









# Club Lotto - €15,000 Jackpot won!!

**Winning numbers** 17 25 13 03

One winner of the €15,000 Jackpot - Colaiste Eanna, Ballyroan Road

One match 3 winner who receives €300 - Hugh Flanagan, Stonepark Abbey Rathfarnham D16

Next lotto draw Thurs 30th Jan - Jackpot = €3,500

Play the lotto online by clicking here.

Enter your lines of numbers for up to a year in one go, you need never miss a draw again!

# **Club Membership 2020**

Club membership for 2020 is now due. There are no changes to membership fees from last year. Renewal emails were issued to all members last week.

If you are having any difficulty making a payment, or have any queries regarding membership then please contact Club Registrar Gerry White at <a href="mailto:registrar@ballyboden.ie">registrar@ballyboden.ie</a>

# **Ballyboden host the Opening Round of Lidl NFL Ladies Dublin v Tipperary**



The club were honoured to welcome Dublin and Tipperary Ladies to Pairc Uí Mhúrchú last Sunday afternoon as the girls met in the opening round of Division One League.

The game gave us an opportunity to showcase PUM, our club facilities, and the spirit of Ballyboden which was very evident on the day.

Well done to the Ladies Adult and Juvenile committees on a very well managed event, to Mick and his bar staff for providing refreshments and to Vivian Ruddy and his team on preparing the pitch so well.

Dublin Ladies Gaa very appreciative of the smooth organisation on the day from the stewarding, to the guard of honour for both teams, the half-time mini-game and the provision of the hall after the match for both teams.

Many thanks to all who helped out on the day, to The Spawell for allowing parking on their grounds and to John Kirwan for the great photos.

For more photos, see here

# **U14 Hurling Boys Up Against The Best Of Kilkenny**



On a fresh January Sunday morning, 39 boys from the U14 hurling squad along with coaches and parents set off for the hurling mecca of Kilkenny. The team spreadsheet was called upon to send boys to play against the locals from Thomastown GAA and Young Irelands of Gowran. After a warm welcome from our hosts and a hectic exercise drill to raise the boys temperatures, the hurling got under way. The lads had a convincing win in Thomastown, but

not so in Gowran where they came up short against the very best of country hurling. The results were quickly forgotten as both clubs provided great hospitality with an abundance of tea, coffee, sandwiches, buns and cakes. Everyone was left satisfied as they reflected on a great morning of hurling.

Next stop was Nowlan park to see Dublin play Kilkenny in what promised to be an intriguing clash. Goals can often make the difference and it was here that Kilkenny showed their true class, despite the best efforts of the Dubs. There was no lack of vocal support from our boys as they ruled the terraces. Their behaviour was a credit to the club and county, they also had good craic at the same time. After the match there was time for a puck around on the pitch, a few selfies with the living legend, Marty Morrisey, and then a stop-off for a feed at Paulstown before the final journey home. This was a great day out for the U14 boys, a feast of hurling and fun, and a fantastic start to the season in the hurling hotbed of Kilkenny. The coaches, parents and supporters of Ballyboden St Endas would like to thank Thomastown and Young Irelands GAA clubs for hosting the visit and for their generous hospitality.

Thanks to Brian Delaney and Brian Gorman for the photos. For more click <u>here</u>.

# **U13 Camogie Challenge v Lucan Sarsfields**













Dhá chluiche iontach camógaíochta i Sancta Maria Dé Domhnaigh, nuair a bhí ár bhfoirne faoi 13 in aghaidh Leamhcáin. Maith sibh!

Our U13 camogie were in action against the girls from Lucan Sarsfields in Sancta Maria on Sunday. The girls are raring to go for their first year in league and championship - well done girls! Pics: Dave Rusk, more <a href="here">here</a>

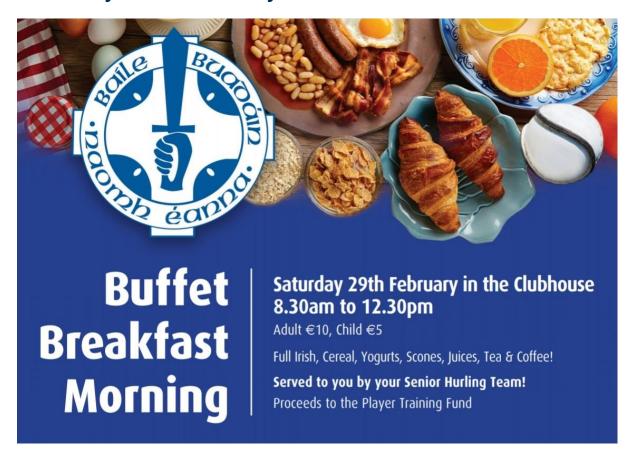
# **U9 Football Challenge v Ballinteer St Johns**



Our U9 girls squad in action on Sunday morning against neighbours Ballinteer St Johns. The girls showed off their skills with great support from plenty of family and friends on the sidelines.

