









# **Club Lotto Results, Thursday 20th May 2021**



The Winning numbers in Thursday's Club Lotto were 07 09 12 15

Nior bhuaigh einne an Pota Oir!! - €3,000

There were 4 winners of the Match First 3 numbers, who each receive €75.

- George King, Rathfarnham
- Niall Kilduff, Firhouse
- Caroline McNamara O'Kelly, Firhouse
- Donal Monahan, Knocklyon

Next week's draw takes place on Thursday 27th May. The Jackpot will be €3,500.

Join the Lotto today by signing up <u>here</u> or to play on a weekly basis <u>see here</u>.

Our Club Lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities. Please support if you are in a position to do so.

If you have any queries about the Club Lotto, please email <a href="lotto@ballyboden.ie">lotto@ballyboden.ie</a>

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

#### **BALLYBODEN ST ENDAS GAA MEMBERSHIP 2021**



Reminder: Now that all juveniles are back training and with adults due back next week we would like to remind members that if they have not done so already to please ensure annual club membership for 2021 is paid.

Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support. If anyone didn't receive an email or is having difficulty renewing online, please email our club registrar, Gerry at registrar@ballyboden.ie

# Join the Lidl One Good Club™ celebrations in a special Facebook Live event this Thursday evening



THE Ladies Gaelic Football Association, Lidl Ireland and Jigsaw, the National Centre for Youth Mental Health, are delighted to announce details of a special Facebook Live event to celebrate the achievements of the 25 clubs, including **Ballyboden St Enda's**, who recently participated in the Lidl One Good Club<sup>TM</sup> Mental Health and Wellbeing programme.

This special show, hosted by Marty Morrissey, will be broadcast LIVE on the LGFA's Facebook Page at 8pm tomorrow, Thursday, May 27th. For more information, see here.

And to join in on the night, click here

#### **Well done to our U16B Ladies**



Well done to our U16B ladies on raising €2,160 for Laura Lynn hospice earlier this year. Over 8 million steps were walked by the girls and their parents for this great charity.

A big thanks to Senior Footballer Aoife Gogan for setting the challenge up and keeping the girls active and motivated.

#### Baile Buadáin le Gaeilge 2021



#### Meitheal Oibre na Gaeilge 2021

Tá ana chuid pleananna ag Meitheal Oibre na Gaeilge don bhliain atá romhainn.

Más mian leat páirt a ghlacadh, téigh i dteaghmháil le ball den choiste: Séamie Ó Néill; Laura Burns; Séan O'Connor; Daire Mac Pháidín; Tony Sweeney; Tom Mullaney; Marcella Uí Fhaircheallaigh; Seamas Ó Flatharta; Máirin Ó Colmáin; Seán Bonar; Sarah Jane Woods; Ciara Uí hÉilí; Micheál Manning; Sorcha Ní Chinnéide; Sinéad Sweeney

#### Seisiún Mhí Bealtaine: 31 Bealtaine

Más mian leat freastal ar Sheisiún Mhí Bealtaine, cuir scéal chuig Joe Johnston 25joejohnston@gmail.com

#### Cumann Caide na Gaeltachta

Tá obair na gcapall déanta ag Liam Ó Rócháin le hógánaigh Chumann Caide na Gaeltachta i gcaitheamh na mblianta. Tá rian a chuid oibre le feiscint go fóill agus mairfidh an méid a bhain sé amach leis an gcumann i gcuimhne mhuintir na Gaeltachta go deo. Caitheann Liam a shaol de réir manna an chumainn 'Sprid, Croí, Caid agus Teanga.' Seo linn ar bhóithrín na smaointe leis.

https://molsceal.ie/nua/alt/?CID=6253092444001

#### An Siopa Leabhar

Dea-scéal faighte againn go bhfuil an Siopa Leabhar 6 Sráid Fhearcair ar oscailt arís. Siopa lán le leabhair Ghaeilge agus áiseanna Gaeilge de gach aon sórt.

Tá an siopa ar Shráid Fhearcair oscailte trí lá sa tseachtain:

12.00 - 16.00 Dé Máirt

12.00 - 16.00 Déardaoin

12.00 - 16.00 Dé Sathairn

#### Club Chonradh na Gaeilge 6 Sráid Fhearcair

Bíonn Club Chonradh na Gaeilge ar oscailt Dé Sathairn agus Dé Domhnaigh na laethanta seo.

