



Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## Club Lotto Results, Thursday 13th May 2021



The Winning numbers in Thursday's Club Lotto were **19 06 14 23**

Nior bhuaigh einne an Pota Oir!! - €2,500

There were 2 winners of the Match First 3 numbers, who each receive €50.

Jimmy Walsh, Boden Park.

Martin O'Donnell, Tymonville Court.

Next week's draw takes place on Thursday 20th May. The Jackpot will be €3,000.

Join the Lotto today by signing up [here](#) or to play on a weekly basis [see here](#).

Our Club Lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities. Please support if you are in a position to do so.

If you have any queries about the Club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

## BALLYBODEN ST ENDAS GAA MEMBERSHIP 2021



**Reminder: Now that all juveniles are back training and with adults due back next week we would like to remind members that if they have not done so already to please ensure annual club membership for 2021 is paid.**

Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support. If anyone didn't receive an email or is having difficulty renewing online, please email our club registrar, Gerry at [registrar@ballyboden.ie](mailto:registrar@ballyboden.ie)

## Club shop reopens

The club shop will reopen on Thursday, May 20, from 7 p.m. until 9 p.m. and will open again on Saturday, May 22, from 10 a.m. until 1 p.m. The shop will open on every Thursday and Saturday thereafter.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

## Adult Players Return to Play





Our adult teams were delighted to return to training last week after some easing of the Covid-19 restrictions.

From Monday May 10th, both adult and underage training is permitted on a full contact basis in pods of 15 for all Gaelic Games teams. Games (including challenge games) will not however be permitted until June 7th.

Our Senior A ladies, pictured below, were glad to get back to training ways and look forward to returning to competitive action in the next month.

## THE BODEN BEAT – EPISODE 2 – PAUL RYAN



On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, **Paul Ryan** about all things hurling. Available on [Soundcloud Here](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

## Senior Ladies Visit to U12 Girls Football Training



Two of our star Senior Ladies football and camogie players, Aoife Durkin and Aisling Gargan, paid a special visit to the U12 Girls football training session at the Hermitage on Sunday morning. Having already coached these dedicated girls at the Academy level many years ago, Aoife and Aisling provided encouragement, words of inspiration and training tips before joining in with the drills and practice matches. A huge thank you to Aoife and Aisling for giving their time and being such positive role models for the U12 girls squad. Mná Buadáin Abú. Photos by Suzanne Gormley

## Ballyboden St Enda's is One Good Club





n the past week as part of our final step Give, we were delighted when Mick Bohan gave of his time and took the training session for our U11 girls in the Hermitage. It also served to highlight the Give aspect of our club volunteers and of all volunteers throughout the entire Gaa community.

Bowled over by the success of our Clothes and Food Collections in the first week of Give, we decided to hold one more day which we did last Saturday and it is true the say that the bags of used clothes are literally out the door of the club hall such was the repeated response from club and community members to our appeal.

It was a similar story on the Food collection front much to the delight of the Ballycullen Food Bank who needed 2 car trips to collect all the items donated

Many thanks to all who gave so generously.

Our U10 Camogie Art Competition joint winners Lucy and Niamh were delighted when Senior Camogie players Hannah Hyland and Martha O'Donoghue took their group for their training session last Thursday night, the prize for winning the competition.

The same age group also won a training session with Senior Footballers Aoife Dwyer and Natalia Hyland when Katie won the Football Art Competition and it is expected that that training session will take place next Thursday evening.

For photos, see [here](#)

And so Ballyboden St Enda's One Good Club journey has come to an end.

It started off as one application in over 900 and it was a privilege to have been selected as one of 25 Gaa clubs nationwide to deliver this 5-step Youth Mental Health Awareness programme.

Over the last 10 weeks, we completed a wide range of activities across the 5 themes, Connect, Be Active, Take Notice, Keep Learning and Give.

To all in our club community who wrote, baked, walked, sang, labhairt Gaeilge, got involved in any way along the way, thank you so much. We will be forever grateful for your participation, support and encouragement.

Well done to the One Good Club Committee on delivering a diverse and engaging programme in those long weeks when collective Gaa training wasn't allowed. Led by Deborah Heavey, the all women committee enjoyed working together and rose to the challenge of delivering such a programme amid Covid restrictions. We are fortunate within the club to have such active social media accounts which helped greatly in getting the message out.

The ladies are looking forward to a virtual event, the One Good Show, due to be held the end of this month when all 25 clubs will get together for a celebratory evening online.