They are looking forward to getting started in the Go Games in March. Well done all! Thanks to Clare Keely for the pics, more <a href="here">here</a>

# **Buffet Breakfast Morning - Maidin Bhricfeasta Buifé Saturday 29th February**



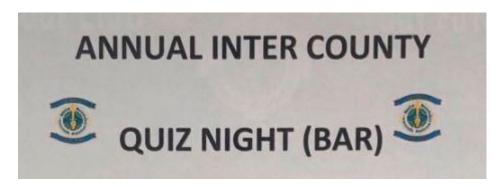
Saturday, 29th February is a date for your diary....the Big Breakfast returns. Last year, Paddy Brady cooked over 1000 sausages and 1000 rashers at the Senior Hurlers Buffet Breakfast Morning (Maidin Bhricfeasta Buifé) and this year he hopes to cook even more. He will also prepare and serve over 600 eggs. He will be ably assisted by the Senior Hurlers on what has become an enormously popular event. This will be our third Big Breakfast.

The Buffet Breakfast will be served by our Senior Hurlers with the proceeds going to their Training Fund. A Full Irish will cost just €10 and children can get their fill for €5. The price includes a selection of cereals, bread, yogurts, juices, fruit, tea and coffee. This, by any standard, is tremendous value and your breakfast can be enjoyed in the company of fellow club members.

Tickets can be purchased from any of the Senior Hurlers. Special arrangements are in place for groups of 10 or more and this can be organised by calling Clíona on 087 9790482

Sponsorship opportunities are available in connection with this event with appropriate opportunities to promote your company. Please contact Mark on 087 6727600

## **Annual Inter County Quiz night 24th January**



The Annual Inter County Quiz was held on Friday night 24th January!

Congratulations to the West Cork Team on their quiz victory and well done to all those who wore their county jerseys!

Two worthy charities Pieta House and The Peter McVerry Trust were the charities the winners chose on the night.

Thanks to all involved in making it a great night! Photos of the night can be found here

# U14 Boys prepare for Feile with a 5K run at Marlay parkrun



A large contingent of our U14 boys arose early on Saturday morning and headed to Marlay Park to take part in the regular Marlay parkrun over 5km. The boys had been busy raising sponsorship over the previous weeks, all to help fund their year of Feile competition. For many, this was the longest distance they had ever run, but there was no shortage of confidence as they dispensed with any decent warm up, preferring to enjoy the delights of the adjacent empty playground.

Ready for action at 9.30am, most of our boys placed themselves at the front of the starting line among the elite athletes aspiring to better their PBs on this perfect day for running. The lads set off at a blistering world-record breaking pace that would have put the frighteners on any experienced Olympian. Sports Minister Shane Ross was present to witness the spectacle and reportedly tumbled at the sight of a rushing tsunami of blue and white jerseys. By the time the boys reached the first hill, the line had stretched considerably, the cheeks had turned a dark shade of crimson and levels of oxygen in South Dublin were in dangerous short supply as it was sucked deep into bursting lungs. But such is the character of this group, they stuck at it to discover their hidden reserves of energy. All finished the race in respectable times and it didn't take long for recovery and the reappearance of smiling faces.

As well the boys, a group of brave coaches and parents also took part in the run. Experience showed as they started off at a more sedate pace, though curiously, for most it remained that way for the duration of the run. It is pleasing to report that all of our adult runners finished in the top 800 and before the bright winter morning sun started on its inevitable retreat. Well

done to everyone who took part in the run and also to the supporters who provided all of the vocal encouragement.

Thanks to Eamonn Gormley for the photos. For more click <a href="here">here</a>.

## Páidí O Sé 2020 Tournament Launch



The Annual Dingle Tournament was successfully launched in the club last night in conjunction with Sportstalk.

Many clubs from around the country sent representatives and attended alongside Gaa legend Michael Ó Muircheartaigh, Páidí's son Padraig Óg, former Dublin Ladies footballer Rachel Ruddy and Kerry's Tommy Walsh.