Deochanna Beir Leat ar fáil: (.i. ceannaíonn tú ag an doras iad agus beireann tú leat do bhealach féin iad) an deireadh seachtaine seo!

#### Cúpla Focal

Cogar - listen

N'fheadar – I wonder

Is Cuma – It doesn't matter

Sár obair – Great work

Déan deifir – Hurry up

Ná bí déanach – Don't be late

## **Club shop - Opening Times**

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

#### THE BODEN BEAT - EPISODE 2 - PAUL RYAN



On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, **Paul Ryan** about all things hurling. Available on <u>Soundcloud Here</u>

It should also be available on all your usual podcast providers. You'll find it on **Spotify** here and **Apple Podcasts here** 

# Exercise is Medicine programme comes to an end

We had a brilliant 12 weeks in our 'Exercise is Medicine' class. We are now finished for the Summer but the class is coming back in the Autumn again and it will be totally free for our members in Boden. For anyone who wants to watch back on any of the classes they can do so at <a href="https://www.sparc.ie/over-65-exercise">https://www.sparc.ie/over-65-exercise</a>



Mas mian leat bualadh isteach, cuir fead ar Seán ar 087 9086100 agus seolfaidh sé eochair an tí chugat!

Fáilte roimh chách!

# Club History Book, limited reprint ...

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

## Appeal for new Referees at Adult and Minor levels.

Dublin GAA Appeal for new Referees at Adult and Minor levels

Please see message below from the County Board seeking new referees. Anyone interested in signing up for the referee course should forward their details to secretary. ballybodenstendas.dublin@gaa.ie before Friday 12th March.

As you are aware, in anticipation of the lifting of current Covid restrictions, CCC is preparing for the season ahead. This year (2021) we have received a significant increase in the number of teams entered in our competitions across both codes at Adult and Minor levels with a significant number of clubs entering more teams than any previous year.

With the increase in teams, combined with withdrawals due to Covid fears, age, etc. comes an additional requirement for new referees. We are already operating with insufficient referees and this increase in teams will put even more pressure on CCC being able to appoint referees for all games.

Without an increase in referee numbers CCC will be unable to guarantee referees for all games in the coming season.

CCC plan to run a Foundation (Beginners) Course as soon as Public Health advice allows.

# **Support Local Business: Black Amber**



Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year.

Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines.

Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on <a href="mailto:info@blackamber.ie">info@blackamber.ie</a> and one of our team will be more than happy to contact you.

https://blackamber.ie/

# **Support Local Business: Renault Belgard**



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the <u>Belgard Road</u>, <u>Tallaght</u>, <u>Dublin 24</u>.

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

#### Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans
  and associated products and services at the best prices and backed with sound advice based
  on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at rrg.ie
- C-it Now video service assistance

#### **Support Local Business: Adventure Marine**



Alex Murphy a Ballyboden member, has set-up e-commerce website www.adventure-marine.com

Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

# **Support Local Business: Kate Campbell, Strictly Sugarcraft**



Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store <u>www.sugarcraft.ie</u> came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on Facebook and Instagram for the latest product information.

www.Sugarcraft.ie

# **Support local business: Courtville - Matthew Weldon Jewellery**



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

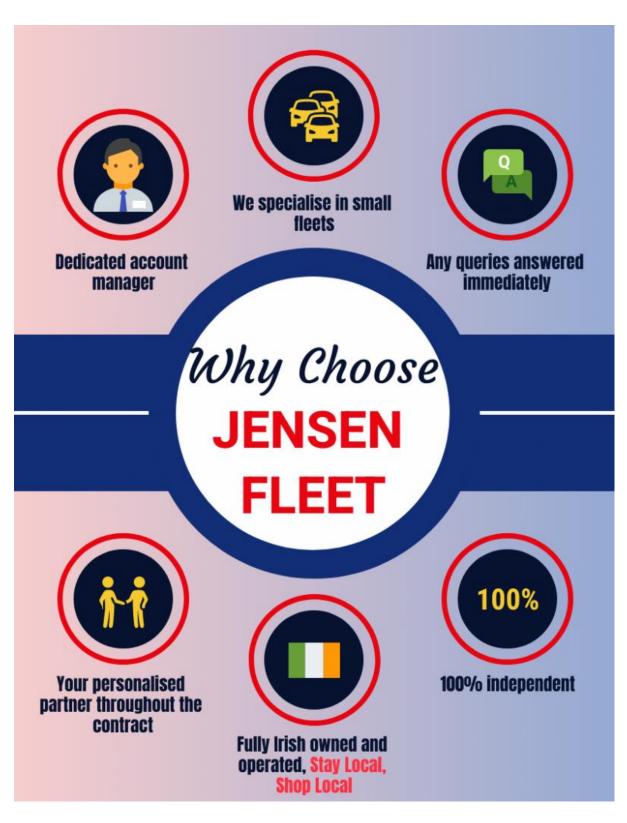
#### The services we offer are:

