



Ballyboden St. Endas
GAA Camogie and Ladies Football Club
CLG Baile Buadáin Naomh Eanna



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Message from the New Club Chairman

Hello Everyone,

It has been a hectic few months since our AGM when you were kind enough to elect me as your Chairman. Since then I have been fortunate to meet with so many members and I am truly amazed at the work and dedication that so many of you put into the activities of the Club, whether it be with teams or the many other tasks such as pitch & dressing room maintenance and fund raising activities. My thanks to all concerned.

First of all may I pass on my heartiest congratulations to all those involved with Dublin teams at the weekend on 3 magnificent wins. It is great to see so many of our club players line out for county teams across all codes.

Our teams are doing well and already we have silverware in the Club with our Senior A & B Hurlers winning the Division 1 & 3 Leinster League Club Titles. Our adult camogie section have now 3 teams competing at adult level with the 3rd team unbeaten in every match so far. Ladies footballers are through to the championship semi-final and our adult football and hurling teams are training hard to compete in the Dublin championship program whenever it commences again.

However pride of place over these 2 week-ends must go to our Feile boys teams who are competing in the All Ireland finals having won the Dublin championships. The footballers performed brilliantly to reach the Division One semi final before bowing out to eventual winners, Claregalway, last weekend in Derry. Many thanks to our hosts Pearses Kilrea GAA club for their hospitality over the weekend. We wish the hurlers every success this weekend in Limerick.

Last Monday night we had a demonstration by Eamon Ryan (Cork Ladies Football Manager) with a group of our own boys going through a series of skill exercises associated with both football & hurling at the ball wall in Sancta Maria. It was a remarkable exhibition and I have little doubt that teams, especially our juvenile teams, who use the ball wall on a regular basis will improve their skills & technique and make them better players.

Finally I want to say that a program of clubhouse refurbishments will commence on Monday 8th July, which is designed to give the club an uplift in appearance & decor. This program will probably result in some inconvenience for members during the month of July. However we hope that when the program is completed it will result in all our members enjoying an enhanced clubhouse facility.

Brendan Moran
Chairman

Great Performance by Feile Footballers

Team of the week has to go to the Feile footballers who reached the National semi finals last weekend in Derry.

The lads had group wins over Kilrea (4-06:0-06) , Coleraine (6-4:1-6) - both Derry - and Tyrone's Dromore (4-9: 1-3) before losing in the Division One semi final to eventual winners Claregalway by 2-5 :1-3 .

Well done to all involved - players, mentors and supporters! Many thanks to our hosts Pearses Kilrea GAA club for their hospitality over the weekend

Best of luck to the hurlers who compete in the National Feile Finals in Limerick this weekend.

Hurling News - Boden lads star in Historic Dublin Win

Pride of place this week must go to our Dublin hurlers on their fantastic victory over Kilkenny. Well done to the BBSE contingent of Gary Maguire, Stephen Hiney, Shane Durkin, Conal Keaney, Paul Ryan, Shane Durkin, Simon Lambert and Niall McMorrow. Best of luck on Sunday next in the Leinster final against Galway.

Minor Hurling Results

Naomh Fionnbarra 0-10 1-9 Ballyboden St Endas A
Ballyboden St Endas B 1-6 4-15 Kilmacud Crokes
Scoil Ui Chonaill 3-7 3-6 Ballyboden St Endas B
Raheny 1-8 1-5 Ballyboden St Endas C

Both the Junior A and Junior C teams are involved in play-offs to determine Quarter final places in their respective Championships. Junior A are in Tymon against Judes on Wednesday and the Junior C team play Vincent's in Marino on Tuesday. The Senior A team play on Thursday in the league and the other adult teams play on Saturday or Sunday. **Check the web for any changes to fixtures before travelling!!**

Hurling Fixtures

Tuesday 02nd July, 2013

Junior Hurling Championship C Play-off PNU 19:30 St Vincents v Ballyboden St Endas

Wednesday 03rd July, 2013

Junior Hurling Championship A Play-off Tymon North 19:30 St Judes v Ballyboden St Endas

Thursday 04rd July, 2013

Adult Hurling League Division One Clontarf, St. Annes 20:00 O Tooles v Ballyboden St Endas

Saturday 06th July, 2013

Adult Hurling League Division Two Martin Savage Park 18:30 St Oliver Plunketts ER v Ballyboden St Endas

Adult Hurling League Division Four Ballycullen 18:30 Ballyboden St Endas v Na Fianna

Sunday 07th July, 2013

Adult Hurling League Division Five Ballycullen 11:00 Ballyboden St Endas v Raheny

Football News - Championship Exits for Junior A's and B's

The midweek Championship results saw the exit of both Junior A & C to Kilmacud Crokes' teams by a single score in both cases. The Junior A's were 4 points up with 10 mins to go but *"took the foot off the gas"* and were beaten by a late goal. The Junior C's lost by the narrowest of margins and will be counting the cost of a flurry of wides in the closing minutes.