One Good Club committee: Deborah Heavey, Cliona Mellett, Aoife Dwyer, Clare Hannigan, Hannah Hyland, Jenni O'Connell agus Trisha Walsh

Lidl One Good Club™, in association with the LGFA and Jigsaw, is a new initiative offering selected clubs the opportunity to support all members to engage in activities that can promote better mental health and well-being.









## Snap, Tag and Enter to give us a chance to Win €5,000 worth of Sports Gear for our Club

**SUPPORT LOCAL  
WIN €5000**

Share an image on Instagram as a Post or a Story actively supporting a Local Business

- Follow GagaMuller Group at @iamgagamuller
- Include the hashtag #gagamullergrassroots
- @ your Local Business (if unavailable use #)
- @ your local GAA Club (if unavailable use #)
- @ GagaMuller Group using @iamgagamuller

All entries will be put into a draw for €5000 worth of sponsored sports gear

The more you post, the more chances your club has to win!

The competition will end on 21/05/2021 (5pm GMT)  
For more information visit our website at [www.gagamuller.com/support-local](http://www.gagamuller.com/support-local)

**HERE'S WHAT TO DO**

- 1 Share an image on Instagram as a Post or a Story actively supporting a Local Business
- 2 Follow us at @iamgagamuller Include the hashtag #gagamullergrassroots #GAGAMULLERGRASSROOTS
- 3 Tag your Local Business @LOCALBUSINESS
- 4 Tag your local GAA Club @BODENCAA
- 5 Tag GagaMuller Group using @iamgagamuller @IAMGAGAMULLER

**Rewards**

All entries will be put into a draw. The more you post, the more chances your club has to win!

The prize is €5,000 to go towards sponsored sports gear to the winning club.

**ENDS NEXT FRIDAY**

There is still time to submit entries to this novel Instagram competition. The GagaMuller group are offering €5,000 worth of sports gear to the winning GAA club.

Thank you to the members have been busy Snapping,

Tagging and submitting entries on our behalf. All entries are put into a draw so the more we post, the greater our chances are of winning.

All you have to do is share an image on Instagram, (either as a Post or a Story) engaging with a local business. The Competition ends this Friday, May 21st 2021.

Through this initiative, GagaMuller are hoping to support SMEs and local businesses as well as a GAA club (hopefully ours!) in these challenging times.

What do you need to do?

When you are supporting and shopping local

-Follow **iamgagamuller** on Instagram

-**Share an image on Instagram** as a Post or Story of you actively supporting a local business

-Include the hashtag **#gagamullergrassroots**

-**Tag your local business** ( if unavailable use #)

-Tag **@bodengaa**

-Tag **@iamgagamuller**

For more information, see [here](#)

## Exercise is Medicine programme comes to an end

We had a brilliant 12 weeks in our 'Exercise is Medicine' class. We are now finished for the Summer but the class is coming back in the Autumn again and it will be totally free for our members in Boden. For anyone who wants to watch back on any of the classes they can do so at <https://www.sparc.ie/over-65-exercise>

## Baile Buadain le Gaeilge 2021

### Lidl One Good Club Tuairisc ó Laura Burns

I Mí an Mhárta chuir an club tús leis an bhfeachtas Lidl One Good Club. Rinne seachtar ban – Deborah Heavey, Cliona Mellett, Aoife Dwyer, Clare Hannigan, Hannah Hyland, Jenni O’Connell agus Trish Walsh – obair den chéad scoth chun an feachtas seo a eagrú.

Bhí cúig chéim i gceist leis an bhfeachtas – Connect, Be Active, Keep Learning, Take Notice agus Give. De bharr srianta Covid-19 úsáidtear na meáin shóisialta chun an feachtas a fhógairt. Ní raibh daoine in ann bualadh le chéile agus mar sin is ar Zoom a eagraíodh na cruinnithe agus na himeachtaí ar fad. Bhain cailíní an chlub an-taitneamh as imeachtaí mar ‘Bake with Hannah’ agus an comórtas ealaíne. Ghlac teaghlaigh páirt i siúlóidí ar Lá Fhéile Pádraig agus cruthaíodh ceangal le tithe altranais áitiúla trí litreacha a sheoladh chuig na háitritheoirí. Bailíodh éadaí chun airgead a bhailiú do roinn na mban agus bailíodh bia i gcomhair bhanc bia Bhaile Uí Chuilinn.

