



Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## CLUB LOTTO – Results for 26th November - Jackpot now €10,000

Thursday November 26th

Jackpot prize €9,500.

The winning numbers drawn were

05 15 18 24

There was no winner of the €9,500 Jackpot.

There were 2 winners of the Match First 3 numbers who each win €150.

Peter Healy, Dargle Wood, Knocklyon

James & Lucia Enright, Dangan Avenue, Knocklyon

**Next weeks draw will take place on Thursday December 3rd- €10,000 Jackpot**

You can support Club Facilities Development and enter the next Club Lotto draw at the link below:

[https://play.clubforce.com/play\\_newa.asp?ll\\_id=133&PC=0&RP=#Anchor](https://play.clubforce.com/play_newa.asp?ll_id=133&PC=0&RP=#Anchor)

You can take out an annual Club Lotto subscription [here](#).

If you have any queries about the club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

## **Club History Book ...**

Some copies of the Club History are still available. The book can be purchased on Saturday next (December 5) between 10 AM and 12 Noon in the Clubhouse. The distribution of the remaining pre-paid and pre-ordered books will also take place next Saturday 10 AM and 12 Noon

## **Christmas Trees**



## *Ballyboden St Enda's* Christmas trees for sale

Saturday 5<sup>th</sup> December 10am - 4pm  
Saturday 12<sup>th</sup> December 10am - 4pm

**Venue Clubhouse**

*Ballyboden St Enda's  
are happy to be associated with  
Saplings school for children with autism  
and complex needs Rathfarnham and will  
make a donation of € 10 per tree sold.*



## **CLUB SHOP OPENING HOURS FOR DECEMBER**



The Club Shop is reopening with extended opening hours in December:

Thursday 3rd, 10th, 17th

19:00 – 21:00

Saturday 5th, 12th, 19th

09:00 – 17:00

You can stock up on all your gear and get some great Christmas gifts!