- Antique and vintage jewellery,
- Engagement rings,
- Bespoke jewellery,
- Irish silver,
- Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

# **Support local business: Jensen Fleet Solutions**



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business. Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.

We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell

Think of Jensen for all your motoring needs.

#### **GAA May 2021 Newsletter**



Here is the latest edition of the GAA Club Newsletter for members.

https://www.gaa.ie/news/read-the-latest-club-newsletter-may-2021/

This month's edition includes the following.

- GAA commence work on a new Strategic Plan
- Former Wicklow footballer, Don Jackman, thankful for life-saving defibrillator
- Kellogg's Cúl Camps return for Summer 2021
- Maurice Shanahan shows how sharing your problems is empowering
- Blarney GAA want you to be kind to your mind

Correspondence can be sent to <a href="mailto:clubnewsletter@gaa.ie">clubnewsletter@gaa.ie</a>

# **Covid Practice - Update**

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

#### **GAA Learning Website**

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

- -Coaching Webinars Live and recorded webinars with leaders in Coaching and Coach Education
- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <a href="https://learning.gaa.ie/planner/">https://learning.gaa.ie/planner/</a>
- Games Development Conference Videos and Presentations from 2014 to 2020 https://learning.gaa.ie/GamesConference2020
- 'GAA 15' Injury Prevention Programme <a href="https://learning.gaa.ie/gaa15">https://learning.gaa.ie/gaa15</a>
- Céim ar Aghaidh Resources for Primary School https://learning.gaa.ie/ceim
- The Skills of Hurling <a href="https://learning.gaa.ie/hurlingskills">https://learning.gaa.ie/hurlingskills</a>
- The Skills of Football https://learning.gaa.ie/footballskills
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

#### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the <a href="mailto:@GAAlearning">@GAAlearning</a> twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to <a href="mailto:gamesdevelopment@gaa.ie">gamesdevelopment@gaa.ie</a> or on social media using #GAAPrimary.

https://youtu.be/5lOTk69ctQc

#### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '@GAAlearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter <a href="mailto:@GAALearning">@GAALearning</a>

#### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email <a href="mailto:gamesdevelopment@gaa.ie">gamesdevelopment@gaa.ie</a>

https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\_zq1V2frnb-FJnS9jn6gmgFNUNlFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u

https://www.youtube.com/watch?v=2Az-95HFEa8

For more information on any of these resources, please visit our website 'https://learning.gaa.ie/' or twitter page @GAALearning

# **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

https://www.youtube.com/watch?v=TnJb9x-rgvg

## **Ballyboden St. Enda's Player's Assistance**

# BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our dub members to check in on elderly neighbours and vulnerable people in our community, and especially older dub members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email pro@ballyboden.ie or contact Ronan at 086 1250752.

#bodengaa

#### **WHATS APP / COMMUNICATIONS**

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

#### No Club social media platform should be used to post or share material which is:

violent, sexually explicit, obscene, hateful, or defamatory.

