



Ballyboden St. Endas
GAA Camogie and Ladies Football Club
CLG Baile Buadain Naomh Eanna



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Football News - U21 Footballers through to Champ Final



Boden 2-09 Crokes 1-07

The season kicked off in earnest over the weekend with a fine win by our under 21 footballers in the semi-final of the county championship against Kilmacud in Pairc Ui Mhurchu. Whatever was said to the lads at half-time (and the full story has yet to be revealed) needs to be bottled and may need to be used for the final. It is heartening to see a performance where the team struggled to find their form early on and yet managed to dig out a performance against a strong Kilmacud side (especially going into the second half 3 points down against the wind). They out scored their opponents in the second half 2-3 to 0-1, holding Crokes scoreless for the last 25 minutes.

In the first half Kilmacud raced into a 4 point lead and were up 5 point to 1 after 15 minutes. The lads found it difficult to overcome the Kilmacud sweeper defense system early on. However this team knows how to dig deep and points from Dan Buckingham (2), Conor Dooley, Sam Molony, Barra McGarry and Colm Basquel saw the team claw themselves back into the game. Just as we thought we were gaining the upper hand, Kilmacud breached our defense for the first goal of the game. It couldn't have come at a worse time - just before the half time whistle. However this is where all good management teams earn their crust and our lads surely did!!.

Second half saw us start poorly again, conceding the first point and nearly letting Crokes in for a second goal. A great save by Dara Gogan (one on one) and the comeback began. This was followed by a Boden penalty – the Crokes full back fouling Conor Dooley. Conor had the confidence to take the penalty himself and score he did (the definition of all good penalties!!). This was followed by a Barra McGarry point. And then the key score of the game. Barra was on the end of a wonderful move up the pitch and finished the move with a well placed shot to the net. Points by Conor Dooley and Sam Molony rounded off a fine win.

A special thanks to all of our supporters who turned up on the day. It really meant a lot to the players. Another great day awaits and will be in store on Saturday, February 7th. See website for further details.

To football news in general. All our teams are back in pre-season training. The Adult 1&2 panel structure is up and running. However we are not quite there yet. We are still looking for at least one additional resource. The panel is busy integrating gym with outdoor training sessions in preparation for the season ahead. In addition, the success of the 21's while placing its own demands has facilitated valuable internal training matches between all concerned thanks to the cooperation of both Management teams. The Adult 3 panel is also up and running. And while we didn't lose John Mulligan to the Donegal county team (despite the strong rumour), the panel is looking for a trainer. Again anyone interested, let us know and we can discuss further. The Adult 4 panel are busy with their pre season gym and outdoor training. They have a full management team in place now and will no doubt be challenging for honours once again this year.

Our minor management teams are coming together slowly. We anticipate 4 minor teams this year which is a credit to the Minor and Under16 management teams from last year. Minor 1, 2 and 4 management positions are filled. However we are still looking to complete the Minor 3 management team. The season is a long season ahead with a lot of competing demands for the lads. The management of the season's time-table will be vital to ensure the lads reach their potential.

Best of luck to all our players and management teams in the year ahead – whatever it takes.

Well done to Michael Darragh and the Dublin Seniors this weekend on their O'Byrne Cup success. We hope this is a good omen for things to come this year.

Can I remind everyone about membership and the new online system in place. You must pay your membership before the end of March to be eligible to play. Please make this a less onerous task for your management teams by paying on time.

Gum-shields are mandatory while playing or training. Please ensure you have one and, that you use it while participating in games and contact training

On the fundraising front, I would like to thank Shane Gallagher, Alan McGrath and Paul Doherty for volunteering for the Strictly Come Dancing. Please support the lads and indeed all the participants in the weeks ahead and on the Final Night – 27th February.

FOR MORE PHOTOS CLICK [HERE](#):

Under 21 Hurling Championship Final



Under 21 C Hurling Championship Final

Ballyboden St. Enda's

v

Raheny

Saturday, January 31st

2.15pm

Alphie Byrne Park

We need YOU there

2015 Membership Now Due

Membership for 2015 is now available to pay online. Please go to our [membership page](#) for details as to how to pay.

