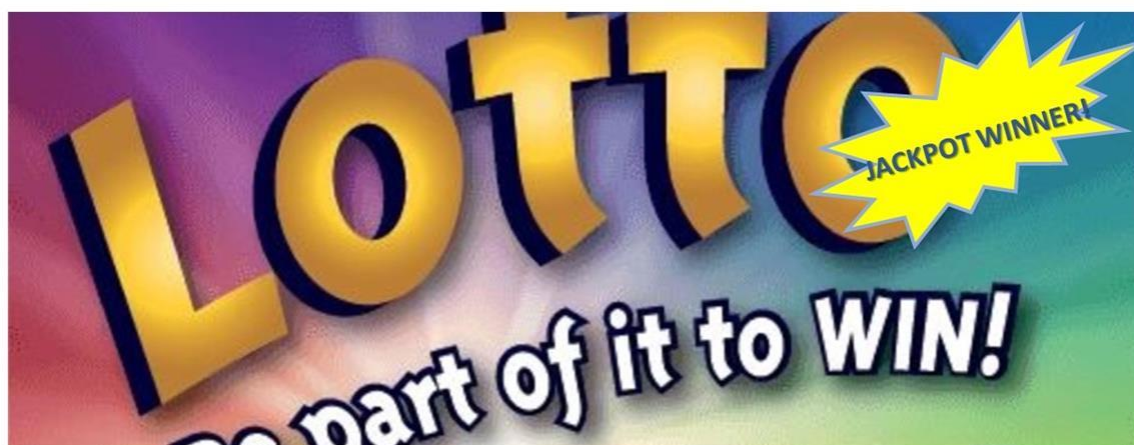




Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## LOTTO JACKPOT WINNER AGAIN!



Results 30 December €2,000

15 21 3 10

Next Lotto Draw 07 January 2021 €1,000

There was 1 winner of the jackpot of €2,000 -

**Martin Maycock, Woodstown Heights, Knocklyon**

There were 6 winners of the Match the First 3 Numbers Draw who each won €50

Pat Neely, Tompkinson Park, Knocklyon Jane Hogan, Boden Wood, Rathfarnham

Lorraine Naassons, Knocklyon Court Danny O'Connell, Glenvara Park, Knocklyon

Andreas McDonald, Orleigh Court, Knocklyon Sam Lally, Gargle Wood, Dublin 16

Congratulations to Martin Maycock on winning the Jackpot of €2,000 in the final Lotto draw of the year! The fifth Jackpot winner in 2020 and we had 6 winners of the 'match the 1st 3 numbers drawn'.

The winning numbers were:

15, 21, 3, 10

The next draw will take place on January 7 with a jackpot of €1,000.

Many thanks to all who supported the Lotto this year. And remember if you are not in, you can't win! You can join the Lotto at [ballyboden.ie/members/lotto/](https://ballyboden.ie/members/lotto/)

You can support Club Facilities Development and enter the next Club Lotto draw at the link below:

[https://play.clubforce.com/play\\_newa.asp?ll\\_id=133&PC=0&RP=#Anchor](https://play.clubforce.com/play_newa.asp?ll_id=133&PC=0&RP=#Anchor)

You can take out an annual Club Lotto subscription [here](#).

If you have any queries about the club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

## **Christmas Tree Collection**








Ballyboden St Endas  
Baile Buadain Naomh Éanna  
GAA Camogie & Ladies Football Club



**Saturday 9th January 2021, 9am – 3pm**

*All proceeds go towards Ballyboden St. Enda's Juvenile Development*

**5 Simple Steps – Better than making a mess in your car!!!**

1.  TEXT your NAME & ADDRESS to the Mobile Number below.
2.  Collection between 9am and 3pm when we call on Saturday 9th.
3.  A friendly unpaid Club volunteer (displaying the Club crest) will call and collect your tree and the €7.
4.  The collection fee of €7 will go towards Juvenile Development.
5.  Please Remember to remove decorations and stand!

**Text or WhatsApp Name & Address to 087 9312851**

**WE RECYCLE YOUR TREE!**



Our Christmas Tree Collection is next Saturday 9th January, 9am-3pm. Only €7. Text your name and address to 087 9312851 to book your slot. Save yourself ( and your car ) and avail of our friendly, efficient service.