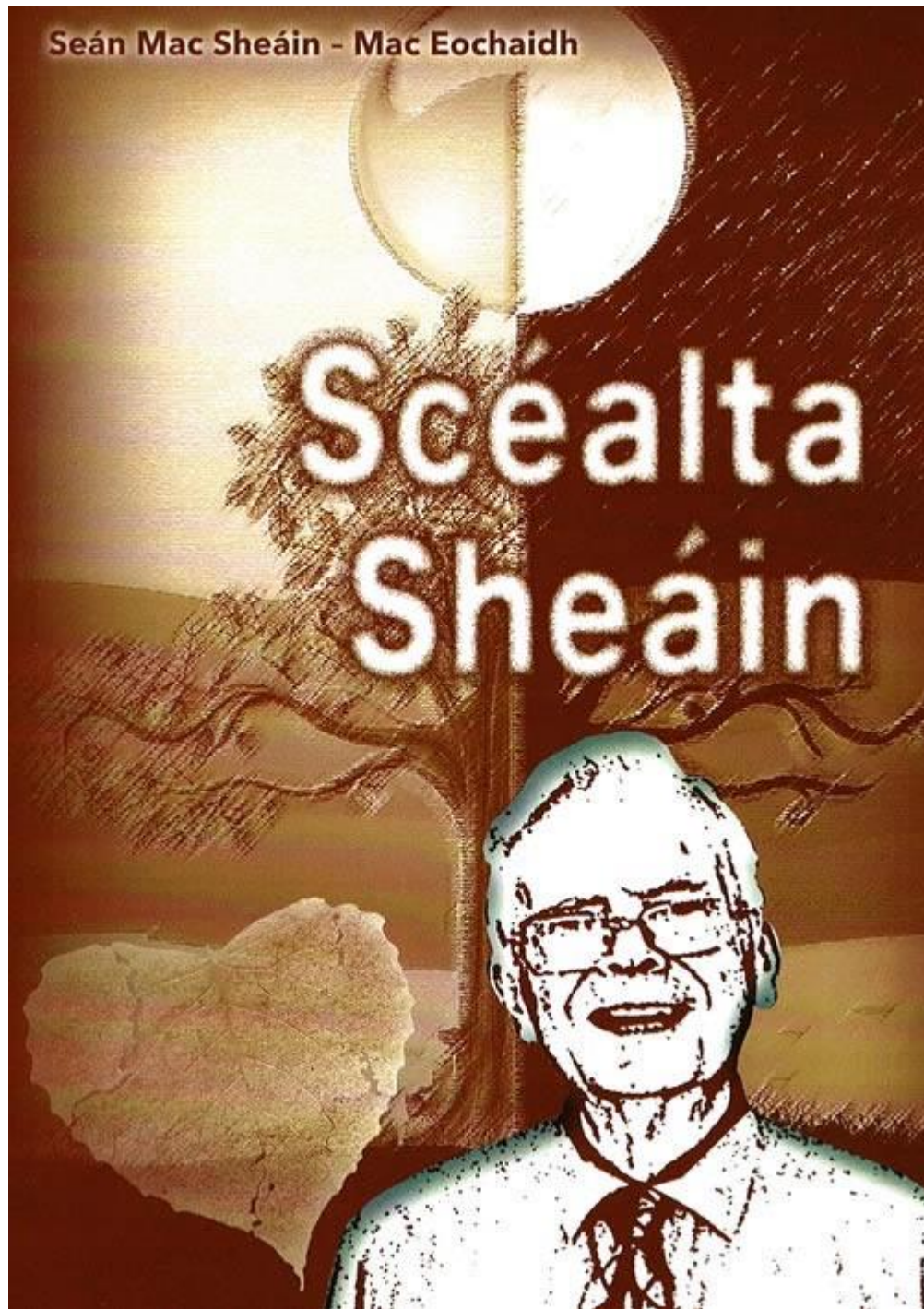
### **Camoige News ....**



Congratulations to Darina Ryan ( Senior A Camogie player) and Elizabeth Mathews on the birth of their beautiful baby boy, Eoghan in August of this year.  
New Senior A Camogie mascot for 2021!

**Baile Buadáin le Gaeilge 2020 - Tá an áit dúinn uilig ann**





Bronntanas Nollag: Teachtareacht ó Joe Johnston

A Chairde,

Tá leabhar nua-scríofa ag fearchéile mo deirfiúr - Seán Mac Seáin- Mac Eochaidh

cnuasacht gearrscéalta, atá an-suimiúil agus an-soléite - dóibh siúd atá ag iarraidh feabhas a cur ar an nGaeilge atá acu cheana féin - muintir an Ciorcal Comhrá srl

Má theastaíonn cóip den leabhar uait, cuir glaoch ar an Siopa Leabhar i Rath Fearnáin.

01 4934733 nó bain úsáid as an linc seo don Siopa Leabhair i Sráid Fhearcair agus seolfaidh siad

cóip amach chugat

- <https://www.siopaleabhar.com/en/?a=sc%C3%A9alta+She%C3%A1in>

Bheadh an leabhar an-oiriúnach mar bhronntanas Nollag !

Joe Johnston 087 9828769

An t-eagrán is deireanaí de 'Cuaille' ar fáil anois!

Le Jamie Ó Tuama

Tá Cú agus Cuaille ar ais! Sa tríú heagrán seo d'iris ar líne Ghaeilge Chumann Lúthchleas tá na míreanna 'Ár gCluichí, Ár Laochra', 'Do Chlub, Do Chontae', Podchraoladh, Laochra Liatroma 1994, Crosfhocal, Cuardach Focal, 10 gCeist CLG Ort, na Contaetha agus go leor leor eile le fáil inti. Tá Cuaille feiliúnach dóibh siúd ar bheagán Gaeilge agus dóibh siúd a bhfuil Gaeilge líofa acu araon. Chomh maith leis sin, tá ailt ann atá feiliúnach do lucht bunscoile agus do lucht meánscoile. Is féidir Cuaille a íoslódáil ANSEO.

## **Na Cluichí sna Meáin**

## **Na Déisigh i gCluiche Ceannais na hÉireann**

Tá áit bainte amach ag Port Láirge i gcluiche ceannais iomána na hÉireann tar éis dóibh teacht aniar dochreidte a dhéanamh i gcoinne Chill Chainnigh i bPáirc an Chrócaigh. Tuairisc anseo ó Pháirc Ó Ciardha

<https://tuairisc.ie/tuairisc-o-phairc-an-chrocaigh-na-cait-cloite-agus-port-lairge-cailithe-don-chluiche-ceannais/>

## **Seoladh Aip nua Fondúireacht Sheosaimh Mhic Dhonncha**

<https://www.facebook.com/glornangael/videos/377487600134646/>

## **Ranganna Amhránaíochta BBNÉ**

Tá ag éirí go hana mhaith leis na ranganna amhránaíochta tráthnóna Dé Máirt le hIseult Ring. Mná na hÉireann á chasadh againn an tseachtain seo caite agus beimid ag dul ó thuaidh an tseachtain seo.

