



Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## CLUB LOTTO –RESULTS FOR JUNE 25TH

The club Lotto Weekly draw was held on Thursday June 25th

There was a Jackpot Prize of €1,000

The Winning numbers were ; **05, 17, 02, 13**

There was no winner of €1,000 Jackpot

There were 3 winners of the Match the First 3 Numbers Draw who each receive €100:-

- George King, Barton Drive, Rathfarnham
- Amanda Delaney, Beechdale Lawn, Ballycullen
- Brian Weldon, Woodstown, Knocklyon

Next weeks draw on Thursday 2nd July – Jackpot €1,500

You can support Club Facilities Development and enter the next Club Lotto draw at the link below:

[https://play.clubforce.com/play\\_newa.asp?ll\\_id=133&PC=0&RP=#Anchor](https://play.clubforce.com/play_newa.asp?ll_id=133&PC=0&RP=#Anchor)

You can take out an annual Club Lotto subscription [here](#).

If you have any queries about the club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

### **Club Lotto Recommenced**

After a 5 week suspension, the weekly club Lotto recommenced on the 23rd of April. To ensure that no Lotto member is out of pocket we have stopped one months Direct Debit payments (for the month of April) and will do the same for all Debit/ Credit Card monthly members in April / May. We will also ensure that all annual upfront paying members will be entered in all 52 draws for this year. Because of the ongoing COVID-19 restrictions, the weekly draw process will take place virtually – the Lotto numbers will be selected using an online random number generator, and the draw will be video recorded and also observed by at least three members of the Lotto Committee using the Zoom videoconference application. Now, more than ever, it is more important that all club member support the Lotto, as one of the most important revenue generating methods for our club

## **Dealing with Positive Symptomatology**

### **Summary of Changes**

From June 29th, contact training permitted for Gaelic Games  
Interim Guidance on dealing with positive symptomatology issued – [Dealing with Positive Symptomatology](#)

### **Facilities permitted to open from June 29th**

Astro turf facilities – for club members

Hurling ball walls

Walkways – all control measures, bar the need to adhere to social distancing, removed

Outdoor Handball Alleys

Officer Training/Meetings (Subject the guidelines prepared by the National Health and Safety Committee – [Guidance on holding Indoor Meetings](#))

The following are allowed to open from June 29th providing Government Regulations for the relevant sector is followed and all required third party insurances and assurances are in place

Bars Serving Food

Businesses operated by third parties using GAA premises under licence or lease  
(Exception: Gyms)

Astro Turf Facilities – recreational use by non-GAA members

Playgrounds

It is hoped that the following may be allowed open for Phase 4 (from July 20th) – however, the GAA will confirm the position on each of these in the lead in to Phase 4:

Club/County Gyms

Dressing Rooms (subject to advice on Close v Casual Contacts)

Indoor Handball Alleys, subject to guidance laid down in Handball Return to Play

Document

Use of facilities by community groups / recreational users

Bars not serving food

**Thanks to all our volunteers who helped paint & clean up the club at the weekend!**



A Great Job!!

**U16A Camoige Socially Distanced Training**





**Do it for Dan Update ....**



## Do it for Dan confirm that Dan will not be travelling to America to receive Zolgensma.

**Sunday 28th June 2020:** The *'do it for Dan'* committee has today confirmed the difficult news that unfortunately Dan will not be making the trip to the U.S to receive the planned infusion of the drug Zolgensma. **#doitforDan** (a massive fundraising campaign which began in March of 2020) was an effort by Laois parents Niall and Aisling Donoher and some of their close friends and family to raise \$2.1 million in order to enable their young boy to receive lifesaving treatment. The terrible news has been confirmed following a second set of tests taken, as part of the standard process when preparing for treatment. The results showed that Dan had contracted a virus (which only 5% of the population are susceptible to) sometime in the last few months which has caused him to develop antibodies that will prevent the infusion from being successful.

