



Ballyboden St Endas
Baile Buadáin Naomh Éanna
GAA Camogie & Ladies Football Club



Club Lotto Results, Thursday 20th May 2021



The Winning numbers in last Thursday's Club Lotto were **03 13 22 23**

Níor bhuaigh duine ar bith an Pota Óir an tseachtain seo caite- €3,500

There were **5 winners** of the Match First 3 numbers who each receive €50

John Lahart, Orlagh

Sean Dolan, Willbrook

Michael O'Regan, Firhouse

Damian Gibbons, Knocklyon

Allen Kennedy, Dublin 24

Next week's draw takes place on Thursday 3rd June at 8pm.

Tá €4,000 sa Phota Óir an tseachtain seo chugainn.

Join the Lotto today by signing up [here](#) or to play on a weekly basis [see here](#).

Our Club Lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities. Please support if you are in a position to do so.

If you have any queries about the Club Lotto, please email lotto@ballyboden.ie

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

BALLYBODEN ST ENDAS GAA MEMBERSHIP 2021



Thank you to all those that have paid their annual Club membership fees.

Reminder: Now that all players are back training ,we would like to remind members that if they have not done so already to please arrange for payment of the annual club membership fees for 2021.

Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support. If anyone didn't receive an email or is having difficulty renewing online, please email our club registrar, Gerry at registrar@ballyboden.ie

Thank You



Thank You

As most members are now aware, my time as an employee of Ballyboden St. Endas has come to an end. After 19 years, firstly as club coach and later as Director of Coaching it is time for a new challenge. Never would I have thought when Gerry O'Sullivan and Pat Nash interviewed me for the job in the front office (now the club shop) back in 2002 that I would have still been in the job nearly two decades later.

I am grateful to everyone in the club who assisted me in my role over the years. I have huge love for the club and massive respect for those who give up their time to help run such a big organisation. We all know that our club couldn't function without the committees and mentors who run the sections and the teams.

Some of the many highlights for me over the years were, the growth in Academy numbers especially the Knocklyon Pk Academy and the enjoyment that so many children in our community get every summer from participating in the summer camps. One of the main highlights each year was the Family Day on the May Bank holiday weekend. This day really summed up the club for me and showcased why Ballyboden is at the heart of the community. Going in and out of our local schools on a near weekly basis over the years is another memory that I will be very grateful for. The support shown to me and to the club from the principals and teachers was always top class.

There are too many people for me to thank individually but I would like to thank the 6 Chairpersons who I worked under since 2002, all of whom put coaching and games to the forefront of the agenda in their time as Chairperson.

They are Gerry O'Sullivan, Ronan Hore, Paddy Walsh, Terry O'Neill, Brendan Moran (RIP) and Ciaran Maguire. Special thank you to Ciaran whose support over the last number of months has been second to none.

I would like to thank Noel Sheridan, whom I was lucky to have as general manager for 17 of my 19 years in the club. Noel was always a rock of sense and taught me to count to ten more times than I care to remember!!

Paul McLoughlin and myself worked side by side since he came on board with the club in 2005. Paul's application to his work is exceptional and I'd like to thank him for all his help and assistance over the years both in a professional and personal capacity.

Ned and Mick were the two Bar managers with whom I worked closely over the years. I'd like to thank them both for helping me in my role and also for the craic along the way.

I only got to work with our new General Manager Con for a short while but his assistance particularly during the Covid period was very much appreciated and I wish him well as he gets going fully in his role.

While every decision that I made over the years may not have met with everyone's approval, I can honestly say that every decision that I made was based on putting all of the player's best interests first. This was a piece of advice that I received back in 2012 when I took over as Director of Coaching and I tried to live by it whenever tough decisions had to be made.

As most of you would know by now, I have pivoted away from coaching for the time being and have gone into the bicycle game. Along with fellow clubman Conal Keaney we have bought Mikes Bikes in Dun Laoghaire. Anyone looking for a new bike or to get an old one repaired is more than welcome to drop out for a visit!!!

Now that my fulltime role in the club comes to an end it is time for me like the hundreds of other volunteers in the club to get stuck in and help out with my own kids teams. I'd like to pay a special tribute to my wife Joanne who helped me out at every turn and allowed me to carry out my role in the club over the years. Luckily for me, I married someone who was embedded in the GAA and knew what she was getting into.