## **Frásaí le cloisteáil ar TG4**

Níl mórán idir na foirne ....There's little between the teams

## **An Foghlaimeoir Fásta**

Crosfhocal d'Fhoghlaimeoirí

<https://tuairisc.ie/crosfhocal-dfhoghlaimeoiri-12/>

## **Ranganna Vifax**

Ar an Déardaoin i rith an téarma scoile cuirtear in airde anseo giotáí físe as Nuacht TG4 in éineacht le cleachtaí Gaeilge bunaithe ar na scéalta nuachta sin. Tá súil againn go mbainfidh sibh sult agus tairbhe astu! SAOR IN AISCE

<http://vifax.maynoothuniversity.ie/>

## **Club Fundraiser**



# **BALLYBODEN ST ENDAS** — **CLUB FUNDRAISER**

We are running a fundraiser that will see **the club get 5 euro on each book sale** we make on the acclaimed 'Be the Best You can Be in Sport' by Paul Kilgannon.

The book is a guide for the young sportsperson, but is of interest to coaches and sports fans alike. It contains input from over 50 of Ireland's leading coaches, sport stars, coaching academics, and sports science professionals. See the promotional video attached.

**This is the perfect Christmas present** for any young sportsperson, coach or indeed anyone who has an interest in sport. It is full of practical information, insights, stories and inspiration.

**The book is illustrated by our own club man David Sweeney.**

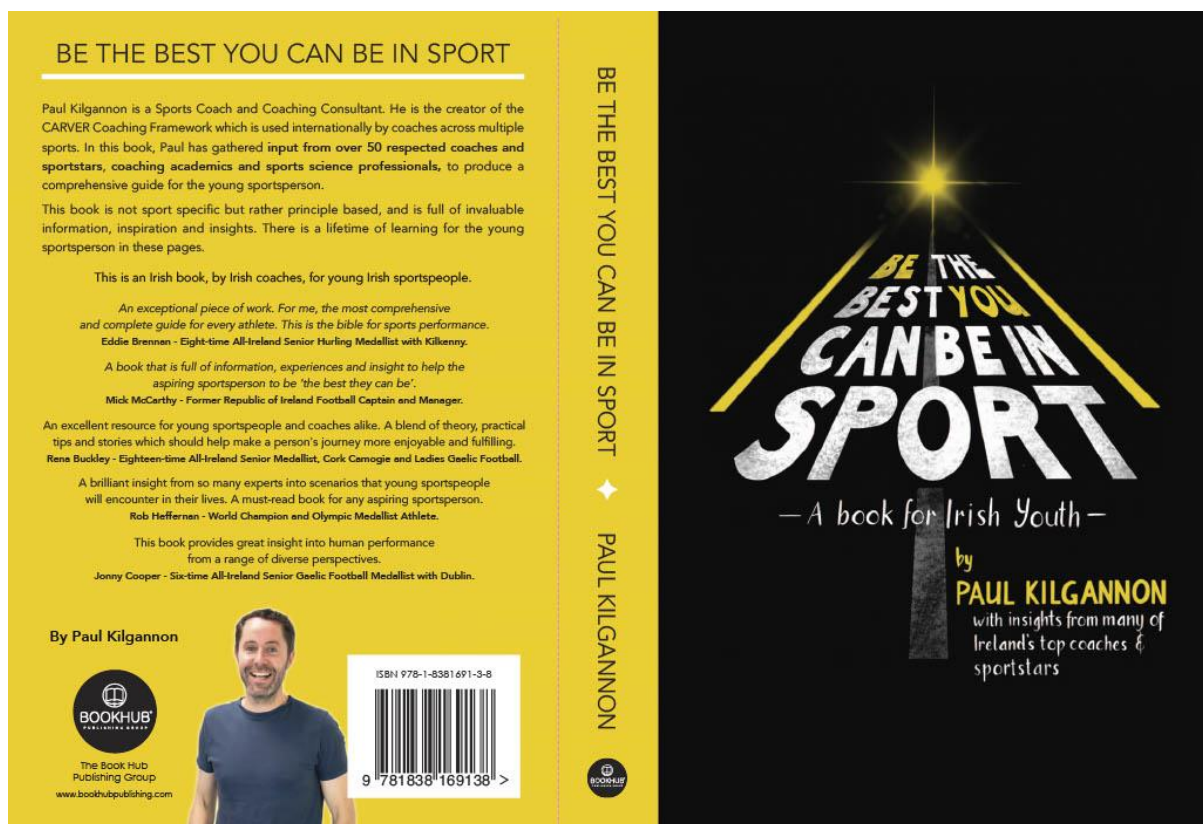
- The more books we sell the more money we make for the club.
- The more our members read it, the more we will all learn and improve.
- It's a win-win for our club.

