





#### **CLUB LOTTO – Results for October 29th**

#### Thursday October 29th

There was a Jackpot prize of €7,500

The Winning numbers drawn were

08 19 13 20

There was no winner of the €7,500 Jackpot

There was no winner of the Match First 3 numbers

Next weeks draw will take place on Thursday November 4th- €8,000 Jackpot

You can support Club Facilities Development and enter the next Club Lotto draw at the link below:

https://play.clubforce.com/play\_newa.asp?ll\_id=133&PC=0&RP=#Anchor

You can take out an annual Club Lotto subscription <u>here</u>.

### Baile Buadáin le Gaeilge 2020



#### Ranganna Amhránaíochta BBNÉ ag tosú Dé Máirt 10 Samhain

Bilingual on-line singing classes.

Would you like to revisit some of your favourite Irish songs learned in school and elsewhere?

6 Seachtaine: 20 euro / 6 weeks: 20 Euro.

Starting Tuesday 10 November for 6 weeks... helping you through Covid 19

Follow the link below for more details and registration.

Lean an nasc thíos le haghaidh tuilleadh eolais agus clárúchán

https://www.ballyboden.ie/ranganna-amhranaiochta-le-hiseult/

# **New Footballs for U11 Ghourls Spooky Training**



Thanks to sponsorship by two individuals who wish to remain anonymous, the U11 Girls had 20 new footballs in time for training during mid-term break. These are invaluable for our squad of nearly 90 girls and are greatly appreciated. Our girls and coaches dressed in spooktacular Halloween costumes for the training session, so scary that they were more than happy to socially distance all evening.

Thanks to Eamonn Gormley for the photos. If you dare to see more click here.

# Under 9 and 10 ladies footballers get spooky for Halloween



"They're creepy and they're kooky Mysterious and spooky They're all together ooky The Boden family..."

Eeek!! Spookiness everywhere in Sancta Maria last weekend as our U9s and U10s celebrated Halloween in their pods with some really terrifying costumes! Well done girls!!

#### **Notice of AGM - Thurs 19th Nov**



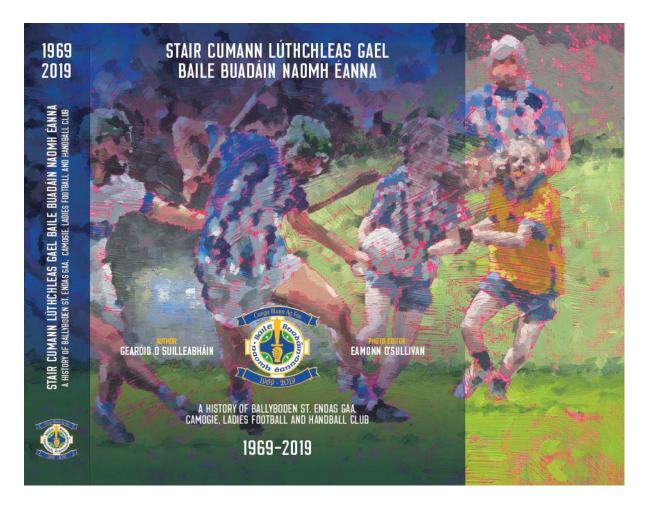
# ANNUAL GENERAL MEETING (2019) Thursday, 19<sup>th</sup> November 2020 at 8.00pm

The 50<sup>th</sup> Annual General Meeting of Ballyboden St. Enda's GAA, Camogie and Ladies Football Club will be held on :

#### Thursday, 19th November, 2020 at 8.00pm (online event).

In light of the ongoing Covid-19 restrictions, the GAA have recently made provision for Club AGMs to be staged virtually which allows us to proceed with an online Club AGM. The AGM is open to Full Members only. Notification of the AGM, which included AGM registration details and forms for nominations and motions were sent by email (from email address Ballyboden Notifications) to Full Members on 22<sup>nd</sup> October. Any Full Member who did not receive the email notification and wishes to register for the AGM should email: secretary.ballybodenstendas.dublin@gaa.ie

### **Club History to be Published Next Month**



The Club History has gone to print and will be distributed to the almost 1,000 people who have purchased, in a few weeks' time.