Speaking of the news **Dan's mother Aisling said:** *It has been a very tough couple of days and very difficult to get our heads around. We were devastated when we got the results back. The last few months have been surreal for us and although the news is very upsetting, we will never forget the kindness and generosity we received, and we could not be prouder of how our little boy touched so many people and bound so many communities together. We would like to thank absolutely everyone who has supported us, donated, fundraised, ran, sang, and danced in order to give our little boy a fighting chance at life, we will never be able to thank you all enough and what it means to us cannot be put into words. All we ever wished for our baby boy was that he got a chance, and you made that possible. Thank you to the committee, the volunteers and each and every person who helped our family, you did it for Dan. Thank you so much from the bottom of our hearts for your kindness. Thank you from myself, Niall and Dan.*

## **Non-contact training resumes from June 24**

The Covid-19 Club Education eLearning module for Gaelic Games is now available online, and it takes 20 mins. to complete.

It must be done by all adult players, parents or guardians of Juvenile players, mentors, coaches and administrators before returning to training/games.

You can access the training here: <https://courses.gaa.ie/Covid19ClubEd> On completion of the training, and the online quiz you should take a screenshot (or printout) of your certificate of completion and send it to your team's Covid Supervisor.

The online health questionnaire will be available at <http://returntoplay.gaa.ie>

Adult training may resume on Wednesday 24th of June with Juveniles down to U13 resuming in the week commencing Monday 29th of June. Go Games teams from U9 to U12 will resume at a later date, expected to be in mid-July. This is due to the larger numbers involved at these age groups and in order to allow time to iron out any teething problems. The training schedule must be strictly adhered to as should the principle of 'Get in, Train and Get Out'

All players MUST bring their own personal water bottle and hand-sanitiser to each session.

## **Ballyboden St Enda's Summer Camp is back on!! All places already sold out!**



Starting Monday July 20th!!

Amongst all the difficulties of the last few months, the future of camps this summer were uncertain, but following on from recent developments we are delighted to announce that our own Summer Camp will be returning this year!!

Over the course of 4 weeks the camp will provide GAA and many other sporting activities for Boys & Girls aged 5-12 in our local community!

We will be running the camp under new restrictions, but we aim to put Fun and Enjoyment as the number one rule, and will do so in the Safest Environment possible!

All the Info you need is in our brochure but some important things to note are...

- Places are limited to 150 children each week
- Registration closes the Friday before the start of each week
- Health screening in place each week
- New Summer Camp Shirt, Bag & Wristband for all children
- Our usual Family Discounts
- Fundamentals & Athletic Development Training for kids
- Nutritional Advice
- Visits from Club/County Stars
- New Games & Activities
- Exciting New Freebies
- & Lots More.....!!



## GAA's return to play document

Níl tuilleadh dá mhéad nach dtránn, and hopefully the tide of covid-19 is starting to turn. Following the release of details of phase two reductions in restrictions by An Taoiseach on Friday, the GAA, LGFA and An Cumann Camógaíochta released a return to play protocol later that evening. This is great news for all of us and lays out a pathway to a return to club games in August and inter-county games in October.

A question that is on many peoples' lips is 'will there be Summer Camps this year', and we are delighted to be able to say that we are planning for Summer camps to go ahead from July. This will depend on confirmation from the GAA authorities, and the format will be different to other years, but I'm sure that girls and boys in the area will be very happy to have an opportunity to get back playing with their friends. Once we receive confirmation that the Summer camps can proceed and information around the running of the camps, we will post this information on the club website and newsletter.'