I wish all of the teams the best of luck as we finally get back to playing games in the coming weeks. I'm not gone too far so I am sure that I will see you all around the clubhouse or pitches in the near future.

Yours in Sport,
Brian

One Good Set of Jerseys



Members of our One Good Club committee were delighted to be presented with our new set of jerseys and some great training gear by the Tallaght Lidl store last Saturday. We know that the Boden Ladies will wear these OneGoodClub jerseys with pride.

We would like to thank Ladies Gaelic Football, Jigsaw and Lidl Ireland for choosing us as a club to take part in this initiative.

Over the 10 weeks of the One Good Club programme, we completed a wide range of activities across the 5 themes of Connect, Be Active, Take Notice, Keep Learning and Give.

To all in our club community who wrote, baked, walked, sang, labhairt Gaeilge, got involved in any way along the way, thank you so much. We will be forever grateful for your participation, support, encouragement and for the opportunity to support all members to engage in activities that can promote better mental health and well-being.

[The essence of our 10 weeks is captured here](#)

Baile Buadáin le Gaeilge 2021



Agallamh le Con O'Callaghan

Seo smaointí Con O' Callaghan tar éis bua na Dubs an Domhnach seo caite

<https://bit.ly/3yZNsP5>

Tháinig slua deas le chéile le déanaí do Chiorcal Cainte ar Zoom Seo tuairisc ó Sheán Ó Conchúir

Bhí an cruinniú is déanaí den gCiorcal Cainte ar siúl ar Zoom Dé Máirt seo caite. Bhíodar ann ó mórán póirsí ar fuaid na tire. Chomh maith leis na Dubs bhíodar ann ó Dhún na nGall go Ciarraí, ó Chontae Lú go Gallaimh, ó Chontae Mhuineacháin go Tiobraid Árann, ó Uibh Fháile go Cill Chainnigh agus ó Chontae Laoise fiú agus áiteanna nach iad. Cuireadh roinnt ábhair trí chéile. D'aontaigh Breandán le Joe gur cheart Áth Cliath a

bhriseadh suas. Briseadh agus brú air. Dar le Joe beidh Ceol Choirm iontach ar siúl trathnóna Dé Luain. Thug Seamí éachtaint dúinn ar an sár obair atá ar bun ag Meitheal Oibre Na Gaeilge sa chlub agus sa timpeallacht- ón óige go dtí an dream fásta. Ní fada go mbeidh rogha ag an ndream óg a bheith ag traenáil le Gaeilge, maith iad. Táimid ag súil leis an lá nuair a bheidh foireann sinsir sa chlub ag spalpadh as gaeilge. Idir an dá linn is feidir leat a bheith ag pocáil as gaeilge sa Ball Alley – cuir ceist ar Seamí. Dála an scéil níor éirigh linn a dhéanamh amach conas is féidir Péinteáil as gaeilge. Ba dhiail a bheith ag éisteacht lena chéile ar cad iad na rudaí a thaithin linn i rith na pandéime – ag siúl in áiteanna ná rabhadar riamh cheana, ag féachaint amach sa gháirdín ar na gar pháistí ag súgradh, ag obair sa gháirdín, ag rothaíocht ar rothar nua, fiú ceann leictreach (is diail é an Fully Comprehensive nuair ata an rothar bailithe leis), ag bualadh le dlúth cháirde ar chúl an tí agus iad ag déanamh cupán tae duit cé ná déanfaidís sa bhaile é, ag ceiliúradh lá breithe amuigh i lár an bhóthair (is diail an saol é). An Píarsach féin ní fhéadfaimís é a fhágaint ar lár. Dúradh linn go mbeadh “Oró sé do bheatha bhaile” mar amhrán an chlub amach anseo, ach cad faoi “Beir mo Dhúracht”?

Tá súil again go mbeidh fuascailt ag teacht roimh dheireadh an tsamhraidh agus b’fhéidir gur sa Gháirdín Ceoil i Sancta Maria a bheadh an chéad chruinniú eile.

Buíochas le gach éinne a bhuail isteach, bain taitneamh as an samhradh agus gura fada buan sibh.