County Board Coaching Workshops

Football Workshop – Systems of Play

Date: Friday 6th February 2014

Tutor: Sean Kelly

Venue: Na Fianna (TBC)

To Book: <https://www.eventbrite.ie/e/football-workshop-systems-of-play-tickets-13282274641>

Hurling Workshop – Good Game Habits -Bridging the Gap between skill &the game

Date: Friday 13th February 2014

Tutor: John Leahy

Venue: Fingallians

To Book : <https://www.eventbrite.ie/e/hurling-good-game-habits-tickets-13330717535>

Coaching - Upcoming Courses

Our upcoming Foundation Award Course and our Award One Child Course which will be taking place in the club. All details are in the fliers including how to register for the courses.

Upcoming Course – Foundation Award Course

Ballyboden Combined Foundation Award Coaching Course 2015 - Football/ Ladies Football & Hurling/Camogie

- This is the Introductory Coach Education Course for any new or existing Coaches/ Assistant Coaches in the GAA
- Places are limited, and the course is for any Academy or U9-U12 Coach who has not yet completed the course
- **Dates & Times**
 - Tues Feb 3rd: 7.30- 9.30pm.
 - Wed Feb 4th: 7.30-9.30pm
 - Sat Feb 7th: 1 pm – 3.30pm
 - The Course is run over two evenings and a Saturday morning/afternoon
- **Venue**
 - Ballyboden St. Endas Club Hall (Tues) & St. Colmcilles N.S Hall (Wed & Sat)
- **Cost**
 - €10 – All Coaches will receive a Ballyboden Coaching Top. (the cost of the course goes towards the payment for these tops)
- **Registration**

For registration or any further queries email Paul Mc Loughlin @ paul.batmc@gmail.com

Award One Combined Child Course – Football/Ladies Football & Hurling/Camogie

Ballyboden Award One Child Course 2015 – Football/Ladies Football & Hurling/Camogie

Places are Limited to Football/Ladies Football/Hurling/Camogie mentors from the U9 – U13 teams who have completed the Foundation Award Course

Dates

- 3 Wednesday Nights & 2 Saturdays
- All 3 Wednesday Sessions are for both ALL Coaches
- 1 Sat is for Hurling Coaches Only & Other Sat is for Football Coaches Only
- Wed Feb 25th, Wed March 4th & Wed March 11th –All Coaches
- Saturday March 7th (Hurling/Camogie Coaches Only)
- Saturday March 14th (Football/ Ladies Football Coaches Only)

Time

- Wednesdays -7.00pm– 9.30pm
- Saturdays – 10.00am-5.00pm (this time may be subject to change)

Venue

- St Colmcilles N.S Hall & Ballyboden St Endas Hall

Registration

- For registration or any further queries contact Paul Mc Loughlin (086 3350136) (paul.batmc@gmail.com)

The Award One Child course is aimed at coaches that have progressed through the Foundation Award and have experience as a Coach. It covers a number of key modules, as well as Introductory and Conclusion modules. These key modules include:

<i>Role of the Coach</i>	<i>Technical Proficiency</i>	<i>Tactical Prowess</i>	<i>Team Play</i>
<i>Physical Fitness</i>	<i>Playing Facts</i>	<i>Psychological Focus</i>	<i>Communication</i>

Foundation Award Course

Award One Child Course

U14's - Feile fundraising Quiz - Jan 31st

Fundraising Fun Table Quiz
FRIDAY 30TH JANUARY
U14s Ladies Feile 2015



QUIZ NIGHT

Games
Professional Table Quiz
Quiz master
Raffle
DJ
Prizes

STARTS 8.30 PM
BALLYBODEN CLUBHOUSE
Table of 4 €40 (pay on the night)
Over 18s only



Ballyboden St. Endas
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Our "Strictly The Sequel" Heroes



Last Friday all 32 dancers were presented in the club and discovered who is dancing with who and what dance each couple will be performing in City West on Friday February 27th. This was a brilliant night in the club and thank you all for coming along and supporting our 2015 dancers. Watch this space for more exciting news as it happens, list of dancers and dances below.