[The return to play document](#) which has been endorsed by the GAA, LGFA and An Cumann Camógaíochta is a comprehensive one, but the highlights are:

- Indoor facilities such as changing rooms, showers, gym and social facilities remain closed.
- Signage and social-distancing markings must be put in place at all club pitches.
- Hand sanitisation stations must be put in place for players, mentors and spectators.
- Training during phase 3 will be restricted to non-contact in groups of 10.
- Each team must appoint a covid-coordinator who is responsible for implementation of the regulations for that team.
- Every player, adult and juvenile, must self-diagnose using a questionnaire and take his or her temperature prior to every training session or game. The questionnaire must be signed by the player or by a parent or guardian in the case of juveniles, and handed to the team Covid co-ordinator prior to each training session. The intention is that the questionnaire and temperature measurement would take place in the player's home prior to attendance at training, and there is an underlying assumption that every home has a thermometer.
- Every player and mentor must complete an online training programme and provide the team co-ordinator with evidence of completion prior to return to training. This elearning module is not yet available but will be made available during June.



- All equipment (sliotars, footballs, cones, poles etc) must be sanitised before and after every session.
- No sharing of water-bottles, towels or other similar equipment.
- A schedule of training slots and locations must be prepared and implemented to ensure that there is a gap between sessions to allow one team to depart before the next team arrives at a venue.
- Only the players taking part in the session and their mentors may remain at the pitch during the training session. In the case of juveniles, parents or guardians must drop and collect players and may not stay onsite during training.
- All players, mentors and officials may opt in or opt out of participation in training or games at their total discretion and without any external pressure whatsoever.

A point to highlight is that while Government regulations allow small groups of up to 10 people to take exercise together during phase 2 (8th to 29th of June), guidelines for LGFA, An Cumann Camógaíochta and GAA do not allow collective training until phase 3, starting on the 29th of June. All GAA pitches remain closed until that date, and player injury and insurance schemes will not cover activity before the 29th of June. Tempting though it may be to get back out on the pitch straight away, we ask all members to hold tight until 29th of June.

We will be working under guidance from Croke Park and Parnell Park to implement the measures required between now and 29th of June, and if any mentors have any expertise or experience that they would like to offer as we get ready for return to training and games, please don't be shy about stepping forward. You can reach out to myself, Brian O'Regan or through your team mentors, and we'll be delighted to get additional help. One specific area where help will definitely be needed is that each adult and juvenile team will need to appoint a covid co-ordinator who will be responsible for overseeing the implementation of measures for that team as well as collecting and collating the self-diagnosis declaration from each player before every session. Training will be provided for people filling these roles, and if you can do this for your team or for your son or daughter's team, please let the team manager know.

Like all of us, I am really looking forward to seeing Ballyboden St. Endas teams back on the pitches next month.

For more information - <https://www.dublingaa.ie/news/covid-19-update-safe-return-to-gaelic-games>

## **U13 Boys Lockdown Hurling challenge against Kilmacud Crokes**

Never wanting to rest and always keen for competition, the U13 hurling boys used their lockdown wisely to keep up their fitness and skills levels. What better incentive than to take on a virtual challenge against our great neighbours and rivals from Kilmacud Crokes. BBSE had over thirty of the boys attempt the hurling skills challenge and all were eager to show what can be achieved during these difficult times. There was great interest and a huge practice level from our group, with some boys practicing the skill on over 60 occasions. Such was the success of the challenge from both clubs that it is set to run again this week. Well done to all the boys from both clubs for taking part.

Many thanks to Ros and all the U13 coaches and players from Kilmacud Crokes for providing such great opposition.

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

- GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children
- Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education
- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>
- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>
- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>
- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>
- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the @GAAlearning twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '@GAAlearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter @GAALearning

### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page @GAALearning

## BALLYBODEN ST ENDA'S SKILLS CHALLENGE

Are you looking forward to get back playing GAA - well until we all can we are starting the Ballyboden St Enda's Skills Challenge - All you need to do is attempt the skill below and post your video . This week's skill is from Mairead Luttrell ...Everyone can get involved , it doesn't matter what team you train with/ We will choose a winner each Tuesday and you have a chance of winning a €25 voucher for the club shop. #bodengaa - Get posting!