## Baile Buadáin le Gaeilge 2020 - Tá an áit dúinn uilig ann



### Bonn Cré-umha Fondúireacht Sheosaimh Mhic Dhonncha buaite ag Baile Buadáin Naomh Éanna.

Fuaireamar dea scéal díreach roimh an Nollaig gur éirigh linn bonn cré-umha a bhaint amach i mbliana as an bhfeachtas Baile Buadáin le Gaeilge 2020. I dteachtaireacht ó Sheán Ó hÓráin, Uachtarán Chumann Lúthchleas Gael, rinne sé comhghairdeas leis na clubanna ar fad ar éirigh leo boinn a bhaint amach sa bhliain thar a bheith aisteach seo.

"Tá éacht mhór déanta acu uile an Ghaeilge a chur chun cinn ina gcuid clubanna. Tá ról fíorthábhachtach ag an nGaeilge i gCumann Lúthchleas Gael agus molaim go mór a gcuid oibre agus an dea-shampla atá leagtha síos acu."

Dúirt Frainc Mac Cionnaith, Bainisteoir Forbartha le Glór na nGael gur ghlac 196 club páirt sa cheathrú bliain don scéim seo i 2020, méadú 45% ar 2019. "Is cúis mhór áthais dúinn go bhfuil líon na gclubanna atá páirteach ag dul i méid bliain i ndiaidh bliana agus go bhfuil siad chomh tiomáinte agus díograsach leis an teanga a chothú sa spórt."

Is in ómós do Sheosamh ‘Joe’ Mac Donncha (1953-2016) a ainmníodh an Fhondúireacht nua seo. Fear le háireamh a bhí i Joe a bhain go leor amach dó féin agus do phobal na tíre seo i gcoitinne le linn a shaol. D’éirigh leis an post is airde a bhaint amach sa Chumann Lúthchleas Gael, thóg sé Corn Mhic Cárthaigh leis siar go Gaillimh mar iománaí agus bhí sé ina phríomhfheidhmeannach agus mar chathaoirleach ar chuid de mhóreagraíochtaí na tíre seo, Foras na Gaeilge ina measc. Tá tuilleadh eolais maidir le Fondúireacht Sheosaimh Mhic Dhonncha ar fáil ag [www.glornangael.ie/clg](http://www.glornangael.ie/clg)

Ar son Mheitheal Oibre na Gaeilge i mBaile Buadáin Naomh Éanna, ba mhaith linn ár mbuíochas a ghabháil le gach éinne a chabhraigh linn an Ghaeilge a chur chun cinn i rith na bliana. Beidh tuairisc iomlán ar obair na bliana ag teacht san eagrán nua den Boden News.

Guímid beannachtaí na Féile ar mhuintir Bhaile Buadáin agus go mba seacht fearr sinn bliain um an dtaca seo.

## **Club History Book sold out ...**

The Club History has sold out. There are still some people who have pre-paid and pre-ordered a book who have not yet collected it. We would like to complete distribution of the book in the next few days.

Please contact Paddy Walsh on 087 979 4748 to arrange collection of the book you ordered as soon as possible.

## **Support Local Business: Adventure Marine**



Alex Murphy a Ballyboden member, has set-up e-commerce website [www.adventure-marine.com](http://www.adventure-marine.com)

Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

**Support Local Business: Kate Campbell, Strictly Sugarcraft**





Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store [www.sugarcraft.ie](http://www.sugarcraft.ie) came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802



Why not follow us on [Facebook](#) and [Instagram](#) for the latest product information.

[www.Sugarcraft.ie](http://www.Sugarcraft.ie)

## Support local business: Courtville - Matthew Weldon Jewellery



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

### **The services we offer are :**

Antique and vintage jewellery,

Engagement rings,

Bespoke jewellery,

Irish silver,

Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

**Support local business: Jensen Fleet Solutions**



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.

Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.

We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell

Think of Jensen for all your motoring needs.

## BODEN SEISIÚIN NA NOLLAG - 28 / 12/ 2020

As you can see folks, the Boden Christmas Session was a huge success!

We all joined with Tom Berry on Zoom using Whats App recordings :

JOE JOHNSTON ag canadh The Cowboy Carol – with the vaccine about to kick in folks – “there’ll be a new world beginnin’ from tonight”!

