



**Ballyboden St. Endas**  
GAA Camogie and Ladies Football Club  
CLG Baile Buadain Naomh Eanna



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## Hurling News

Last week was a quiet week for the hurlers. Championship and League action resumes this week.

Junior C and Senior B both have championship games at away venues. Support would be appreciated. Junior C are well placed with 3 wins to date and another will surely see them with a home venue for the Quarter final. They can expect a warm welcome in St. Vincent's on Tuesday. Senior B have two wins out of 3 in a very competitive group. Another win should ensure qualification. They visit Round Towers on Wednesday.

League action resumes on Sunday morning with all four teams in action at away venues. **Check the website for any changes.**

Good luck to our Dublin hurlers on their visit to Wexford Park on Saturday.

Our Minor hurlers are on a break for exams .Very best wishes to all club members who start the Leaving Cert on Wednesday.

## Tuesday 04th June, 2013

Junior C Hurling Championship Pairc Na Uinsionn 19:30 St Vincents v BBSE  
Wednesday 05th June, 2013

Senior B Hurling Championship Monastery Road 19:30 Round Towers C v BBSE  
Sunday 09th June, 2013

Adult Hurling League Division One St Mobhi Road 10:30 Na Fianna v BBSE

Adult Hurling League Division Two Cloghran 10:30 Whitehall Colmcilles v BBSE

Adult Hurling League Division Four Drumnigh 10:30 Trinity Gaels v BBSE

Adult Hurling League Division Five John Paul II Pk 12:00 Naomh Fionnbarra v  
BBSE

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## Football News

### INTERMEDIATE FOOTBALL MATCH REPORT

**Team:** Intermediate

**Mentors:** Denis Molony, Dan O'Sullivan, Conor Doolan, Seamus O'Flaherty, Sean O'Connor

**Opposition:** Clan na Gael

**Competition:** AFL Div.3

**Date:** 29/05/2013

**Score:** Ballyboden 2-3 Clan na Gael 0-7.

**Venue:** Sean Moore Park

**Match Headline:** Inters dig out win against Clan na Gael

**Match Report:** Ballyboden certainly had to work hard to get all points in Sean Moore Park Trailing by 3 points 10 minutes into the second half they scored 1-2 without reply. Having been reduced to 14 men with 10 minutes remaining they showed great heart and upped their work rate considerably to see the game out.

Ballyboden chose to play against the wind in the first half and had opened their account after 10 minutes with a *Cathal Flaherty* free to level the match at 0-1 a piece. Then came the goal of the match with Ballyboden *Sean Cantwell* winning the ball in defence, and then moving it quickly through the hands through 6 different players before *Ronan Cleary* struck low to the keepers left. Clan na Gael then hit 5

points without reply before the break leaving it 0-6 to 1-1 at half time for Clan na Gael.

Clan na Gael got the first score of the second half before *Carl Molony* pointed from out on the right wing. A pointed free from Molony reduced the arrears to the minimum before *Gavin O’Gara* found Cleary behind the full back line with a well placed free. Cleary slotted the ball to the keepers right this time to put Boden in front with 12 minutes remaining.

The last 10 minutes saw some resolute defending from Boden to see out the game.

**Scorers:** Ronan Cleary 2-0  
Carl Molony 0-2 (0-1F)  
Cathal Flaherty 0-1F

**Quote(s) of the day:**

Shane Hogan - *“For a fat guy with short legs I got around the pitch a lot tonight.”*

**Highlight of the day:**

First goal. A great team move involving 7 seven players.

**Man of the match:**

*Shane Hogan*. Having been dragged out of position by the player he was marking he won loads of breaking ball and also defended well from far up the pitch.