[First Video is on the Club Facebook Page](#)

## Women in Coaching Survey & Coach Profiles

Sport Ireland are undertaking a study to gather the most up to date information from female coaches in Ireland, both current and former, to inform the development of future plans, programmes and initiatives for female coaches in the country.

If you are female and either a former or current coach Sport Ireland would appreciate if you took 10 minutes to fill out this survey. Survey closes this week.

<https://www.sportireland.ie/women-in-sport/coaching>

## Baile Buadáin le Gaeilge 2020



Seisiún 'Joe Johnston' Mhí an Mheithimh



## Dáta don Dialann

Beidh an chéad seisiún eile ar siúl Dé Luain 29 Meitheamh ar Zoom agus Whatsapp. Más mian leat páirt a ghlacadh ann cuir rphost chuig Joe ag 25joejohnston@gmail.com

Seo thíos cúpla blúire ón seisiún deireanach a d'eagraigh Joe Johnston ar-líne:

Neil Buckingham ag canadh Lockdown Blues

<https://youtu.be/IAvzHqTIA1Q>

The Barton Band ag canadh From a 2M Distance

[https://www.youtube.com/watch?v=ppGIV\\_Yk4u8&feature=youtu.be](https://www.youtube.com/watch?v=ppGIV_Yk4u8&feature=youtu.be)

## Na Cluichí sna Meáin

Cyril Lyons (An Clár); Paul Rouse (Uibh Fhailí) agus Aodán Mac Suibhne (Baile Átha Cliath) ag déanamh cur síos ar bhliain chonspóideach na hiomána 1998

<https://www.rte.ie/radio/radioplayer/html5/#/rnag/11207192>

## Scéilín Ó Bhéilín

Cloisimid go bhfuil Fintan Walsh ar ais sa bhaile tar éis píosa beag ama a chaitheamh san ospideál. Guímid gach rath ar Fintan agus tá súil agam go mbeidh sé ar ais ar a sheanléim sar i bhfad.

## Frása na Seachtaine

An bhfaca tú an dromchla nua ar an gcarr chlós? Tá sé ar fheabhas.

Have you seen the new surface on the car park? It's great.

Aclaíocht sa bhaile: Seisiún HIIT le Ciarán Mac Fhearghusa

Train at home and brush up on your Irish at the same time

Rabhadh: This is a tough session! Thart ar 20 noiméad.

<https://www.youtube.com/watch?v=LCKkULYXpck&feature=youtu.be>

## Ceol na Seachtaine

Is é an t-amhránaí agus an ceoltóir aithneanta, Muireanna Nic Amhaoibh a chuireann ar clár ceoil seo i láthair.

<https://www.rte.ie/radio/radioplayer/html5/#/rnag/11206910>

## Rogha Aoife

Nuair a bhíonn Aoife O' Neill sa bhaile i mBaile Átha Cliath, imríonn sí le foireann camógaíochta Bhaile Bhuadáin Naomh Éanna. Le dhá bhliain anuas bhí sí ag staidéar i Londain, áit ar imir sí le foireann camógaíochta Croydon lena col ceathrar Caoilinn Ní Néill. D'iarramar ar Aoife scothfhoireann camógaíochta Átha Cliath lena linnse a ainmniú. Is ó 2015 ar aghaidh an fhoireann seo. An aontaíonn tú léi?

1. Sile Nic Coitir BBSE
2. Miriam Twomey Naomh Mearnóg
3. Aisling Carolan St Oliver Plunkett
4. Grainne Quinn St Vincent's
5. Martha O'Donoghue BBSE
6. Hannah Hegarty St Jude's
7. Laura Twomey Naomh Mearnóg
8. Ciara Lucey BBSE
9. Eimear McCarthy St Vincent's
10. Ali Maguire St. Vincent's
11. Sarah O'Donovan St Vincent's
12. Eimear Brannigan St Vincent's
13. Louise O'Hara Erins Isle
14. Aisling Maher St Vincent's
15. Orla Began Lucan Sarsfields

## Ireland's Fittest Family 2020 – Applications Open!

Ireland's Fittest Family is back! Have you and your family got what it takes to win Ireland's most extreme fitness competition?