The Coiste Caoga Bliain ag Fás have ordered a limited number of copies over and above the pre-sold quantity. These are available for purchase at

https://www.ballyboden.ie/order-50th-book/

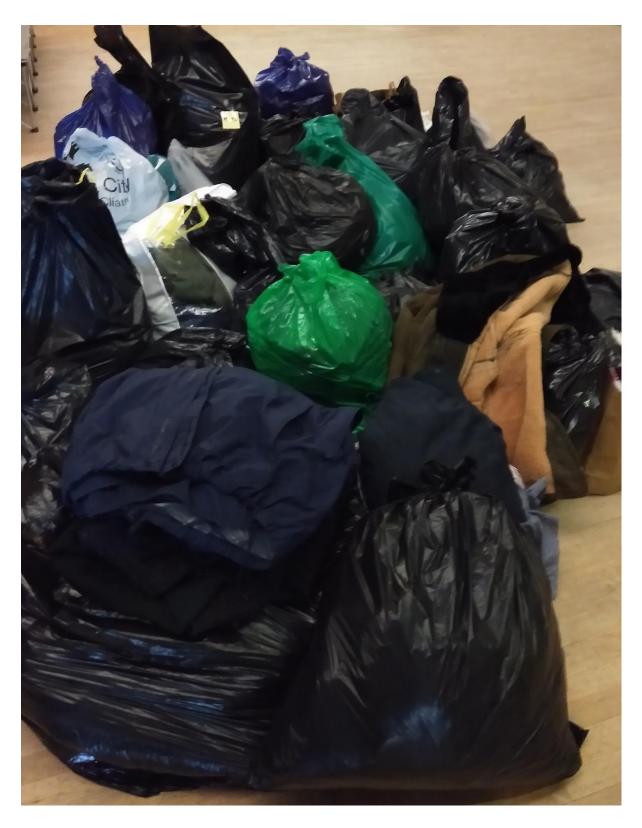
### HealthWatch sponsors our Senior Ladies Football.



Many thanks to Luci Horwell, Commercial Manager and Jack Nolan, Managing Director of HealthWatch Ltd, providers of workplace Health and Lifestyle Screening Programmes, who kindly sponsored training tops for our Senior Ladies Football Team.

Many thanks to John Kirwan for the photography at the presentation.

# **Support BBSE's Winter Clothes Appeal**



BBSE are organizing a winter appeal across the club for the charity Inner City Helping Homeless. This is a non profit charity that was set up in 2013 as a result of the increased number of people sleeping rough around Dublin city and suburbs. They offer outreach services, case management, mental health supports, food distribution, clothes orders and other essential services and are operational 7 days a week 52 weeks a year.

One of the key services ICHH provide is the nightly outreach service which visit 120+ rough sleepers 7 days a week. There are 3 vans that cover the greater Dublin area providing hot drinks, light snacks, hot food, clothes, toiletries and sanitary essentials. As we approach the winter months the need for additional clothing and other essentials increases, and the current situation with Covid has significantly impacted the stocks.

Currently there is an urgent need for donations of male/female clothing including jackets, shoes, tops, jeans, track suit bottoms, socks, hats and gloves. While second hand clothing is ideal, for any donation of male/female underwear it needs to be new. Please have a look at the attached fliers for detailed list of items required.

For other essentials, any donation of body wipes, toothpaste, toothbrushes, roll on deodorant, shower gel and female sanitary products would be greatly appreciated.

Commencing this week we are asking for donations of any of the above items or clothing items on the attached fliers.. All donations can be dropped to the club or if preferred we can arrange collection. It is hoped that we can deliver all donations to ICHH on Friday November 13th.

Donations can be dropped to the club on Friday between 10am-12 noon.



# Ambasadóirí na

# **GAEILGE**















Labhair Gaeilge Linn!

# **Boden U16s represent Dublin Camogie**



Our Boden U16s Sadie, Leonie and Áine represented their county with pride this morning in U16 Championship. They went down to a strong Kilkenny team but never gave up and look forward to next challenge in 2 weeks time against Wexford.

# **Club shop closure**



In line with the new regulations the club shop is now closed. We hope to reopen on Saturday 5th December.

In the meantime you can get all your Boden gear online at <a href="https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html">https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html</a>

### **GAA September 2020 Newsletter**



The September edition of the GAA Club Newsletter is now available https://www.gaa.ie/stories/read-the-latest-club-newsletter-september-2020/.

This month's edition includes information on the following.

- The success of the 2020 Kellogg's GAA Cúl Camps.
- The Calendar Review Tasforce's work on split season recommendation.
- How Samaritans Ireland and the GAA are working together to prevent suicide.
- The GAA's planned tributes to the Croke Park Bloody Sunday victims.
- How the Global Games Development Fund has helped 450 projects in six years.