In League action the Seniors and Inters had double header games, first up were the Inters on Tuesday in Sancta Maria where they came up short against a well organised Na Fianna side. The Seniors shared the points with St.OP/ER in a tight game which either side could have won.

The weekends matches were up and down, results wise, with the Inters and Junior A's both losing their respective league games. A combination of holidays and injuries is having a considerable effect on the mentors ability to put out their best teams but we will soldier on nonetheless. Highlight of the weekend goes to the Seniors who put in a terrific performance to beat St.Vincent's by 2-17 to 1-10 on their home patch. This young Boden team showed lots of pace and took some great scores.

The running power of Nelson, O'Reilly, McDaid and O'Connor caused the home team major problems all game. Some great points from play, three from Colly Dunne and points from Andrew Kerins. and two points from keeper Conor Dooley. Goals from Darren O'Reilly and near the end from Nelson capped off a fine performance by all players. three wins and a draw from the last four games will give this young team lots of confidence for the future.

Upcoming fixtures this week include the Junior B & Minor C teams and double header league games for the Minor A's & B's. See fixtures below. [Always see the website for up to date fixture changes. Please Support.](#)

Finally best of luck to Minor footballers Tom Hanifin, Collie Basquel, James Madden, Warren Egan, Shane Clayton, Darragh Gogan and Sam Molony as they prepare to take on Kildare in the Leinster MFC semi-final in Parnell Park on Saturday 6/7 at 3pm.

[Results below.](#)

Tuesday 25/6

AFL Div.3 Inters 0-07 V 2-11 Na Fianna

Wednesday 26/6

AFL Div.1 Seniors 0-11 V 1-08 St.OP/ER JFC Junior A 1-07 V 2-07 Kilmacud Crokes

Thursday 27/6

JFC Junior C 0-09 V 0-10 Kilmacud Crokes

Saturday 29/6

AFL Div.1 Seniors 2-17 V 1-10 St.Vincents AFL Div.3 Inters 1-09 V 2-09 St.Monicas

Sunday 30/6

AFL Div.5 Junior A 0-09 V 1-13 St.Brigids

Upcoming Football Fixtures

Monday 1/7

AFL Div.8 Junior B V St.Josephs/OCB 19.30pm Ballycullen

Wednesday 3/7

MFL DIV.4 Minor B V St.Sylvesters 19.30pm Broomfield

MFL DIV.5 Minor C V Ballinteer St.Johns 19.30pm Ballycullen

Thursday 4/7

MFL DIV.1 Minor A V Nh.Mearnog 19.30pm Sancta Maria

Sunday 7/7

MFL DIV.1 Minor A V Kilmacud Crokes 11.00am Silverpark

MFL DIV.4 Minor B V St.Finians S 11.00am PUM

Camogie News - Good Cup Wins for Seniors

Last Tuesday proved to be fruitful for both our Adult sides in Summer Cup action.

The Senior 1 side had a fine win at home to Lucan Sarsfields. This game was notable for the number of young players in the Boden team. Well done to Grace Walsh & Zenouska Murphy who made their first starts for the Senior 1's, and to Jane Edwards & Rebeka Kamvar who also made their debuts. Some fine scores were taken by many players resulting in a victory by 8-12 to 0-5. With 2 wins from 2 games played, victory tonight (Tuesday) at home to Kilmessan, throw in 7.30pm, should guarantee the Boden girls a place in the final.

The Senior 3's put in a fine performance in a 'must-win' game away to Clann na Gael on the same evening. Again some fine scores were taken here also, with the final score 7-6 to 2-3. The Boden girls now advance to the semi-final, which will probably take place next Tuesday 9th July away to Portobello.

Well done to Jane Edwards, Zenouska Murphy, Rebeka Kamvar, Grace Walsh & Danielle White who were on the Dublin U16A panel that defeated Limerick on Sunday in the All-Ireland Championship which took place on Pairc Ui Murchu.

They now play Offaly this coming Sunday 7th July, again on Pairc Ui Murchu, with the winners advancing to the All-Ireland semi-final. Throw in will be at 12.30pm

Ladies Football News - Seniors in League Action this week

Well done to Boden girls Rachel Ruddy, Natalia Hyland, Ciara Ruddy and Sarah O'Brien who were part of the Dublin Team that beat Kildare in the Leinster semi final on Sat last with a score of 3 - 17 to 1 - 12. Dublin Ladies will now play Meath in the Leinster Final on Sat 13th July in Dr. Cullen Park, Carlow.

Senior A Ladies take on Na Fianna this Wednesday evening in the League in Pairc Ui Mhurchu.

The Senior B's league fixture is away to Cuala in Meadowvale on Wednesday @ 7.30p.m.