Now in its eighth series, this year will see the competition be more challenging than ever before!

We are scouring the country to find the fittest, fastest and strongest families to be coached to victory by our four returning coaches, **Davy Fitzgerald, Anna Geary, Derval O'Rourke and Donncha O'Callaghan.**

**Mairéad Ronan** is back to host the highly competitive tournament too.

Given the current covid-19 pandemic, the production will follow HSE guidelines to ensure that strict social distancing and health and safety is adhered to throughout the competition by all crew and families taking part.

Does your family have what it takes to win the €15,000 cash prize and be crowned Ireland's Fittest Family 2020? If so, apply now!

### **Requirements**

- \* Minimum age is 14 years old by 01 August 2020
- \* Each family must be comprised of four immediate members
- \* Series will be filmed between August – September, 2020

The online application form can be found at [rte.ie/irelandsfittestfamily](https://rte.ie/irelandsfittestfamily)

If you have any questions you can email – [fittestfamily@animotv.ie](mailto:fittestfamily@animotv.ie) or call the production team on 085 837 5387.

## **Covid-19 GAA Update for Clubs and Counties**

Some key points :

GAA has confirmed that no official on-field activity will resume before July 20 and our facilities will remain closed until that date.

The GAA will issue detailed advice before any return to play

The GAA Player Injury Scheme will remain closed until an official return to activity is confirmed (i.e., training is not permitted / no injury claims can be submitted).

County Committees will be devising revised competition schedules for each county for games and activities at all levels and grades.

The maintenance of facilities can continue while adhering to the guidelines and as of May 18 construction work on our grounds is also permitted

[Full GAA Statement is here](#)

## **BBSE Hurling/Camogie Quarantine Challenge : give it a go**

In these very strange times we are continually finding new ways to entertain ourselves ,be it a quiz with your friends or just a catch up on Zoom. Like me I'm sure many of you never heard of Zoom until the Lockdown and now everyone is using it as standard tool to communicate with business colleagues, friends and family.

The Boden family is no different and we're also trying ways to keep in contact. A group of club coaches have come together headed by Seniors coach Mickey to launch the Hurling/Camogie challenge underneath. As always this would not have been possible without the input of the techie group of Smythie, Sinead, Gareth, Susan and of course Naoise who is the time machine. Thanks everyone for the support.

This initiative is special as it includes almost all age groups and includes Camogie and Hurling players. The proficiency level is set accordingly and I understand the fun has just begun.

TJ Vaughan (U10-U13) leads Stephen Pullen(U14-U18) by 10 seconds heading into the w/e with both their fathers scrapping it out at the other end of table (we'll be kind and not give their times) .

So why not GIVE IT A GO and see can you take on the best of the best .

Bragging rights (and few prizes) at stake and you can also make a voluntary/anonymous donation to our front-line health working heroes if you so wish.

Thanks again to everyone for the initiative.

Stay Safe

## **A MESSAGE FOR GAA CLUB MEMBERS**

### **A MESSAGE FOR GAA CLUB MEMBERS**

A chairde,

We are living in the most extraordinary times.

The Coronavirus pandemic has changed almost everything about our world and has impacted upon so much of what we thought was normal about our lives.

Like all sport, Gaelic Games have gone into hibernation.

But it is a source of enormous pride to us that what has not disappeared or become dormant has been the spirit and the passion for community that is the life force of the GAA



in every corner of this island.

Clubs big and small and across towns and rural parishes are doing what the GAA has been proud to do for 136 years – and that's be a light and a standard for the people who they represent.