Cathy O'Neill & Alan McGrath - Jive
 Aoife Doyle & Richie Sweetnam - Quick Step
 Paul Conway & Sinead Crowley - Dirty Dancing
 Eoghan O'Neill & Anne Griffin - Salsa
 Anne Ball & Eoin McKenna - Cha Cha
 Grainne Leech & Danny O'Connell - Motown
 Yvonne Lynch & Darragh Bolger - Pasodoble
 Sinead Cooke & Paul Doherty - Tango
 Rita Cullen & Shane Gallagher - Waltz
 Aoife O'Neil & Gabby Harding - Swing
 Mick Farrell & Michelle Fitzpatrick v's Tony Duffy & Irene Harper - Disco
 Aoife Dillon & Matty Weldon - Rumba
 Emily Moran & Paul Moran - American Smooth
 Ian Horan and Mairead Luttrell vs Jono O'Driscoll and Ashley Nolan - Charleston

Mentors of Club Injury Procedure Juvenile Boy's 9-16 years.



Ballyboden St. Endas GAA Camogie and Ladies Football Club CLG Baile Buadain Naomh Éanna

Advice for Mentors of Club Injury Procedure Juvenile Boy's 9-16 years.

If an injury occurs during a match report the injury to referee to be sure he/she has a note of it for inclusion in match report. Take details of injury yourself and make sure it is recorded at the time.

Advise parents /guardians of our procedure in dealing with an injury.

Always fill in a Preliminary Injury Form available to download from club website.

Injuries of (€100 and under) and Physiotherapy claims (form on website) do not go through the insurance procedure. They are dealt within the club. Also there is a separate form for Physiotherapy claim.

If the injury is more serious at that stage please fill in a GAA Injury Claim Form also on the website.

If a mentor or parent/guardian has any issues or questions about any of the above please contact (details below).

Please note all documents mentioned above are available to download from the club website on the right hand side, the fourth option down under Useful Links- Gents Injury Forms- Juvenile Procedures.

http://www.bodengaa.ie/_fileupload/Downloads/Preliminary%20Notification%20forms%20Rev%20B.pdf

http://www.bodengaa.ie/_fileupload/File/2010/GAA_claim_form%5B1%5D.pdf

Declan O'Rourke

Mobile 087 7473632

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Player Profile - U15 Enda Cashman

Name: Enda Cashman

Section: U15 Football and Hurling

Club: Ballyboden St. Endas

Position: Gaelic Football- Full Forward Hurling
– Half back

Height : 170cms

Fave Food : Sunday Roast

Fave Music: Ed Sheeran

Fave TV: Mrs Browns Boys

Fave Book : Cherub Series

Favourite Grounds: Pairc Ui Murachu

What has been your greatest moment in sport? Winning Dublin Football Feile in May 2014

Who was the toughest opponent you ever faced? Enda O' Donnell (Whitehall Colmcille)

What are your hobbies? Football, Hurling and Golf

What are your vices? Never been in a hurry

Nominate the laziest: Mark Walsh

GAA Gripes? Black Card

Sporting hero: Colm (Gooch) Cooper

Do you play any other sports? Golf

Do you have any superstitions before a match? Go to toilet before the game.

The highest point of your career to date? Winning Dublin Football Feile 2014

Biggest Disappointment: Not winning the All Ireland Football Feile

Other players with a promising future: Luke Grady, John McGinn

Ways of improving GAA: Get rid of the Black Card

Favourite Personal Saying: Its not over till the ref blows the final whistle

What advice would you give to young players? Practice , Practice, Practice

How would you like to be remembered? The best Forward in Ballyboden!

What would you like to be when you grow up? Rich

Favourite hurler / footballer: Diarmuid Connolly



U16/17/18 Hurling & Camogie Pre-Season Coaching Prog Week 2

Session Number 2 of the above Programme took place on Friday last with a particular focus on game time Work Rate and Tackling while re-capping on Session 1 focus of Effective Striking.

Coaches David Sweeney, Darragh Spain, Richie Sweetnam, Conor McCormack, David Curtin, Sorcha Farrelly and Emmet Carroll delivered an excellent session to a healthy turnout of players



on the night, which included pitch and skills wall activities. While this was ongoing, an additional Programme element was introduced for the benefit of other hurling and camogie mentors in attendance. Programme co-ordinator Paudie O'Neill formally involved this broader group by outlining the coaching aims, objectives and approaches, as the group observed from the margins of the activities.