## **HOW IT WORKS**

- 1. TEXT YOUR NAME AND QUANTITY OF BOOKS TO **TOM O'DONOGHUE AT 087 783 9898** BY THE **8TH OF DECEMBER.****
- 2. YOU WILL GET A TEXT WHEN THE BOOK IS READY FOR COLLECTION.**
- 3. PAY ON COLLECTION.**
- 4. WE ASK THAT ALL MEMBERS HONOUR THEIR COMMITMENT TO PURCHASE.**



## Be the Best You Can Be in Sport



## The Annual General Meeting of Ballyboden St. Enda's Ladies section

# **The Annual General Meeting of Ballyboden St. Enda's Ladies section will be held on Tuesday, 15th December, 2020 at 7.30pm.**



The Annual General Meeting of Ballyboden St. Enda's Ladies section will be held on Tuesday, 15th December, 2020 at 7.30pm.

In light of the ongoing Covid-19 restrictions, the AGM is to be staged virtually which allows us to now proceed with an online format. A link will be available nearer to the date. All are welcome to attend.

## **Sign up for a virtual tour of Ballyboden with the Boden Sessions**

On our monthly Monday online sessions we've had music to beat the band !  
Top class comedy recordings from Declan and Eddie, drama par excellence from the Boden Players - and now for something entirely different - Seamie O'Neill has kindly



agreed to bring us on a virtual tour of the Firhouse, Knocklyon area – pointing out all the places of interest so that on your next REAL walk - you will know so much more about all of these local important features.

If you would like to join us on Monday the 30th November at 8 p.m. – please let me know ( some of your friends might like to join in too so send me their emails ) and we will be zooming along - listening to Seamie. He will answer questions at various points along the way ( sure we'll need to stop for a breather from time to time !! )

Joe Johnston

Please let me know a.s.a.p - as to your availability on Monday 30th – to make it interesting for all - we need approx 20 people ' live ' on screen ready to zoom - so please sign up now for this different type of -

Seisiúin. 25joejohnston@gmail.com

Seamie will send all of us

who have ' signed up ' a link to our emails on or before

## GAA October 2020 Newsletter



Please find attached, the latest edition of the GAA Club Newsletter for members.

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

The newsletter includes that picture of Conal and John Small and in an article on the science behind the move to the yellow sliotar it references (near the end) that sports vision testing was undertaken on a BBSE team.

Also includes the hurling/camogie training resource, details of an online webinar series on Bloody Sunday and finally GAA's updated provisions in relation to AGMs.

Among the other items included in this edition:

Details on the debate around the proposed 'split season'

Advice for clubs to have their property 'winter ready'

Preparing to mark the centenary of Croke Park's Bloody Sunday

A new skills & drills juvenile hurling video proving popular  
Club officer training and resources  
And more...

<https://www.gaa.ie/news-archive/news/read-the-latest-club-newsletter-october-2020/>

## **Covid Practice - Update**

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

## **AIG SKILLS COMPETITION**





Ladies, record your skills and be in with a chance to win €1,000!