#### **Covid Practice - Update**

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

#### AIG SKILLS COMPETITION



Ladies, record your skills and be in with a chance to win €1,000! See details on the links below. Best of luck https://www.aig.ie/Skills

Some previous entries:

Instagram page: <a href="https://www.instagram.com/aig.ireland/">https://www.instagram.com/aig.ireland/</a>Facebook Page: <a href="https://www.facebook.com/AIGIreland/">https://www.facebook.com/AIGIreland/</a>

- Twitter: https://twitter.com/aigireland

## **Dealing with Positive Symptomatology**

#### **Summary of Changes**

From June 29th, contact training permitted for Gaelic Games
Interim Guidance on dealing with positive symptomatology issued – <u>Dealing with</u>
Positive Symptomatology

#### Facilities permitted to open from June 29th

Astro turf facilities – for club members Hurling ball walls

 $Walkways-all\ control\ measures,\ bar\ the\ need\ to\ adhere\ to\ social\ distancing,\ removed\ Outdoor\ Handball\ Alleys$ 

Officer Training/Meetings (Subject the guidelines prepared by the National Health and Safety Committee – Guidance on holding Indoor Meetings)

The following are allowed to open from June 29th providing Government Regulations for the relevant sector is followed and all required third party insurances and assurances are in place

**Bars Serving Food** 

Businesses operated by third parties using GAA premised under licence or lease

(Exception: Gyms)

Astro Turf Facilities – recreational use by non-GAA members

#### Playgrounds

It is hoped that the following may be allowed open for Phase 4 (from July 20th) — however, the GAA will confirm the position on each of these in the lead in to Phase 4: Club/County Gyms

Dressing Rooms (subject to advice on Close v Casual Contacts)

Indoor Handball Alleys, subject to guidance laid down in Handball Return to Play Document

Use of facilities by community groups / recreational users Bars not serving food

#### **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

#### **GAA Learning Website**

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

- -GAA Primary Challenges Lesson Plans & Physical Activities for Primary School Children
- -Coaching Webinars Live and recorded webinars with leaders in Coaching and Coach Education
- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner https://learning.gaa.ie/planner/

- Games Development Conference Videos and Presentations from 2014 to 2020 <a href="https://learning.gaa.ie/GamesConference2020">https://learning.gaa.ie/GamesConference2020</a>
- 'GAA 15' Injury Prevention Programme <a href="https://learning.gaa.ie/gaa15">https://learning.gaa.ie/gaa15</a>
- Céim ar Aghaidh Resources for Primary School <a href="https://learning.gaa.ie/ceim">https://learning.gaa.ie/ceim</a>
- The Skills of Hurling https://learning.gaa.ie/hurlingskills
- The Skills of Football https://learning.gaa.ie/footballskills
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

#### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the @GAAlearning twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to <a href="mailto:gamesdevelopment@gaa.ie">gamesdevelopment@gaa.ie</a> or on social media using #GAAPrimary.

https://youtu.be/51OTk69ctQc

#### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '@GAAlearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter @GAALearning

#### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is

to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email <a href="mailto:gamesdevelopment@gaa.ie">gamesdevelopment@gaa.ie</a>

 $\underline{https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u}$ 

https://www.youtube.com/watch?v=2Az-95HFEa8

For more information on any of these resources, please visit our website 'https://learning.gaa.ie/' or twitter page @GAALearning

### **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

https://www.youtube.com/watch?v=TnJb9x-rgvg

# Ballyboden St Enda's Players & Management- Social distancing..



Ballyboden St Enda's Players & Management- Social distancing..

Important message on social distancing coutresy of BBSE players and management #IAMSOCIALDISTANCING

https://youtu.be/xVdfFVZ6dIc

# **Ballyboden St. Enda's Player's Assistance**

# BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our dub members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

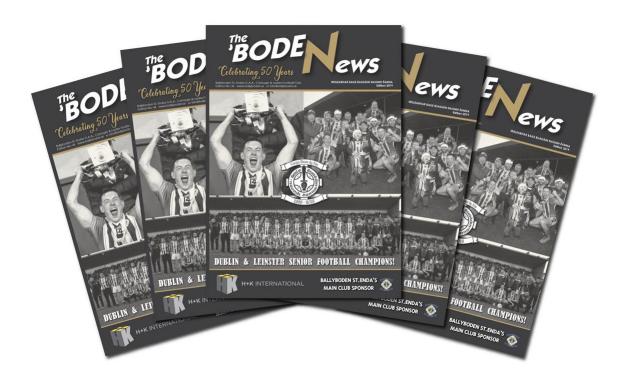
Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email pro@ballyboden.ie or contact Ronan at 086 1250752.

#bodengaa

#### 2019 Boden News Annual is now available



The 2019 Boden News Annual is now available in the club. Packed with news, reviews and features and a special Caoga Bliain ag Fás section. It's a must read for all club members! There is a donation box to help offset some of the printing costs if you want to donate.

Thanks to Neil Buckingham, Sinéad O'Dea, the Comms committee, our wonderful club photographers and all who contributed to the book.

#### WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

#### No Club social media platform should be used to post or share material which is :

violent, sexually explicit, obscene, hateful, or defamatory.