Referee Course for Ladies Football:

Dublin Ladies Gaelic have organised two dates for the above course: Sat 13th July and Sat 10th August.

This referee course is aimed at recruiting and training NEW referees to officiate at juvenile non-competitive games. On completion of the course the referee will be qualified to referee small sided games (Go Games) U9 up to and including U12. Applicants must be 15 years and over. If interested apply asap as numbers are limited.

Full details and application form are on www.dublinladiesgaelic.ie .

The Under 12 Boys Hurlers win Barrow Rangers Tournament

Ballyboden St.Endas took part in a Tournament hosted by Barrow Rangers, Paulstown, Co. Kilkenny last Saturday 29/06/13. Four teams were involved:

- Ballyboden St.Endas;
- Balinteer St.Johns;
- Graiguenamanagh
- Barrow Rangers.



Ballyboden won their first three matches and went onto the final to play Barrow Rangers. Ballyboden beat Barrow Rangers in the final. Barrow Rangers hosted a fantastic Tournament and every team was well looked after. A big thank you to them from all the Under 12 team, mentors and parents.

Coaching Corner - " The Four Foundations of a Good Coach"

Four Foundations of a Good Coach

A good coach is all things to all people – inspirational, knowledgeable, intelligent and perceptive. There are so many different aspects of being a coach that it can be difficult to know what to focus on when trying to improve your own performance, never mind your teams.

In addition not every coaching technique works for everyone – some coaches work better with a bit of distance from players, other are better closer, and so forth. But there are, nonetheless, a few qualities that are always good to possess when coaching a team of any level, no matter who you are.

The First is Knowledge. This is absolutely crucial to being the best coach you can be – knowing both your players and the GAA game. It will become immediately apparent to onlookers if you don't know your players well – for example playing them out of position or not taking account of their strengths and weaknesses in your game plan. Equally, an in-depth knowledge of the game is vital for making that game plan and properly training your players. If you're not sure about any aspect of either of these two, it's time you sat down and studied them! Try and learn from other coaches, and indeed from the players themselves.

Secondly, good organisational ability is indispensable to becoming a good coach. There are dozens of different things to juggle, once you become coach of a team, and if you don't plan ahead, you're bound to slip up eventually. No matter how skilled or knowledgeable you are, you will not be able to bring your talents to bear unless you have a plan for the season that you stick to as far as necessary. Being one step ahead of the game means trying to predict things that others can't – for example having a break in training at the time you think your players will have their lowest ebb. Anyone can be organised, it just takes a little work.

The third basis of good coaching is good communication. Many potentially brilliant coaches fall down through not being able to pass on their ingenious ideas in a coherent way to their teams. Being a good coach is about more than having good game plans; it's about bringing players on side and convincing them that your way of doing things will be best in the long run. Huge amounts of coaching is verbal – post-

match reviews, player goal setting, even basic instruction – and you have to get these parts right Try and be aware that how you say something can matter as much to your players as what you say.

Finally, interpersonal skills are important for coaching, as they are for any teaching position. Naturally, as the coach of a team, you will be in constant communication with people and rely on your interpersonal skills for everything you do. It is also the part of being a coach that you can do least about – some are simply better with people than

For all Coaching Corner Advice check out the website

Ballyboden Summer Camp 2013 starts next week

The Ballyboden St Endas Summer Camp will run this Summer from July 8th to August 23rd. The Summer Camp Form and the Coaches Application forms can be downloaded by clicking the links below



<http://www.bodengaa.ie/fileupload/Downloads/Ballyboden%20Summer%20Camp%20Brochure%202013.pdf>

Na Siúltóirí Buadáin

New members always welcome, check out the website for updates and upcoming walks.

http://www.bodengaa.ie/news/may_june_2013.13.3934.html

Sportsprophet 2013

To keep up with all the latest results click below:

<http://sportsprophet.ie/index.aspx>

Lotto Results July 2nd

There was no jackpot winner of last night's Lotto. The numbers drawn were:

6, 8, 11 and 19.

Match First 3

Finbar Hurley Monalea Wood Firhouse
Aidan Dermody Knocklyon Ave

Weekly subscribers Draw

Pat Lambert Kilakee Rathfarnham

Next week's draw will be for € 5,500. [Click here to play online.](#)

BALLYBODEN NEEDS YOU!

LOTTO 2012/13

JACKPOT up to €10,000

Minimum €1,000

- 3 Chances To Win Weekly
- 12 x Monthly Subscribers Draws
- 52 x Weekly Subscribers Draws
- Minimum 50% given back in prizes

IF YOU'RE NOT IN, YOU CAN'T WIN!

This year we are aiming to raise additional funds to build a new skills wall at Santa Maria

BALLYBODEN ST. ENDAS
CLG Ballyboden Naomh Éanna
Ballyboden St. Endas CBS, Campy and Lifford Football Club
www.ballyboden.ie

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