Turas Teanga: áis don fhoghlaimeoir

<https://bit.ly/3fC30Rj>

Cúpla pocs ar an mbealach ar ais

Ní fada go mbeidh Brendan Ryan agus a chairde ar ais leis na cúpla pocs... Coinnigh súil anseo don nuacht is déanaí

Idir an dá linn bí ag cleachtadh

Frásaí don Chúpla Poc #1

Roimh an gCluiche – Before the Game

Conas atá tú? - How are you

Go breá agus tú féin - Fine, and yourself?

An bhfuil clogad agat? – Have you a helmet?

Le linn an Chluiche – During the Game

Tá sé agam – I have it [the sliotar]!

Maith thú - Well Done

Maith an Bhean - Good Woman

Maith an Fear - Good man

Scaoil uait é - Release it!

Ardfhear - Great man

Ardbhean - Great woman

Cóitseálaithe / Coaches

Déan beirteanna-in twos (pairs)

Sliotar idir gach beirt – a sliotar between two

Go tapa – fast

Tar éis an chluiche- After the game

Táim scriosta - I'm wrecked

Pionta ? - pint

Meitheal Oibre na Gaeilge 2021

Tá ana chuid pleananna ag Meitheal Oibre na Gaeilge don bhliain atá romhainn.

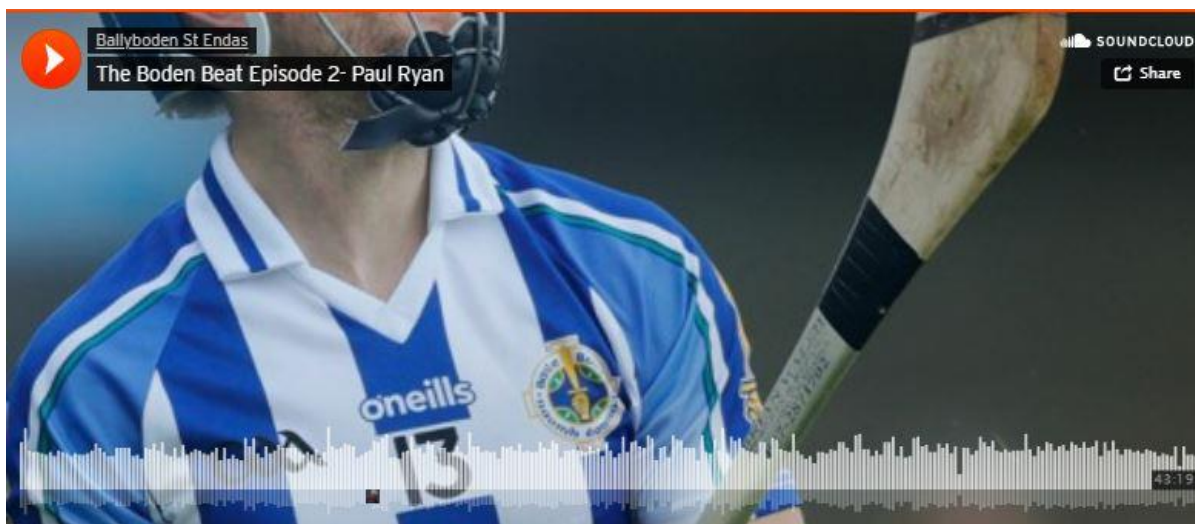
Más mian leat páirt a ghlacadh, téigh i dteagmháil le ball den choiste: Séamie Ó Néill; Laura Burns; Séan O'Connor; Daire Mac Pháidín; Tony Sweeney; Tom Mullaney; Marcella Uí Fhaircheallaigh; Seamas Ó Flatharta; Máirin Ó Colmáin; Seán Bonar; Sarah Jane Woods; Ciara Uí hÉilí; Micheál Manning; Sorchá Ní Chinnéide; Sinéad Sweeney

Club shop - Opening Times

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

THE BODEN BEAT – EPISODE 2 – PAUL RYAN



On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, **Paul Ryan** about all things hurling. Available on [Soundcloud Here](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

The Boden Session

A Chairde, Bhí Seisiún iontach againn arís aréir – cantóirí iontacha, seinnteóirí iontachta – chuaigh sé ar aghaidh go dtí 10.15 –

Bhí Christy Dignam linn - ag canadh in éineacht le Francie agus Rory Conway

- amhrán álainn nua a chum Francie – Somewhere in Heaven.

Rinneamar taifeadtaí fóin sa bhaile agus craoladh

iad trí Zúm - Féachaigí ar an gclár atá thíos agus beidh fáilte

romhat féin bualadh isteach orainn ag deireadh mí Meithimh

– an ceann deireanach roimh an samhradh.