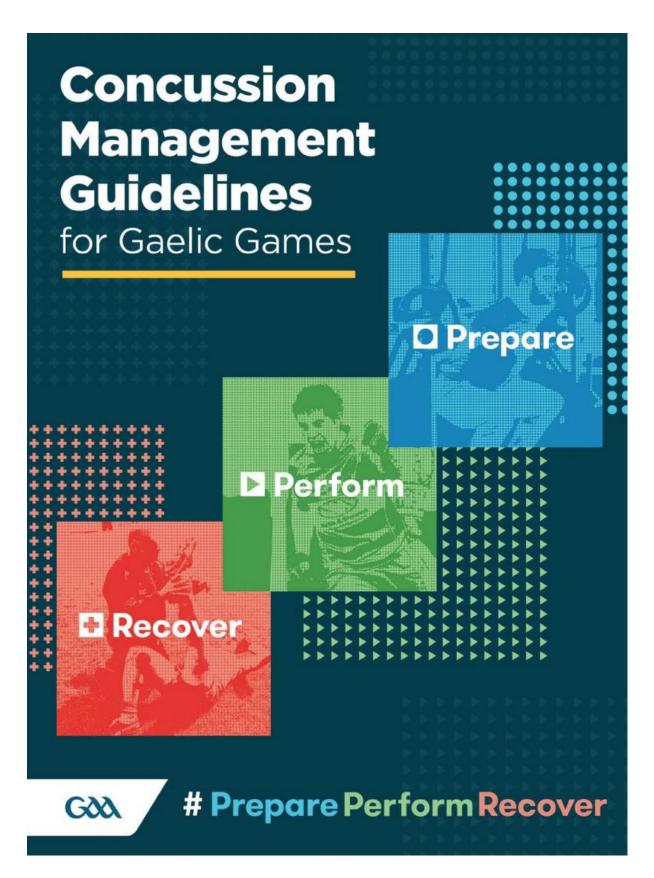
suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

### **Concussion Management**



If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

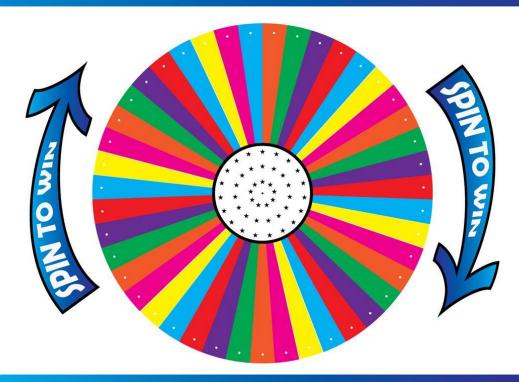
injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

The GAA Concussion Management Guidelines

### **Spin The Wheel**

# SPIN THE WHEEL @ BODEN



EVERY SATURDAY NIGHT @ 11pm 3 PEOPLE TO SPIN EVERY NIGHT

43 Prizes on the WHEEL, Including €1000, €500, €300, €200, €100, €50 42" Smart TV, Vintage Wine Collection Presentation Box, Club Lotto Membership

AND DOZENS OF OTHER PRIZES TO BE WON

(YOU MUST BE PRESENT TO SPIN THE WHEEL)

#### **BODEN GEAR ONLINE**

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html

- ADULT FOOTBALL
- CAMOGIE
- HURLING
- JUVENILE BOYS
- JUVENILE GIRLS
- LADIES FOOTBALL
- LATEST NEWS
- SOCIAL EVENTS

#### **Senior Hurling Manager**

Posted by EamonnTreacy on 28 October, 2020

Senior A Hurling Manager Expressions of interest are invited from club members for the above position. The expression of interest should indicate (1) details of your suitability for the position and (2) names of your proposed management team members. Closing date for receipt of same is Wednesday 4th November 2020 at 16.00. Replies to bodenhurling@gmail.com

#### **Inner City Helping Homeless Appeal**

Posted by Neil Buckingham on 28 October, 2020

Thanks to everyone who donated so far. The response has been excellent. Thanks again." Last chance this week to submit donations. We will be accepting items Thursday 29th from 7pm to 9pm and Friday 30th from 10am to 12am... We have loads of clothes and would welcome even more, but do require donations of Toiletries if you...

The post Inner City Helping Homeless Appeal appeared first on Ballyboden.

#### Ranganna Amhránaíochta le hIseult

Posted by Tony Sweeney on 27 October, 2020

Would you like to revisit some of your favourite songs in Irish? These bilingual on-line singing classes are designed to introduce or reacquaint participants with some of our best loved songs in Irish such as: An Poc ar Buile Óró, 's do Bheatha 'Bhaile Peigín Leitir Móir Gleanntáin Ghlas' Ghaoth Dobhair Amhráin na Nollag Téarma...

The post **Ranganna Amhránaíochta le hIseult** appeared first on **Ballyboden**.