We wish our two Ladies Senior teams the Best of Luck in the competition which runs from 21st-23rd February.

For more photos of the night, see <a href="here">here</a>

# **Ciorcal Cainte**



Everybody is welcome.... contact Seán 087 9086100

#### Nuacht

Comhghairdeas le **Danny Sutcliffe** atá ainmithe mar chaptaen ar fhoireann Shinsir Áth Cliath san iomáint. Is iarscolaire de chuid Coláiste Eoin é agus neart Gaeilge aige. Thar an Trasnán le Danny Sutcliffe:

https://www.youtube.com/watch?v=EhVXjgFkjRs

#### Dátaí don Dialann: Imeachtaí na Seachtaine

- Dé Céadaoin 9pm
- Ciorcal Cainte ag tosú arís Dé Céadaoin 29 Eanáir.
  Gach eolas Seán O'Connor 087 9086100
- Déardaoin: Seisiúin Ceoil 9.30pm
- Seisiún Ceoil Traidisiúnta in éineacht le ceoltóirí 'Céilí House'
  Gach Déardaoin sa bheár ag 9.30pm. Fáilte roimh chách
- Dé hAoine 9pm
- Cúpla poc as Gaeilge for the over 40ish. Dé hAoine ag 9pm on the hockey pitch in Sancta Maria. Céard a déarfá? Cúpla pints afterwards.
   Send me a text if you're interested - Brendan Ryan 0863133825

#### Frásaí don Chúpla Poc #1

#### Roimh an gCluiche – Before the Game

- Conas atá tú? How are you
- Go breá agus tú féin Fine, and yourself?
- An bhfuil clogad agat? Have you a helmet?

#### Le linn an Chluiche – During the Game

- Tá sé agam I have it [the sliotar]!
- Maith thú Well Done
- Maith an Bhean Good Woman
- Maith an Fear Good man
- Scaoil uait é Release it! Lave it off (Tipperary Dialect: Cánúint Thiobrad Árann)
- Ardfhear Great man
- Ardbhean Great woman

#### Cóitseálaithe / Coaches

- Déan beirteanna-in twos (pairs)
- Sliotar idir gach beirt a sliotar between two
- Go tapa fast

#### Tar éis an chluiche- After the game

- Táim scriosta I'm wrecked
- Pionta? pint

#### Áiseanna don Fhoghlaimeoir Gaeilge

Ar mhaith leat an Ghaeilge a fhoghlaim saor in aisce ar-líne? Féach ar an nasc seo:

https://www.futurelearn.com/courses/irish-language-4/4

#### Frása na Seachtaine

Cén chaoi a bhfuil tú? - Tá mé go breá

https://www.youtube.com/watch?v=JfVjWQrj3\_Y

#### Cuireadh

An bhfuil suim agat sa Ghaeilge? Ar mhaith leat an Ghaeilge a chur chun cinn agus í a dhéanamh níos feiceáilí agus níos so-chloiste timpeall Bhaile Buadáin sa bhliain 2020? Tá muid ag cruthú ghrúpa a bheadh báúil don teanga agus a bheadh sásta páirt a ghlacadh in imeachtaí éagsúla len í a chothú sa chlub.

Anuas ar sin, ba mhaith linn cur isteach ar Fhonndúireacht Sheosaimh Mhic Dhonncha agus meithleacha beaga a chruthú leis na rudaí cuí a chur i bhfeidhm i mbliana.

Má tá suim agat a bheith páirteach sna himeachtaí seo, seol ríomhphost le d'uimhir ghutháin chugam ag ciaran.macuidhir@gmail.com

# **Ticket Information - National Leagues 2020**

In response to a number of queries from Dublin GAA Clubs on ticket information for upcoming League fixtures, please be advised we are still awaiting pricing and ticket information from Croke Park.

I can confirm the Dublin GAA Spring Series fixtures in Croke Park as below:

Dublin GAA Spring Series Fixtures 2020

Saturday 25th January – Dublin Senior Footballers v Kerry @ 7:15pm

Saturday 8th February – Dublin Senior Footballers v Monaghan @ 7pm

Saturday 22nd February – Dublin Senior Hurlers v Wexford @ 5pm + Dublin Senior

Footballers v Donegal @ 7pm

Sunday 15th March – Dublin Senior Footballers v Meath @ 2pm

I hope to send full ticket information and group pass details to clubs by the end of the week.