Agus tá súil le Dia agam go mbeimid ‘ BEO ‘ arís san fhómhar !

Cuir ríomhphost chugam má tá suim agat páirt a ghlacadh sa chéad
ceann eile ar an 28ú lá 25joejohnston@gmail.com

SEISIÚN MÍ BEALTAINE ar Zúm - 31 / 5 / 2021 - 8 p.m.

GUEST ITEM – FRANCIE, RORY CONWAY and
CHRISTY DIGNAM ag canadh

Somewhere In Heaven

SHAY O'BRIEN – ag canadh – If Tomorrow Never

Comes

IMELDA McCOOEY – recorder – ag seinm Rodaí Mac

Corlaí

DONAL O'BYRNE – guitar – ag canadh Outward

Bound

DECLAN O'BRIEN - These ZOOMIN' Times We Live In

!

BRID O'ROURKE – recorder – ag seinm Queen of the

May

TOM BERRY – ag canadh The Lakes of

Pontchartrain

ÚNA and JOE JOHNSTON – rec. – ag seinm Whispering Hope acc. John

Gearty

DAN MEANEY - guitar – ag canadh

Suzanne

HELEN ROHAN - recorder – ag seinm Oró sé do Bheatha

'Bhaile

OWEN MC LOUGHLIN and JACK BYRNE – ag canadh Shinty the Girl from Co.

Clare

TERESA MURPHY – recorder – ag seinm Limerick You're a

Lady

BMVQ - Ceathrar ag canadh i gcomhcheol - Die Nacht

TONY LYNCH - recorder – ag seinm Down By the Sally

Gardens

KAREN McFETTRIDGE – fliúit - ag seinm Éamonn an

Chnoic

PHILIP MOONEY ag canadh When I Leave Behind

Neidín

DAVE McFETTRIDGE ag canadh If Wishes Were

Fishes

JOHN O'CARROLL ag canadh Bless This

House

JOE AHERN – recorder – ag seinm The Lark in the Clear

Air

MARY BLACK – flute X2 – ag seinm A Whispering Hope -

Duet

JOHN WILSON - ag canadh The Green Glens of
Antrim

JOE JOHNSTON ag canadh Úrchnoc Chéin Mhic Cáinte acc Peter Hughes guitar

MÍLE BUÍOCHAS do gach duine a ghlac páirt -

especially TOM BERRY for keeping us ZOOMING along –

Keep the music hummin' folks, and drop in again on 28th June

Exercise is Medicine programme comes to an end

We had a brilliant 12 weeks in our 'Exercise is Medicine' class. We are now finished for the Summer but the class is coming back in the Autumn again and it will be totally free for our members in Boden. For anyone who wants to watch back on any of the classes they can do so at <https://www.sparc.ie/over-65-exercise>



CIORCAL CAINTE

Zoom ar-líne

Dé Máirt

25 Bealtaine

7 a chlog

Mas mian leat bualadh isteach, cuir
fead ar Seán ar 087 9086100 agus
seolfaidh sé eochair an tí chugat!

Fáilte roimh chách!

Club History Book, limited reprint ...