See details on the links below. Best of luck

<https://www.aig.ie/Skills>

Some previous entries:

– Instagram page: <https://www.instagram.com/aig.ireland>

– Facebook Page: <https://www.facebook.com/AIGIreland/>

– Twitter: <https://twitter.com/aigireland>

## Dealing with Positive Symptomatology

### Summary of Changes

From June 29th, contact training permitted for Gaelic Games

Interim Guidance on dealing with positive symptomatology issued – [Dealing with Positive Symptomatology](#)

### Facilities permitted to open from June 29th

Astro turf facilities – for club members

Hurling ball walls

Walkways – all control measures, bar the need to adhere to social distancing, removed

Outdoor Handball Alleys

Officer Training/Meetings (Subject the guidelines prepared by the National Health and Safety Committee – [Guidance on holding Indoor Meetings](#))

The following are allowed to open from June 29th providing Government Regulations for the relevant sector is followed and all required third party insurances and assurances are in place

Bars Serving Food

Businesses operated by third parties using GAA premises under licence or lease

(Exception: Gyms)

Astro Turf Facilities – recreational use by non-GAA members

Playgrounds

It is hoped that the following may be allowed open for Phase 4 (from July 20th) – however, the GAA will confirm the position on each of these in the lead in to Phase 4:

Club/County Gyms

Dressing Rooms (subject to advice on Close v Casual Contacts)

Indoor Handball Alleys, subject to guidance laid down in Handball Return to Play

Document

Use of facilities by community groups / recreational users

Bars not serving food

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>
- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>
- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>
- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>
- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the @GAALearning twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '@GAALearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter @GAALearning

### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is

to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page @GAALearning

## **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

## **Ballyboden St Enda's Players & Management- Social distancing..**



Important message on social distancing courtesy of BBSE players and management

#IAMSOCIALDISTANCING

<https://youtu.be/xVdfFVZ6dIc>

## Ballyboden St. Enda's Player's Assistance



## BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email [pro@ballyboden.ie](mailto:pro@ballyboden.ie) or contact Ronan at 086 1250752.

#bodengaa

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

▣ Prepare

▶ Perform

✚ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**



# SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM**  
**3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including**  
**€1000, €500, €300, €200, €100, €50**  
**42" Smart TV, Vintage Wine Collection**  
**Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON**  
**(YOU MUST BE PRESENT TO SPIN THE WHEEL)**

## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## Lotto Jackpot is €10,000 !!!!

Posted by ballyboden on 1 December, 2020

This weeks Club Lotto draw will take place on Thursday December 3rd-The Jackpot is 10,000 The results of the Club Lotto weekly draw for last week are as follows: Thursday November 26th Jackpot prize €9,500. The winning numbers drawn were 05 15 18 24 There was no winner of the €9,500 Jackpot. There were 2...



The post **Lotto Jackpot is €10,000 !!!!** appeared first on **Ballyboden**.

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## Christmas Trees in Boden this Saturday

Posted by EamonnTreacy on 1 December, 2020

We can deliver to your home. You can also order by phoning John on 087 2203585

The post **Christmas Trees in Boden this Saturday** appeared first on **Ballyboden**.

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## Club Shop opening hours for December

Posted by Susan McManus on 30 November, 2020

The Club Shop is reopening with extended opening hours in December: Thursday 3rd, 10th, 17th 19:00 – 21:00 Saturday 5th, 12th, 19th 09:00 – 17:00 You can stock up on all your gear and get some great Christmas gifts!

The post **Club Shop opening hours for December** appeared first on **Ballyboden**.

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## Join the Club Lotto!

Posted by Susan McManus on 25 November, 2020

Hear about the importance of the Club Lotto to the development activities in the club and join the Lotto NOW! You will be in with a chance to win every week and this week's Jackpot is worth €8,500! Sign up here! [ballyboden.ie/members/lotto/](https://ballyboden.ie/members/lotto/)

The post **Join the Club Lotto!** appeared first on **Ballyboden**.

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## Ladies Football Section AGM

Posted by Cliona Mellett on 24 November, 2020

The Annual General Meeting of Ballyboden St Enda's Ladies Football section will be held on Tuesday 15th December 2020 at 7.30pm. In light of the ongoing Covid-19 restrictions,

the AGM will be staged virtually which allows us to proceed on an online platform. A link will be available nearer the date. Motions for consideration at...

The post **Ladies Football Section AGM** appeared first on **Ballyboden**.

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