We have always said that the GAA ultimately, is all about People – People working together for a goal. We have a common goal now like never before.

Our goal is to help the island of Ireland push back against the spread of this virus and give the people of Ireland the best chance possible of limiting its impact and being able to hopefully, some day in the not too distant future, come out the other side.

This community spirit is also prominent among our hundreds of GAA clubs overseas who are such a vital support network for our Diaspora.

To the people posting skills drills for stuck at home players, keep up the good work. To all of those who have been able to offer help to the vulnerable in their communities, we extend our

sincerest míle buíochas and urge you to stay safe while doing so and follow all the advice and guidelines from the health and statutory authorities.

From the outset of this crisis the GAA has been working closely with the HSE and we have made all of their guidelines available to all of our clubs. Their request for our support has deepened in recent times.

The large car parking facilities at Croke Park have been made available for staff working in nearby hospitals. We have made part of Croke Park available as a drive through test centre for people with symptoms of Covid-19. Cars arrive by prior appointment and drive into the Cusack Stand tunnel where they are tested by doctors in their cars and they then drive away out the other side.

It is all conducted under full medical supervision.

It is an opportunity for GAA HQ to play its part and mirror what is being done by so many of our members elsewhere.

Similar testing facilities are now in operation at several other GAA county and club venues around the country - all of them playing an important role.

Sport is not a priority at a time of a national emergency.

But when the time comes again for the boots to be laced, hurleys to be gripped, nets to be hung and the pitches to be marked and when the time comes for men and women, and boys and girls to run out into the air and play the games they love, sport will be more important than ever before.

We are planning for that day – whenever that day may be.

In the meantime, we can help make that day come quicker if we do what we are being asked to do by the people who know what they are talking about.

Stop, look and listen to all of the advice that is there on how we beat this common foe.

Washing our hands, personal distancing and if needs be self-isolation are the weapons that we have.

Keep safe, keep thinking of others, keep fit and healthy in body and mind.

As that great son of Derry, Seamus Heaney wrote:

“So hope for a great sea-change

On the far side of revenge.

Believe that further shore

Is reachable from here.

Believe in miracles  
And cures and healing wells.”

Ar son Chumann Lúthchleas Gael, go raibh maith agaibh  
Seán Ó hÓráin Tomás Ó Riain  
Uachtarán Ard-Stiúrthóir

## Tallaght University Hospital Coronavirus Information Sheets



Tallaght University Hospital have been trying to devise ways of insuring that those that are cocooning get valuable information around exercising at home, minding their mental health and have access to other useful numbers of different agencies operational in our community.

Below is the information links that they have put together which some of you may find useful (The information in these leaflets is not just for over 75s and may be of benefit to many!!):

- Information Sheet on Supports - <https://bit.ly/3baPMpw>
- Information Sheet on Keeping Moving - <https://bit.ly/392Olbb>
- Information Sheet on Mental Health - <https://bit.ly/2U5g3Qj>