COLM MC GLADE ag canadh O Tannenbaum

TOM BERRY - Treble Recorder – ag seinm In The Bleak  
Midwinter

MONTY FITZGERALD – bosca cheoil – ag seinm Polka ó  
Ciarraí

CAROLE

DOODY - recorder ag seinm Good King Wenceslas

ÚNA JOHNSTON ag aithris - A Christmas Childhood by P.  
Kavanagh

BRID O’ROURKE –recorder – ag seinm Rudolph the Red-Nosed Reindeer

FRANK BERRY ag canadh – Are You There Moriarity

TOM BERRY - descant recorder – ag seinm – Ave  
Maria

PAT CAHALANE ag canadh - The Green Glens of Antrim

IMELDA MCCOOEY –recorder- ag seinm Away in A  
Manger

TERESA

MURPHY – recorder – ag seinm The Little Beggarman

JOSEPH JOHNSTON – ag canadh - In The Bleak Midwinter

MARY BLACK – flute – ag seinm – Chestnuts Roasting on an Open  
Fire

ALL SING TO FINISH – We Wish You A Merry Christmas

ATHBHLIAIN FÉ MHAISE – GAN COVID – DO CHÁCH



# Club Fundraiser

# **BALLYBODEN ST ENDAS** — **CLUB FUNDRAISER**

We are running a fundraiser that will see **the club get 5 euro on each book sale** we make on the acclaimed 'Be the Best You can Be in Sport' by Paul Kilgannon.

The book is a guide for the young sportsperson, but is of interest to coaches and sports fans alike. It contains input from over 50 of Ireland's leading coaches, sport stars, coaching academics, and sports science professionals. See the promotional video attached.

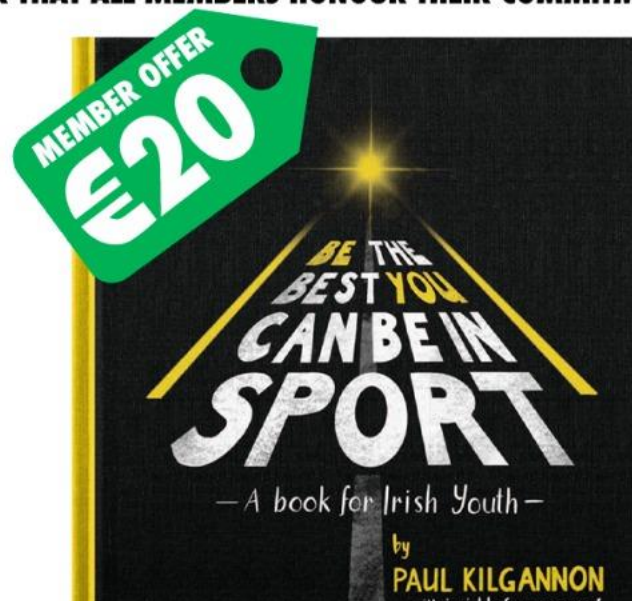
**This is the perfect Christmas present** for any young sportsperson, coach or indeed anyone who has an interest in sport. It is full of practical information, insights, stories and inspiration.