For all match results click on the website:

<http://www.bodengaa.ie/>

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## Coaching Corner - "Principles of Effective Communication"

Principles of Effective Communication

- Be a Positive and Enthusiastic Coach
- Be demanding but considerate
- Be consistent
- Be a good listener
- Treat all players as individuals
- Communicate in the same manner with your own child as with other players

Verbal:

- Speak Clearly & make Eye contact
- Voice should be only slightly louder than normal speaking voice
- Speaking LOUD encourages players to make noise themselves

- Use language that is easily understood & age appropriate

### Non Verbal

- Act in a manner that is consistent with the message you are sending out
- Move amongst the players
- Make regular eye contact
- A hand or a pat on the back or shoulder – conveys support
- Always face the players
- Use a signal (e.g. Whistle)

### Positive Reinforcement

- Praise for the Effort
- Provide Corrective Feedback
- Emphasise the players qualities and skills constantly
- Long pep talks are not always a good way to boost confidence.....
- Developing the self-confidence of the young player is one of the most important challenges for a coach

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## SPORTSPROPHET UPDATE

As expected the Champions League going to Bayern Munich and Rabo Pro 12 going to Leinster in the last week has seen changes at the top of the Leader-board.

Barry Spillane has shot to the top, with Fearghal Brennan relegated to joint 2nd place for now alongside Tony Sweeney.

The chasing pack sees Liam O'Neill, Paul Manning and Rory McMahon just ahead of Barry Murray, Cathal O' Toole and Eamonn Treacy. Malachy Dunne sneaks into the top 10.

With the Lions Tour and U.S. Open up next, there's plenty of time to make up the points.

- 1 Barry Spillane 54
- 2 Fearghal Brennan 50  
Tony Sweeney 50
- 4 Liam O' Neill 48  
Paul Manning 48  
Rory McMahon 48
- 7 Barry Murray 46  
Cathal O' Toole 46  
Eamonn Treacy 46
- 10 Malachy Dunne 45

For the full leader board click here:

<http://sportsprophet.ie/index.aspx>

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## Ballyboden Summer Camp 2013

The Ballyboden St Endas Summer Camp will run this Summer from July 8th to August 23rd.

The Summer Camp Form and the Coaches Application forms can be downloaded by clicking the links below:



<http://www.bodengaa.ie/fileupload/Downloads/Ballyboden%20Summer%20Camp%20Brochure%202013.pdf>

<http://www.bodengaa.ie/fileupload/Downloads/Coaches%20Application%20Form%20-%20Summer%20Camp%202013.pdf>

<http://www.bodengaa.ie/fileupload/File/Downloads/Assistant%20Coach%20Application%20Form%20-%20Summer%20Camp%202013.pdf>

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## Boden Disco Saturday 15th June

Boden Disco Saturday 15th of June 8pm to 11pm Tickets only €10 please text 085-108993 for tickets. Tickets will also be on sale in the club on Tuesday 4th and Thursday 6th of June from 8 pm - 9pm.

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## Boden Academy

**T J O' Mahony** launch their new sponsorship of *Boden Academy*. A big thank you to them for their continued support .



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## Na Siúltóirí Buadáin

Our May - June walking Scedule - new members always welcome.

[http://www.bodengaa.ie/news/may\\_june\\_2013.13.3934.html](http://www.bodengaa.ie/news/may_june_2013.13.3934.html)

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## Friday Night Cards

Card playing as usual this Friday night at 9pm. **The last session before the Summer break will be on Friday 14th June.**

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## Social Update

### Bingo

"25" every Friday at 9.00pm. New members always welcome  
Every Tuesday night at 8.30pm - Jackpot €650

### Club Membership 2013

Ballyboden St Endas 2013 Membership is now due. Thanks to all members are have paid so far.

### Upcoming Social Events

Click here for the online social calender.

<http://www.bodengaa.ie/>

## Injury Claims

Click here for information:

<http://www.bodengaa.ie/fileupload/Downloads/Ballyboden%20St%20Endas%20Injury%20Claim%20Procedure.pdf>

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## Lotto - June 4th

For Lotto Results click on the link below:

<http://www.bodengaa.ie/>

**BALLYBODEN NEEDS YOU!**

**LOTTO 2012/13**

**JACKPOT**  
up to  
**€10,000**

- Minimum €1,000
- 3 Chances To Win Weekly
- 12 x Monthly Subscribers Draws
- 52 x Weekly Subscribers Draws
- Minimum 50% given back in prizes

**IF YOU'RE NOT IN, YOU CAN'T WIN!**

This year we are aiming to raise additional funds to build a new skills wall at Santa Maria

**BALLYBODEN ST. ENDAS**  
CLG Ballyboden Naomh Éanna  
Sáhbhalla St. Enda's, Congest and Lifford Road, Dub.  
www.ballyboden.ie

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