Ballyboden St Endas
Baile Buadáin Naomh Éanna
GAA Camogie & Ladies Football Club

CLUB LOTTO – Results for 4th February - Jackpot now €3,500

The winning numbers in tonight's club Lotto draw were:

08, 06, 24 and **21**.

Nior bhuaidh einne an Pota Oir!! – €3,000! There was no winner of the €3,000 Jackpot.

There were 3 winners of the Match First 3 numbers, who each receive €100

- Albert Cooney Westbourne Lodge Knocklyon
- Joan Egan Wedgewood Sandyford
- Ruth Yau Taney Green Dundrum

Next weeks draw takes place on **Thurs 11th February**; Jackpot is **€3,500**

Join the Lotto here or to play on a weekly basis see see here. Our club lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities.

If you have any queries about the club Lotto, please email lotto@ballyboden.ie

Club History Book, limited reprint …

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

Baile Buadáin Le Gaeilge 2021

Plean don Ghaeilge 2021

Tá plean nua do á reachtáil ag Meitheal Oibre na Gaeilge chun an Ghaeilge a chur chun cinn sa chlub sa bhliain 2021. Tuilleadh eolais sna seachtainí atá romhainn.

Teachtaireacht ó Joe Johnston

CILL AODÁIN agus an SEISIÚN

Anois teacht an Earraigh beidh an lá ‘dul chun síneadh
‘S tar éis na féile Bríde ardóidh mé mo sheol
Ó chuir mé im’ cheann é ní stopfaidh mé choíche
Go seasfaidh mé síos i lár chontae Mhaigh Eo.

Ach tá Gardaí ar an mbóthar chun cheist a chur orainn
Ce’n fáth a bhfuilimid ag dul 5km nó níos mó
Fan sa bhaile gach éinne ar feadh cúpla seachtain
Chun ár gcairde, ár ngaolta agus sinn féin a choiméad beo.
Tá ‘n vaccín ag teacht chun sinne a shábháil
I gceann cúpla mí le haon jab nó dhó,

Bí foighneach a chairde, tá saoirse ag teacht chugainn,
Agus Seisiúin go maidin i gcomhluadar Joe !

Idir an dá linn – bíodh bhéarsa nó dhó réidh agat chun
taifeadán fóin a sheoladh chugam, le haghaidh an chéad

Zoom-Seisiún eile - ar an Luan 22 Feabhra
Joe Johnston - 25joejohnston@gmail.com

Na Cluichí sna Meáin

B'fhéidir nár cheart aon chluiche idirchontae a imirt i mbliana. Seans iontach againn anois na himreoirí club a chur i lár an aonaigh.. a deir John Allen.

Léigh an tuairisc iomlán anseo:

https://tuairisc.ie/bfheidir-nar-cheart-aon-chluiche-idirchontae-a-imirt-i-mbliana/

Improving your Irish in the next 6 weeks

Many of you may have thought about improving your Irish but are not sure how to make a start. The first thing you need to do is schedule some time, ideally three to four 40-minute periods per week. For those with Leaving Cert Irish, even if that was many years ago, a great free learning resource is Vifax. With about 6 weeks to go to Lá le Pádraig, and still in lockdown, now might be a good time to give it a go. If you schedule three to four periods per week, after 6 weeks, a lot of the Irish that you thought you had lost will come back to you.

How does it work?

Vifax don Ghaeilge is a FREE resource for Irish language learners which is run by Maynooth University and it is available seven days a week. It consists of videos and snippets as well as lessons based on Nuacht TG4 which are put up on Maynooth University's website every week.

It is available online both nationally and internationally and according to statistics gathered by Lárionad na Gaeilge there are a great number of people from the United States of America and the United Kingdom using the system. For the last six months an increase of 64% has occurred in the number of users due to the emphasis on learning online.

How to get started:

- Ideally study with one other person.
- Open the Website https://vifax.maynoothuniversity.ie/

- Click on the link An Chartlann (The Archive)
- Choose a topic.
- Decide on a level Ard (Higher) Meán (Middle) or Bun (Lower)

Once you press on the level, you are brought to a PDF document that you can download. At the bottom of the document is the script from the accompanying video. You can listen to the video and read the script at the same time. The document has a series of questions based on the script that you can attempt. When you are finished the questions, you can check your answers in the document.

Keep a notebook and jot down any new phrases.

If you are lacking a bit of confidence, start at the Bunleibhéal

If you have a 'Good' or 'Very Good' standard of Irish, the Ardleibhéal or Meán leibheál will provide a challenge for you.