Táimid an-bhródúil as an ról lárnach a bhí ag an nGaeilge mar chuid den chéim ‘Keep Learning’ nó ‘Lean Ort ag Foghlaim.’ Cuireadh frásaí ar scileanna éagsúla le chéile. Rinne na mionúir físeáin agus na frásaí sin á úsáid acu agus á mhúineadh. Is é Kieran Rudden a bhailigh na cailíní isteach chun na físeáin a dhéanamh. [Féach anseo anois](#) Bhí póstaer galánta ar líne agus bhí daoine in ann na frásaí a chleachtadh dóibh féin. [Féach anseo](#)

Ceann de na himeachtaí is corraíthí a eagraíodh ná nuair a tháinig daoine éagsúla ón gclub – idir óg agus aosta – le chéile chun Amhrán na bhFiann a chanadh le chéile. Sheas siad ar Pháirc Uí Mhurchú agus chan siad an t-amhrán náisiúnta go bródúil. Chun é a fheiceáil, [cliceáil anseo](#)

Beidh buaiteoirí an chomórtais á fhógairt go luath agus beidh súil ghéar á choinneáil againn ar na torthaí. Cibé toradh a bheadh ann, tá an club thar a bheith buíoch agus mórálach as an gcoiste agus as na baill ar fad a ghlac páirt san fheachtas iontach seo!



## Na Cluichí sna Meáin

An bhfuil sé in am go ndéanfaí luach aon chúl amháin cothrom leicé cúig chúilín san iomáint?

An scéal go léir thíos

<https://bit.ly/3f5DMt3>

Ciorcal Cainte Zoom



Dé Máirt 25 Bealtaine

Mas mian leat bualadh isteach, cuir fead ar Seán ar 087 9086100 agus seolfaidh sé eochair an tí chugat! Fáilte roimh chách!



# CIORCAL CAINTE

**Zoom ar-líne**

**Dé Máirt**

**25 Bealtaine**

**7 a chlog**

Mas mian leat bualadh isteach, cuir  
fead ar Seán ar 087 9086100 agus  
seolfaidh sé eochair an tí chugat!

**Fáilte roimh chách!**

## Boden's Magnificent Nine play key role in Historic Dublin Win



Last weekend marks the 10th Anniversary of a famous Dublin Hurling victory. On May 1st 2011, Dublin Senior Hurlers played in their first League Final in 65 years. It was a remarkable day when a Dublin team, who had been coming, finally arrived in front of 42,030 fans in a bright and sunny Croke Park. What transpired was a famous League title and the first in 72 years. - [full article here](#)

## Hurling Presentations





The Hurling Section finally got round to "safely" making some presentations this week....[see more](#)

Thanks to Clíona Mellett for all the photos

## MIA RAISES A NEW FLAG FOR BODEN!



Our new flag, celebrating Ballyboden's Ladies Football and Camogie players, was raised outside the club for the very first time last weekend by dual U11 football and camogie player Mia O'Connell....[see more](#)

More pics [here](#)

## Club History Book, limited reprint ...

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

## **Appeal for new Referees at Adult and Minor levels.**

Dublin GAA Appeal for new Referees at Adult and Minor levels

Please see message below from the County Board seeking new referees. Anyone interested in signing up for the referee course should forward their details to secretary [ballybodenstendas.dublin@gaa.ie](mailto:ballybodenstendas.dublin@gaa.ie) before Friday 12th March.

As you are aware, in anticipation of the lifting of current Covid restrictions, CCC is preparing for the season ahead. This year (2021) we have received a significant increase in the number of teams entered in our competitions across both codes at Adult and Minor levels with a significant number of clubs entering more teams than any previous year.

With the increase in teams, combined with withdrawals due to Covid fears, age, etc. comes an additional requirement for new referees. We are already operating with insufficient referees and this increase in teams will put even more pressure on CCC being able to appoint referees for all games.

Without an increase in referee numbers CCC will be unable to guarantee referees for all games in the coming season.

CCC plan to run a Foundation (Beginners) Course as soon as Public Health advice allows.

## **Support Local Business: Black Amber**



Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year.



Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines.

Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on [info@blackamber.ie](mailto:info@blackamber.ie) and one of our team will be more than happy to contact you.

<https://blackamber.ie/>

## Support Local Business: Renault Belgard



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the [Belgard Road, Tallaght, Dublin 24.](#)

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

## Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at [rrg.ie](http://rrg.ie)
- C-it Now video service assistance

## Support Local Business: Adventure Marine



Alex Murphy a Ballyboden member, has set-up e-commerce website [www.adventure-marine.com](http://www.adventure-marine.com)



Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

**Support Local Business: Kate Campbell, Strictly Sugarcraft**



Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store [www.sugarcraft.ie](http://www.sugarcraft.ie) came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on [Facebook](#) and [Instagram](#) for the latest product information.