**The book is illustrated by our own club man David Sweeney.**

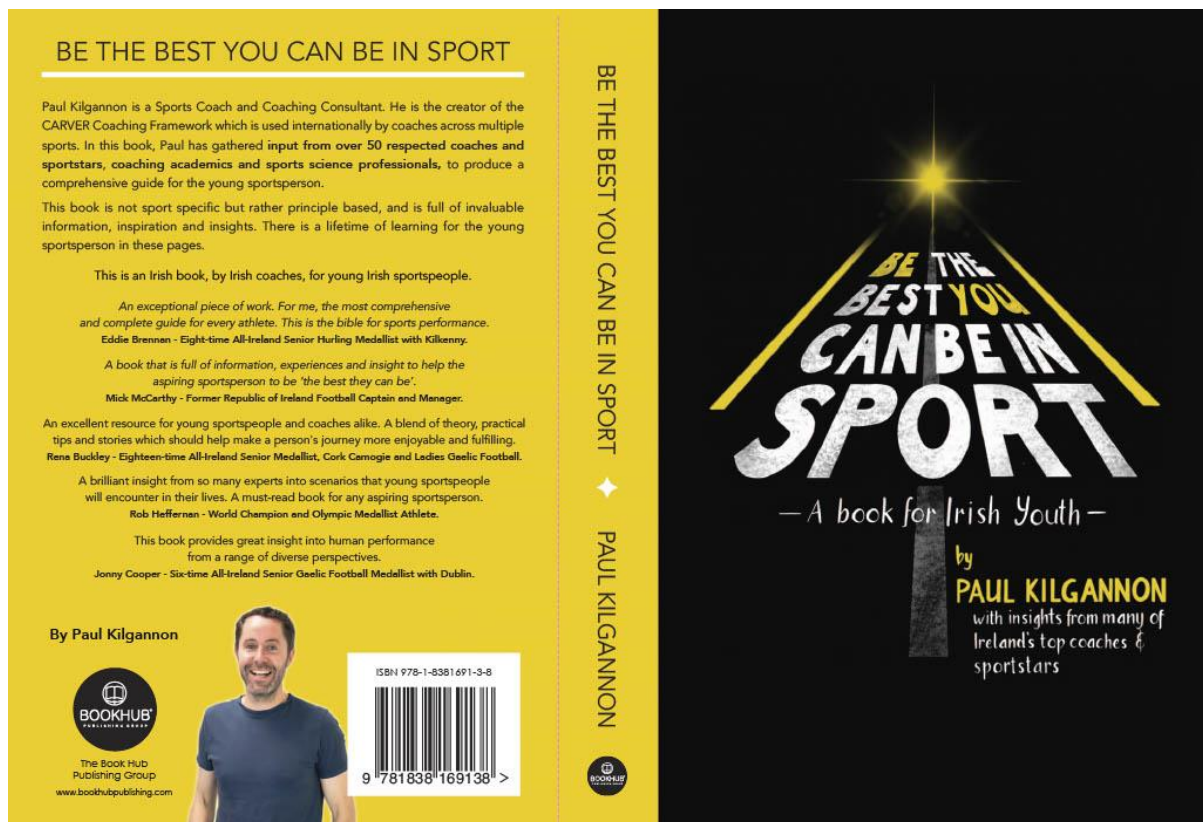
- The more books we sell the more money we make for the club.
- The more our members read it, the more we will all learn and improve.
- It's a win-win for our club.

## **HOW IT WORKS**

- 1. TEXT YOUR NAME AND QUANTITY OF BOOKS TO **TOM O'DONOGHUE AT 087 783 9898** BY THE **8TH OF DECEMBER.****
- 2. YOU WILL GET A TEXT WHEN THE BOOK IS READY FOR COLLECTION.**
- 3. PAY ON COLLECTION.**
- 4. WE ASK THAT ALL MEMBERS HONOUR THEIR COMMITMENT TO PURCHASE.**



## Be the Best You Can Be in Sport



## GAA November 2020 Newsletter



Here is the latest edition of the GAA Club Newsletter for members. <https://www.gaa.ie/stories/read-the-latest-club-newsletter-november-2020/>

This month's edition includes the following.

- Details of the GAA's €9.5M club and international unit financial support package
- Bloody Sunday remembered
- Games Promotion Officer Conor Herbert preaches to the converted
- Menu of resources to assist hurling and camogie coaches
- How Croke Park became a sustainable venue
- How to get your club winter ready

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

## **Covid Practice - Update**

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

## **AIG SKILLS COMPETITION**





Ladies, record your skills and be in with a chance to win €1,000!

See details on the links below. Best of luck

<https://www.aig.ie/Skills>

Some previous entries:

- Instagram page: <https://www.instagram.com/aig.ireland>
- Facebook Page: <https://www.facebook.com/AIGIreland/>
- Twitter: <https://twitter.com/aigireland>

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

- GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children
- Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education
- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>
- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>
- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>
- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>
- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>
- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the @GAAlerning twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our

twitter '@GAALearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter @GAALearning

### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page @GAALearning

## **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

## **Ballyboden St Enda's Players & Management- Social distancing..**



Important message on social distancing courtesy of BBSE players and management

#IAMSOCIALDISTANCING

<https://youtu.be/xVdfFVZ6dIc>

## Ballyboden St. Enda's Player's Assistance



## BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email [pro@ballyboden.ie](mailto:pro@ballyboden.ie) or contact Ronan at 086 1250752.

