be brought home.

Children will be divided into specific groups for training. These groups will be changed at various intervals throughout the season.

Parents should bring their child directly to their Group numbers station at the start each Saturday for Roll Call.



EQUIPMENT & GEAR

All children must have their own Helmet. There can be no sharing of these.

This is an added expense but is a long term investment.

We would recommend a MEDIUM size helmet and these are available from the **O'Neill's shop** at the club.

The shop is open on Thursdays from 7.00pm-9.00pm and on Saturday mornings from 10.00am-1.00pm

2014 & 2015 children will be provided with their **own Football, & Hurley** which they **must bring with them** to training each Saturday. They will also be given their own **Academy Jersey**. **Your child's NAME should be on both their Hurley & Football**

Gum-shields are compulsory in the GAA, so it is important that your child wears one for the academy each week-end. It is the responsibility of each player to get their own gum-shield.

Parents should look after their own child's water bottle and other equipment not being used during training

COMMUNICATION

The Academy runs from **SEPTEMBER to JUNE** and the main method of communication with parents will be through **EMAIL or TEXT**.

PARENTS SHOULD NOTE THAT TRAINING WILL BE ON EVERY SATURDAY UNLESS INFORMED OTHERWISE BY TEXT OR EMAIL.

NORMALLY THERE WILL BE NO ACADEMY ON BANK HOLIDAY WEEKENDS AND DURING SCHOOL HOLIDAYS

PLEASE ENSURE WE HAVE YOUR CORRECT CONTACT MOBILE AND EMAIL ADDRESS.

Please email academy@ballyboden.ie with any queries

VOLUNTEERING

We would be very grateful for whatever help you can give to the Academy

The Academy has always relied on parental involvement and assisting with the coaching of the children on a Saturday morning, and in turn the development of their own children.

Very often parents may be worried that they may not have enough knowledge or experience of Gaelic Games.

This is not an issue as every year most of our coaches begin at the very same starting point, and there is plenty of opportunities for first time coaches to learn new skills.

We would greatly appreciate any help that can be given

The **GAA Foundation Award Course** will be available for any new volunteer to complete, and all new volunteers must also complete **Garda Vetting** and the **Child Safeguarding 1 Workshop**

This information will be sent out to any new volunteer interested in helping out.

Please see the next page for the Academy Volunteer Coach Form

We would encourage as many parents as possible to become full members of the club and be involved in their child's sporting development through Ballyboden St Enda's.



VOLUNTEERING

We would be very grateful if you were interested in helping out as a Coach/ Assistant Coach in the Academy , that you would fill out the Volunteer Form below and **bring it along with your Child's Registration Form to the Academy Registration Day on Saturday Sept 11th or alternatively email it to academy@ballyboden.ie**

"I'm interested in helping out in the Academy"

(Please fill out the details below)

Name _____

Mobile _____

Email (please print) _____

Childs Academy Age Group (please tick appropriate box)

2013 Boys	2013 Girls	2014 Boys	2014 Girls	2015 Boys	2015 Girls
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Childs Academy Venue (for 2014 & 2015 children please tick appropriate box)

<u>St Enda's Pk(Hermitage)</u>	<u>Knocklyon Pk(Ballycullen)</u>	<u>Cherryfield(Clubhouse)</u>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

This year at the Academy we will be trying to promote the Irish Language at one of the stations on a Saturday morning. The station will be coached through English but phrases as Gaeilge may be used also.

Please tick if you have a level of proficiency as Gaeilge

☐

"Always....." rules

- *"I will always wear my gum-shield, helmet and any other safety gear at training & matches"*
- *"I will always try my best – even when I find things hard to do"*
- *"I will always listen to my coach – they are trying to help me to have fun"*
- *"I will always train & play with a smiley face – this helps me to enjoy myself."*
- *"I will always respect my team mates and their feelings – they are my friends."*

"Sometimes....." rules

- *"Sometimes I will win & sometimes I will lose – taking part is more important."*
- *"Sometimes I will be on my friend's team & sometimes I won't – it is as much fun playing against each other as with each other."*
- *"Sometimes I will not play in my favourite position – this is good for my skills."*
- *"Sometimes I will need to take a break in the time-out area – I need to be "ready" to join-in."*
- *"Sometimes I will get hurt – this is never on purpose."*

"Never....." rules

- *"I will never leave a station without telling my mentor – this is for my safety"*
- *"I will never hurt, bully or make a team mate feel bad – we are all friends"*
- *"I will never use bad language – this is a bad habit"*
- *"I will never talk when my coach is talking – in order to learn, I need to listen"*
- *"I will never mess with the equipment – if things get broken, we can't use them"*

"Always....." rules

- *"I will always try my best to be on time for training and matches."*
- *"I will always make sure my child is dressed in the proper gear."*
- *"I will always set a good example on the side-line."*
- *"I will always support the mentors and volunteers in their efforts to coach my child."*
- *"I will always encourage practice and endeavour."*
- *"I will always adhere to & respect my responsibilities to my child's team & the club"*
- *"I will always support Ballyboden's players and opposition club players POSITIVELY"*

"Never....." rules

- *"I will never leave my child unattended at training or at a match."*
- *"I will never encourage foul play."*
- *"I will never emphasise winning over effort and participation"*
- *"I will never hassle, disrespect, or use foul language towards the players, mentors or referees."*

ACADEMY PITCH LAYOUTS

Entrance

Knocklyon Park

Dressing Rooms

Car Park

Car Park

2014 & 2015
Girls

2014 & 2015
Boys

Entrance

St Enda's Park

Car Park

2014 & 2015
Girls

2015
Boys

Pearse Museum
Entrance

2014 Boys

Clubhouse

Pedestrian Lights

Clubhouse (Cherryfield)

Dressing Rooms

Road

2014 & 2015
Girls

2015
Boys

2014
Boys