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

Support Local Business: Black Amber



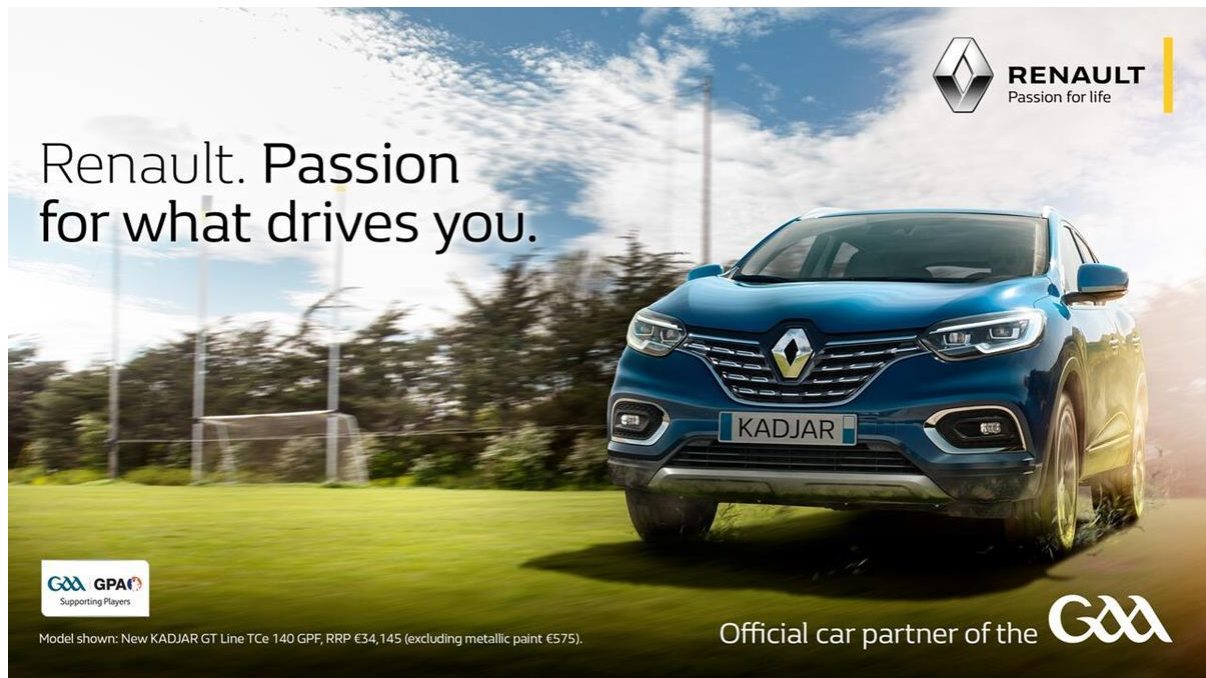
Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year.

Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines. Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on info@blackamber.ie and one of our team will be more than happy to contact you.

<https://blackamber.ie/>

Support Local Business: Renault Belgard



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the [Belgard Road, Tallaght, Dublin 24](#).

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at rrg.ie
- C-it Now video service assistance

Support Local Business: Adventure Marine



Alex Murphy a Ballyboden member, has set-up e-commerce website www.adventure-marine.com

Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

Support Local Business: Kate Campbell, Strictly Sugarcraft



Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store www.sugarcraft.ie came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on [Facebook](#) and [Instagram](#) for the latest product information.

www.Sugarcraft.ie

Support local business: Courtville - Matthew Weldon Jewellery



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

The services we offer are :

- Antique and vintage jewellery,
- Engagement rings,
- Bespoke jewellery,
- Irish silver,
- Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

Support local business: Jensen Fleet Solutions



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.

Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties. We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell
- Think of Jensen for all your motoring needs.

A collage of GAA-related images including a hurler, a soccer player, a GAA logo, and several people, set against a background of a soccer field. The collage is arranged in a diamond shape. The text 'OCTOBER 2020' is written in blue, 'NUACHTLITIR' in yellow, and 'DEIREADH FÓMHAIR 2020' in white on a blue background. The URL 'www.gaa.ie' is in the top right corner.

<https://www.gaa.ie/news/read-the-latest-club-newsletter-may-2021/>

- GAA commence work on a new Strategic Plan
- Former Wicklow footballer, Don Jackman, thankful for life-saving defibrillator
- Kellogg's Cúl Camps return for Summer 2021
- Maurice Shanahan shows how sharing your problems is empowering
- Blarney GAA want you to be kind to your mind

Covid Practice - Update

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

GAA Coaching and Games

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

GAA Learning Website

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>

- Online Courses and Workshops for Coaches, Players, Referees and Administrators

- LGFA and Camogie Resources and Programmes

#GAAPrimary Challenges

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to gamesdevelopment@gaa.ie or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

Webinar Series

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page 'GAALearning'](#)

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

Coach Survey

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email gamesdevelopment@gaa.ie

https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

Enjoy 50 Shades of Boden at home

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

Ballyboden St. Enda's Player's Assistance

BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email pro@ballyboden.ie or contact Ronan at 086 1250752.