#bodengaa

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

▣ Prepare

▶ Perform

✚ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

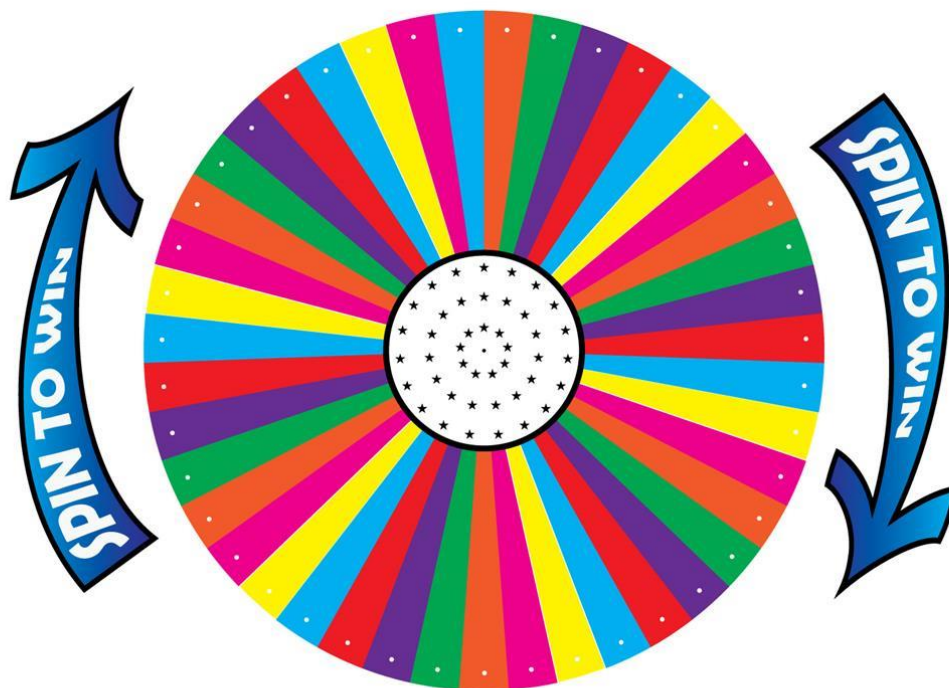
SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**



# SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM  
3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including  
€1000, €500, €300, €200, €100, €50  
42" Smart TV, Vintage Wine Collection  
Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON**

**(YOU MUST BE PRESENT TO SPIN THE WHEEL)**



## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## Ballyboden St Endas Supporting Local – Adventure-Marine

Posted by Susan McManus on 5 January, 2021

Alex Murphy a Ballyboden member set-up e-commerce website [www.adventure-marine.com](http://www.adventure-marine.com) Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced....

The post **Ballyboden St Endas Supporting Local – Adventure-Marine** appeared first on **Ballyboden**.

---

## Christmas Tree Collection

Posted by Cliona Mellett on 2 January, 2021

Our Christmas Tree Collection is next Saturday 9th January, 9am-3pm. Only €7. Text your name and address to 087 9312851 to book your slot. Save yourself ( and your car ) and avail of our friendly, efficient service.

The post **Christmas Tree Collection** appeared first on **Ballyboden**.

---

## Lotto Jackpot Winner again!

Posted by Cliona Mellett on 30 December, 2020

It's the Lotto that keeps giving! 5th Jackpot Winner this year. Congratulations to Martin Maycock on winning the Jackpot of €2,000 in the final Lotto draw of the year! The fifth Jackpot winner in 2020 and we had 6 winners of the 'match the 1st 3 numbers drawn'. Many thanks to all who supported the...

The post **Lotto Jackpot Winner again!** appeared first on **Ballyboden**.

---

## Bereavement – O' Neill

Posted by EamonnTreacy on 29 December, 2020

The club community is saddened to hear of the death of Teresa O' Neill, wife of the late Paddy and mother of Fergal, Sharon and Cormac. Click here for arrangements Déanaimid comhbhrón lena teaghlach. Ar dheis Dé go raibh a h-anam uasal.

The post **Bereavement – O' Neill** appeared first on **Ballyboden**.

---