This Pre-Season Hurling/Camogie Coaching Programme continues over the new two Friday evenings involving players from:

- The 2015 U16 hurling squads
- 2015 first year Minor hurlers (last year's U16's)
- 2015 Camogie Squads in final year at U16/17/18

The ambitions and objectives of the Programme are to:

- prepare juvenile players for the transition to adult levels;
- enable players to perform to their optimum level in the coming season;
- create a forum for coaches within the Club and to develop a common coaching approach to achieve these other objectives.

All current hurling and camogie mentors are welcome to attend the remaining two coaching sessions to observe and pick up some ideas on a games-based approach to coaching. The key focus of Session 3 on Fri next, 30th Jan, from 19:00 to 20:15 at Sancta Maria will be on Aerial Play, including Catching, Batting and Knock-downs. The session will also integrate elements from previous weeks on Striking, Tackling and Work Rate in a games-based context.

Thanks for continuing support of participating coaches, players and their squad mentors.



Dublin Sth Colleges 3-14 Dublin Nrth Colleges 1-16 (after extra time)

Dr Croke Cup, Group Schools Final, Parnell Park, 8pm January 26th.

The cream of Dublin underage hurling was on display on Monday night in Parnell Park when Dublin South Colleges played Dublin North Colleges in the Leinster Senior Colleges Schools Group Final.

Ballyboden was represented by Robert Leddy, Aaron Coffey and Aidan Mellett.

Dublin North Colleges overcame Wexford Schools on a scoreline of 2-12 to 0-14 and Antrim Schools by 0-20 to 2-7 to reach this stage of the competition. Meanwhile Dublin South had a 1-17 to 1-15 win over Laois schools to progress.

Dublin North, in Sky Blue, took an early lead with a free converted by Colin Currie but it wasn't long before the Southsiders settled into their task and were leading 3-06 to 0-08 at the break.

As expected in the second half, Paul O'Brien's lads closed the gap to three points by the 45th minute and looked set to snatch victory when North Captain Matthew Oliver goaled three minutes from time to propel the lads into a 1 point lead only to have substitute Rian Doyle slot over the equaliser to force the contest into extra-time.

Dub South raised their game in extra time to go ahead and South finished on top prevailing by 4 points. In a show of unity, both squads did their post match cool down together and all gathered together in a huddle around incoming Minor manager Johnny McGuirk for a few words. South Dublin go on to play Good Counsel from Wexford in the Quarter Final next Saturday 31st January in Carlow.

Dublin South Coaches: Eoin Roche, Traolach Martin, Andrew Coffey and Johnny McGuirk
Captain: Ciaran Brady (Templeogue College/ Faughs)

Dublin North Coaches: Paul O'Brien, Joe Cunningham and Brendan Cawley
Captain: Matthew Oliver (Belvedere College/ Na Fianna)



Bar Entertainment



Entertainment in the bar

24th
Jan

Back by popular Demand
"Open Mic Night"
Featuring the very best of singers and
entertainers in the Ballyboden Area.

Noel Browne Returns

for a night of sing along
and Craic

31st
Jan

7th
Feb

Live music in the Bar
with the Fabulous
"Jason"

Special Romantic Night with good food,
good music, roses for the ladies,
and special prizes for the
most romantic couples...

14th
Feb

Details to follow.

WATCH THIS SPACE.....

FEB 14th - St Valentines Night Special

" Mr & Mrs Competition"

(How well do you know your partner?)

Good Craic.Great Music,

Plus

Complimentary Romantic Meal for Everyone

Pool Competition



POOL COMPETITION - 1st Round Draw

Best of 3 Frames



Matches to be completed by Thursday 5th of February

Derek Tynan v Darragh Langan	K Griffin v Harry Coffey
Fearghal Brennan v Cathal Regan	Brendan Coyne v Johnny Kenny
Pat McGrath v Brian Kirwin	Donagh O'Farrell v Mick Farrell
Frank Ibbotson v Sean Brennan	Niall Kelly v Tom Mc Donald
Warren Esdale v D Leacy	Jack Mahon v Noel Farrell
Mark Lynch v Ciaran O'Brien	Cormac O'Farrell v Thomas O'Riordan
Ken Giles v Alex Murphy	Mick Skully v Darragh Mc Clusker
Eunan Bonnor v Vivian McClusker	Danny Griffin v Rhys Mc Donnell

Entry envelopes are available in the pool room & entries are to be handed in to the bar staff prior to the commencement of the match

The draw for the first round of the pool competition has been completed & is posted on the notice board in the pool room.