#bodengaa

WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

No Club social media platform should be used to post or share material which is :

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

Concussion Management

Concussion Management Guidelines for Gaelic Games

▣ Prepare

▶ Perform

✚ Recover

GAA

Prepare Perform Recover

If in Doubt, Sit Them Out

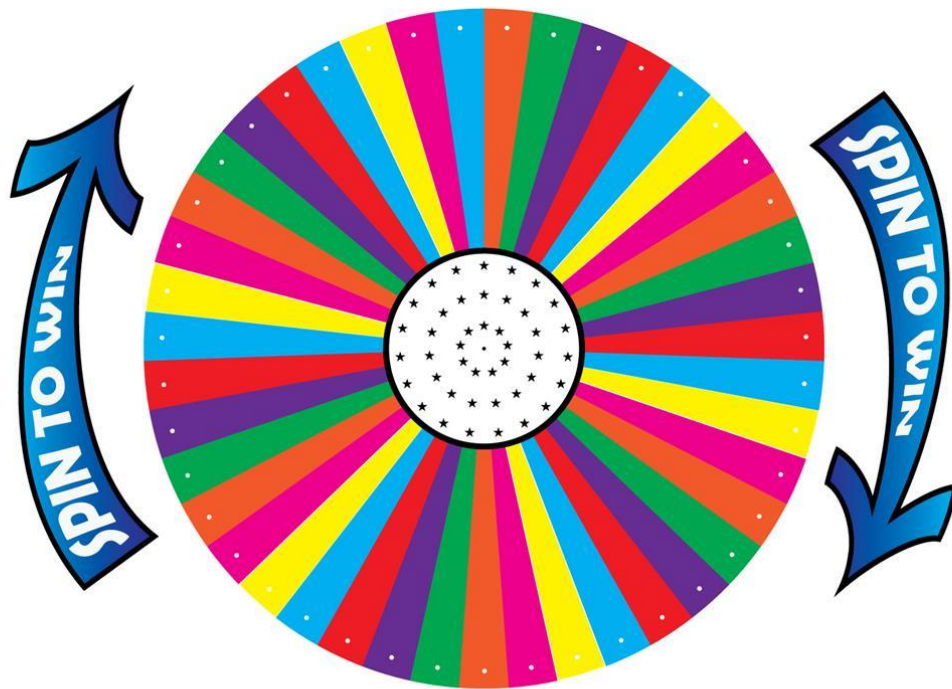
Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

Spin The Wheel

SPIN THE WHEEL @ BODEN



EVERY SATURDAY NIGHT @ 11PM
3 PEOPLE TO SPIN EVERY NIGHT

43 Prizes on the WHEEL, Including
€1000, €500, €300, €200, €100, €50
42" Smart TV, Vintage Wine Collection
Presentation Box, Club Lotto Membership

AND DOZENS OF OTHER PRIZES TO BE WON
(YOU MUST BE PRESENT TO SPIN THE WHEEL)

BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

Bereavement – Luttrell

Posted by RonanFeely on 1 June, 2021

The Club would like to pass on its condolences to Mairead Luttrell, Senior Camogie, and her family on the passing of her mother Theresa. Ar dheis Dé go raibh a h-anam. See here for details.

The post **Bereavement – Luttrell** appeared first on **Ballyboden**.

Club Lotto Results Thursday 27/05/2021

Posted by ballyboden on 1 June, 2021

Club Lotto Results 27th May 2021 The Winning numbers in last Thursday's Club Lotto were 03 13 22 23 Níor bhuaigh duine ar bith an Pota Óir an tseachtain seo caite- €3,500 There were 5 winners of the Match First 3 numbers who each receive €50 John Lahart, Orlagh Sean Dolan, Willbrook Michael O'Regan, Firhouse Damian...

The post **Club Lotto Results Thursday 27/05/2021** appeared first on **Ballyboden**.

Ballyboden St Endas GAA Membership 2021 is Now Due

Posted by Cliona Mellett on 1 June, 2021

With our Juvenile and Minor Sections already back training, and our Adult teams set to return next Monday, this is a gentle reminder that the Annual Club Membership for 2021 is now due. Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support....

The post **Ballyboden St Endas GAA Membership 2021 is Now Due** appeared first on **Ballyboden**.

The Boden Beat – Episode 2 – Paul Ryan

Posted by Susan McManus on 1 May, 2021

On Episode 2 of The Boden Beat, and ten years on from winning the National League title we chat to Boden Senior Hurler & recently-retired Dublin star, Paul Ryan about all things hurling. It should also be available on all your usual podcast providers. You'll find it on Spotify [here](#) and Apple Podcasts [here](#)

The post **The Boden Beat – Episode 2 – Paul Ryan** appeared first on **Ballyboden**.