## Enjoy 50 Shades of Boden at home

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

## Ballyboden St Enda's Players & Management- Social distancing..



Important message on social distancing courtesy of BBSE players and management

#IAMSOCIALDISTANCING

<https://youtu.be/xVdfFVZ6dIc>

## Ballyboden St. Enda's Player's Assistance

# BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

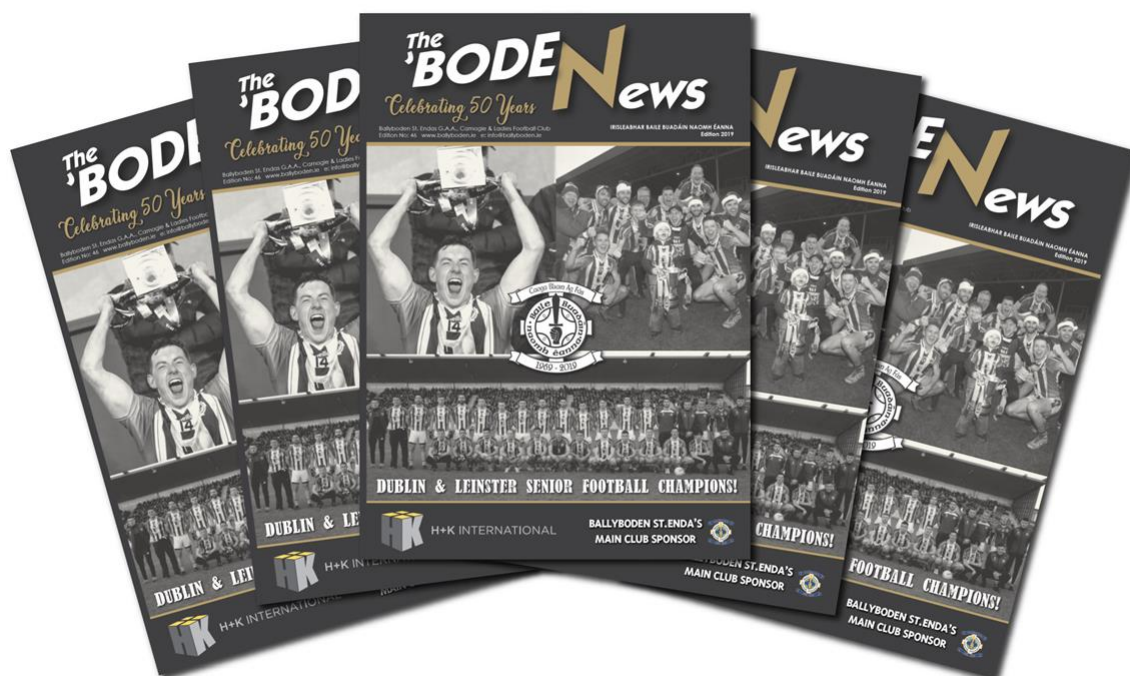
Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email [pro@ballyboden.ie](mailto:pro@ballyboden.ie) or contact Ronan at 086 1250752.

#bodengaa

**2019 Boden News Annual is now available**





The [2019 Boden News Annual](#) is now available in the club. Packed with news, reviews and features and a special Caoga Bliain ag Fás section. It's a must read for all club members! There is a donation box to help offset some of the printing costs if you want to donate.

Thanks to Neil Buckingham, Sinéad O'Dea, the Comms committee, our wonderful club photographers and all who contributed to the book.

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Ciorcal Cainte - Temporarily postponed due to Covid-19



# CIORCAL CAINTE

Gach oíche Dé Céadaoin  
óna 9 go dtí 10

**Buail isteach is beidh caint is comhrá againn. Is cuma  
an bhfuil tú ag tosú nó cad é an caighdeán atá agat,  
beidh céad míle fáilte romhat!**

Ciorcal Cainte continues every Weds  
from 29th Jan ( 9-10pm)

Everybody is welcome.... contact Seán 087 9086100

**Bingo every Tuesday 8.30 pm - Temporarily postponed due to Covid-19**



**Trad Music Session Every Thursday - Temporarily postponed due to Covid-19**



# **Seisiún Ceoil Traidisiúnta**

**In éineacht le Ceoltóirí  
“Céilí House”**

**Gach Déardaoin sa  
Bhéar ag 9.30pm**



**Fáilte roimh chách!**



# GAA May 2020 Newsletter



Below is the link the to monthly GAA newsletter which carries information on a range of club-related topics and issues