[www.Sugarcraft.ie](http://www.Sugarcraft.ie)

## Support local business: Courtville - Matthew Weldon Jewellery



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

### **The services we offer are :**

- Antique and vintage jewellery,
- Engagement rings,
- Bespoke jewellery,
- Irish silver,
- Valuations.



We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

**Support local business: Jensen Fleet Solutions**



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.

Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.

We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell

Think of Jensen for all your motoring needs.

## GAA April 2021 Newsletter



Here is the latest edition of the GAA Club Newsletter for members.

<https://www.gaa.ie/stories/read-the-latest-club-newsletter-april-2021/>

This month's edition includes the following.

- Covid-19 update for clubs: Nearly there
- How to avoid injury when returning to play
- GAA launch new series of movement break resources for children
- GAA launch Community Heart Programme
- How regionalisation could grow club hurling

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

## Covid Practice - Update



As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>

- Online Courses and Workshops for Coaches, Players, Referees and Administrators

- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page](#) '[GAALearning](#)'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

## **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

## **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

## **Ballyboden St. Enda's Player's Assistance**



## BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email [pro@ballyboden.ie](mailto:pro@ballyboden.ie) or contact Ronan at 086 1250752.

#bodengaa

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

▣ Prepare

▶ Perform

✚ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**



# **SPIN THE WHEEL @ BODEN**



**EVERY SATURDAY NIGHT @ 11PM  
3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including  
€1000, €500, €300, €200, €100, €50  
42" Smart TV, Vintage Wine Collection  
Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON  
(YOU MUST BE PRESENT TO SPIN THE WHEEL)**

## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## Club Lotto Results Thursday 06/05/2021

Posted by ballyboden on 10 May, 2021

The Winning numbers in last Thursday's Club Lotto were 16 11 03 05 Níor bhuaigh duine ar bith an Pota Óir an tseachtain seo caite. Bhí €2,000 sa Phota Óir. There were 2 winners of the Match First 3 numbers who each receive €150 Myles O'Brien, Rathfarnham Declan Fitzpatrick, Knocklyon Nach orthu a bhí an t-ádh...

The post **Club Lotto Results Thursday 06/05/2021** appeared first on **Ballyboden**.

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## **Ballyboden St Endas GAA Membership 2021 is Now Due**

Posted by Cliona Mellett on 9 May, 2021

With our Juvenile and Minor Sections already back training, and our Adult teams set to return next Monday, this is a gentle reminder that the Annual Club Membership for 2021 is now due. Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support....

The post **Ballyboden St Endas GAA Membership 2021 is Now Due** appeared first on **Ballyboden**.

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## **Bereavement -Breen**

Posted by Alan Kinsella on 9 May, 2021

Club members and Executive would like to extend our sincere sympathy to U16 Mentor and FLO, Sam Maguire on the death of her brother, Gary Breen. Our condolences go also to club players Joe and Jenny, Gary's nephew and niece, and to his brother in law, Declan Maguire. Suaimhneas síoraí dá anam. <https://rip.ie/death-notice/gary-breen-malahide-dublin/457722>

The post **Bereavement -Breen** appeared first on **Ballyboden**.

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## **Congratulations to our Latest Jackpot Winners**

Posted by Cliona Mellett on 6 May, 2021

Congratulations to Anne and Michael O'Regan, our Latest Jackpot Winners. The O'Regans' Lucky Numbers came in on Thursday 15th April and they won the Jackpot of €3,500!! If you are not already signed up, you can do so by clicking [here](#) Remember if you are not in, you can't win!

The post **Congratulations to our Latest Jackpot Winners** appeared first on **Ballyboden**.

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## The Boden Beat – Episode 2 – Paul Ryan

Posted by Susan McManus on 1 May, 2021

On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, Paul Ryan about all things hurling. It should also be available on all your usual podcast providers. You'll find it on Spotify [here](#) and Apple Podcasts [here](#)

The post [The Boden Beat – Episode 2 – Paul Ryan](#) appeared first on [Ballyboden](#).

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## Bereavement – Butler

Posted by Eamonn Treacy on 26 April, 2021

The club community is saddened to hear of the death of John Butler. We send our condolences to his wife Una, to his children Caroline, Martina and John, and to all his extended family and friends. John will be reposing at Massey's Funeral home beside the Eden Pub on Tuesday between 2-4pm. Ar dheis Dé...

The post [Bereavement – Butler](#) appeared first on [Ballyboden](#).

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