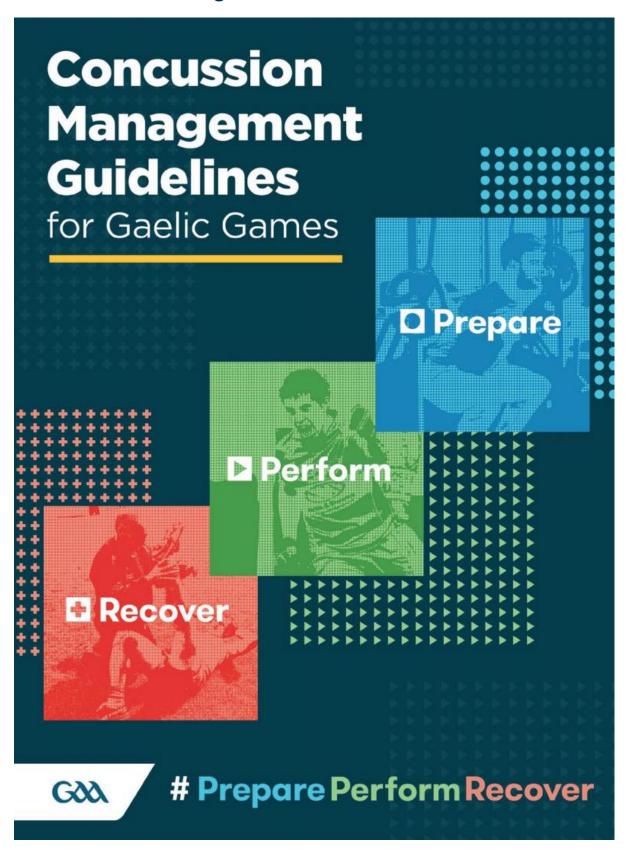
suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

# **Concussion Management**



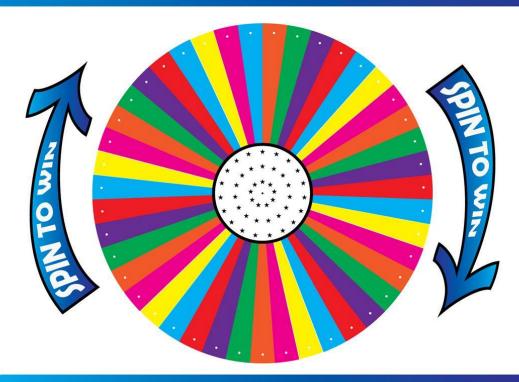
Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

The GAA Concussion Management Guidelines

# **Spin The Wheel**

# SPIN THE WHEEL @ BODEN



EVERY SATURDAY NIGHT @ 11pm 3 PEOPLE TO SPIN EVERY NIGHT

43 Prizes on the WHEEL, Including €1000, €500, €300, €200, €100, €50 42" Smart TV, Vintage Wine Collection Presentation Box, Club Lotto Membership

AND DOZENS OF OTHER PRIZES TO BE WON

(YOU MUST BE PRESENT TO SPIN THE WHEEL)

#### **BODEN GEAR ONLINE**

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html

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#### Club Lotto Results Thursday 20/05/2021

Posted by ballyboden on 23 May, 2021

The Winning numbers in Thursday's Club Lotto were 07 09 12 15 Nior bhuaigh einne an Pota Oir!! − €3,000 There were 4 winners of the Match First 3 numbers, who each receive €75. George King, Rathfarnham. Niall Kilduff, Firhouse. Caroline McNamara O'Kelly, Firhouse. Donal Monahan, Knocklyon. Next week's draw takes place on Thursday 27th...

#### Bereavement - Sheila Byrne

Posted by Alan Kinsella on 20 May, 2021

Ballyboden club members and Executive would like to express our sincere sympathy to hurling mentor John Byrne on the sad loss of his mother, Sheila. Our condolences also go to John's wife Maretta and to club players Cillian and Oisín on the loss of their grandmother . Suaimhneas síoraí dá hanam.

The post **Bereavement – Sheila Byrne** appeared first on **Ballyboden**.

#### Ballyboden St Endas GAA Membership 2021 is Now Due

Posted by Cliona Mellett on 14 May, 2021

With our Juvenile and Minor Sections already back training, and our Adult teams set to return next Monday, this is a gentle reminder that the Annual Club Membership for 2021 is now due. Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support....

The post **Ballyboden St Endas GAA Membership 2021 is Now Due** appeared first on **Ballyboden**.

#### The Boden Beat - Episode 2 - Paul Ryan

Posted by Susan McManus on 1 May, 2021

On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, Paul Ryan about all things hurling. It should also be available on all your usual podcast providers. You'll find it on Spotify here and Apple Podcasts here

The post **The Boden Beat – Episode 2 – Paul Ryan** appeared first on **Ballyboden**.