<https://www.gaa.ie/stories/read-the-latest-club-newsletter-may-2020/>

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

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▣ Prepare



▣ Perform



▣ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

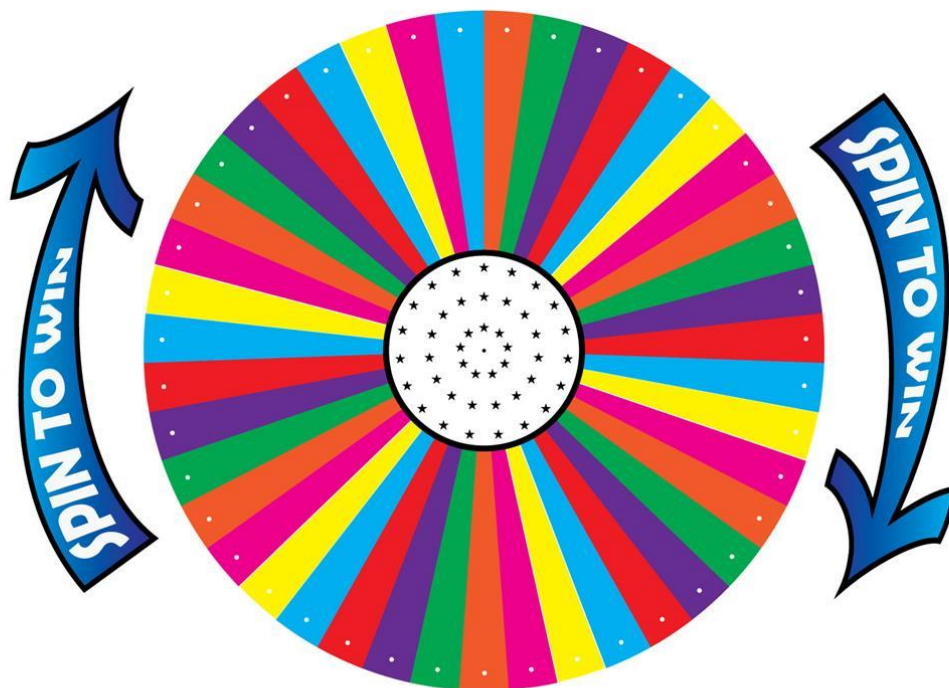
SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**



# SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM**  
**3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including**  
**€1000, €500, €300, €200, €100, €50**  
**42" Smart TV, Vintage Wine Collection**  
**Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON**

**(YOU MUST BE PRESENT TO SPIN THE WHEEL)**

## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## Boden Skills Challenge

Posted by Neil Buckingham on 12 June, 2020

Senior Football Captain Ryan Basquel shows us a neat way to get away from defenders. Try it yourself and send us your videos to be in with a chance to win a Boden Club 'onesie'. Congratulations to Anna Kelly who won last week's Skills Challenge. This week Senior Footballer Ryan Basquel is setting a football...

The post [Boden Skills Challenge](#) appeared first on [Ballyboden](#).

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## GAA's Return to Play Document

Posted by Susan McManus on 10 June, 2020

Níl tuilleadh dá mhéad nach dtránn, and hopefully the tide of covid-19 is starting to turn. Following the release of details of phase two reductions in restrictions by An Taoiseach on Friday, the GAA, LGFA and An Cumann Camógaíochta released a return to play protocol later that evening. This is great news for all of...

The post [GAA's Return to Play Document](#) appeared first on [Ballyboden](#).

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## Bereavement – O'Connell

Posted by Neil Buckingham on 7 June, 2020

The club community is saddened to learn of the recent death of Ailbe O'Connell. We would like to offer our sincere condolences to his son Paddy (a former player) and Paddy's children Mia and Daire who are juvenile players for the club, nephew Danny O'Connell and the extended O'Connell family. Ar dheis lámh Dé go...

The post [Bereavement – O'Connell](#) appeared first on [Ballyboden](#).

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## GAA Coaching and Games

Posted by Neil Buckingham on 6 June, 2020

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier. GAA Learning Website The GAA Learning platform at [learning.gaa.ie](http://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array...

The post [GAA Coaching and Games](#) appeared first on [Ballyboden](#).

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