# **Ladies Football want you!**

Mentors and coaches are being sought for Ladies Football adult teams for 2020. Please contact Cathal O'Toole Section Chair on 087 2271504 for expressions of interest.

# Bingo every Tuesday 8.30 pm.



# **Trad Music Session Every Thursday**



Our Gaa 4 Mas want you!!



## Join Us Now!

Come, Play Gaelic Football in a Fun, Non-Competitive and Social Environment

Who can play?

**Mothers and Others!** 

Past Players, Women from Non-Playing Background

You just need to be 25+!

Winter Training in St Colmcilles CS Hall Tuesday 8.30

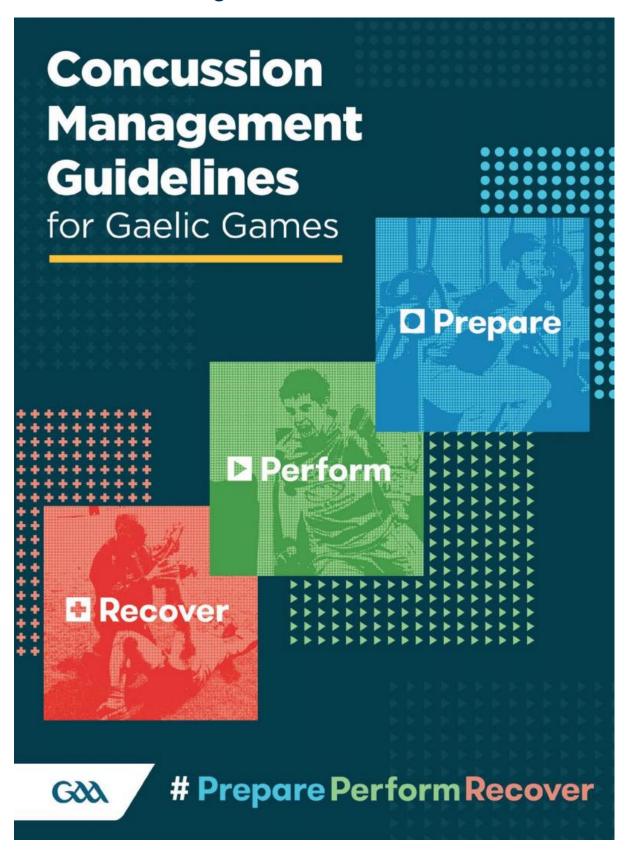


Contact: Maura 087 0523775

The Gaelic4Mothers&Others initiative is a great way for mothers and other women to play Ladies Gaelic Football in our club.

Boden's Gaelic4Mothers&Others are looking for new members so why not come along on Tuesday evenings this Autumn & Winter.

# **Concussion Management**



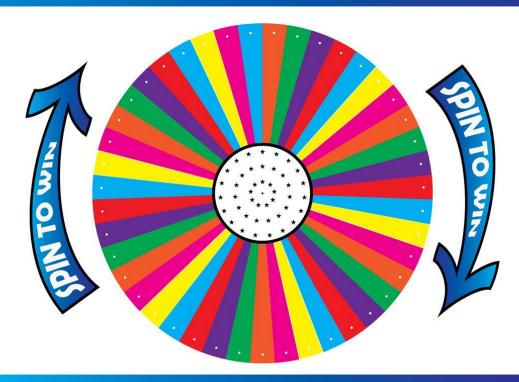
Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

The GAA Concussion Management Guidelines

# **Spin The Wheel**

# SPIN THE WHEEL @ BODEN



EVERY SATURDAY NIGHT @ 11pm 3 PEOPLE TO SPIN EVERY NIGHT

43 Prizes on the WHEEL, Including €1000, €500, €300, €200, €100, €50 42" Smart TV, Vintage Wine Collection Presentation Box, Club Lotto Membership

AND DOZENS OF OTHER PRIZES TO BE WON

(YOU MUST BE PRESENT TO SPIN THE WHEEL)

#### **BODEN GEAR ONLINE**

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html

- ADULT FOOTBALL
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### **Christmas Tree collection 2020 - Thank you**

Posted by RonanFeely on 21 January, 2020

The 18 vans & trucks rolled into the Club car park at 8.45am on a blustery morning on Saturday 11th January, the personnel on board anticipating a busy day ahead. It was of course the 7th year of the increasingly popular Boden Christmas Tree collection service. In the lead up there were many thousands of...

The post Christmas Tree collection 2020 - Thank you appeared first on Ballyboden.						