Tip of the week: Read the instructions and the script out loud. When you have listened to the video a few times and followed the script, try reading the script out loud a couple of times yourself.

Go n-éirí go geal leat!l

Keep fit in February with Dublin GAA on Facebook

ALL SESSIONS WILL BE ON FACEBOOK LIVE
To fully engage in the #FitnessFrolics sessions – PLEASE Click the LINK below and LIKE our page
https://www.facebook.com/DublinGaaCoachingAndGamesDevelopment

IMPORTANT NOTES TO BE ABLE TO WATCH THE #FitnessFrolics LIVE STREAM AND/OR COMMENT

You must LIKE the Dublin GAA Coaching & Games Development Facebook Page.

You must have a Facebook account for at least 2 weeks.

You must have followed the page for at least 15mins beforehand.

Support Local Business: Black Amber

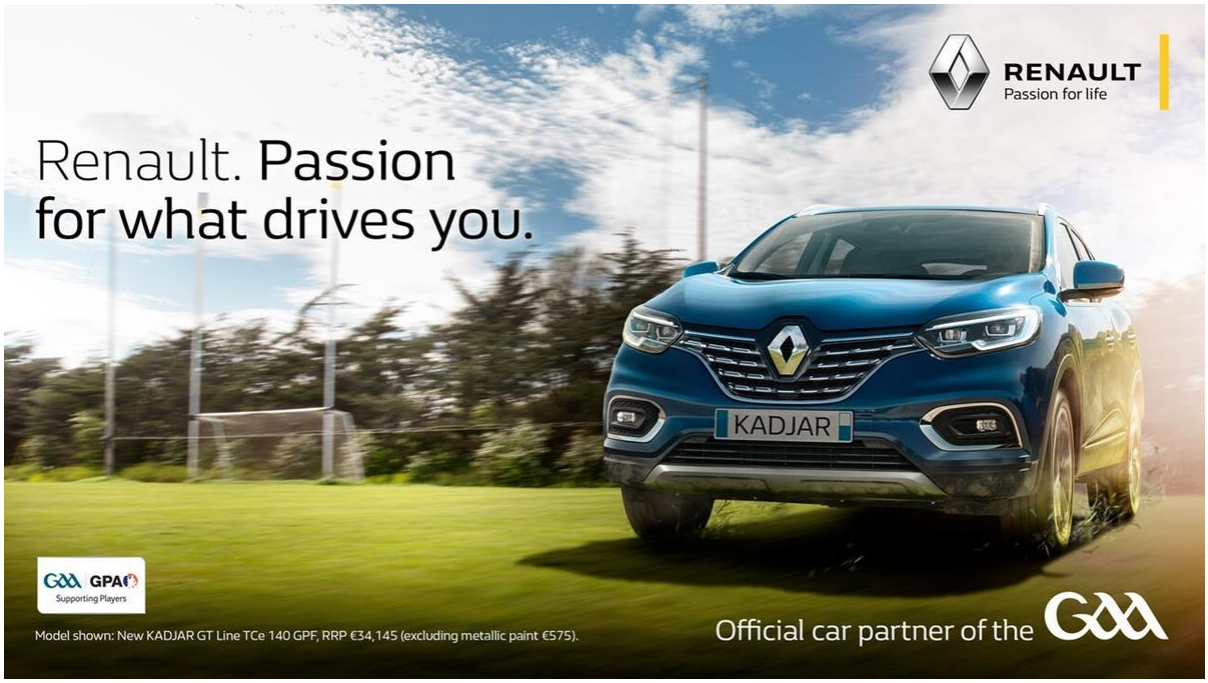
Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the
last year.

Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines.
Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on info@blackamber.ie and one of our team will be more than happy to contact you.

https://blackamber.ie/

Support Local Business: Renault Belgard



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the Belgard Road, Tallaght, Dublin 24.

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at rrg.ie
- C-it Now video service assistance

Support Local Business: Adventure Marine

Alex Murphy a Ballyboden member, has set-up e-commerce website www.adventure-marine.com

Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

Support Local Business: Kate Campbell, Strictly Sugarcraft

Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store www.sugarcraft.ie came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on Facebook and Instagram for the latest product information.

www.Sugarcraft.ie

Support local business: Courtville - Matthew Weldon Jewellery

Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

The services we offer are :

Antique and vintage jewellery,

Engagement rings,

Bespoke jewellery,

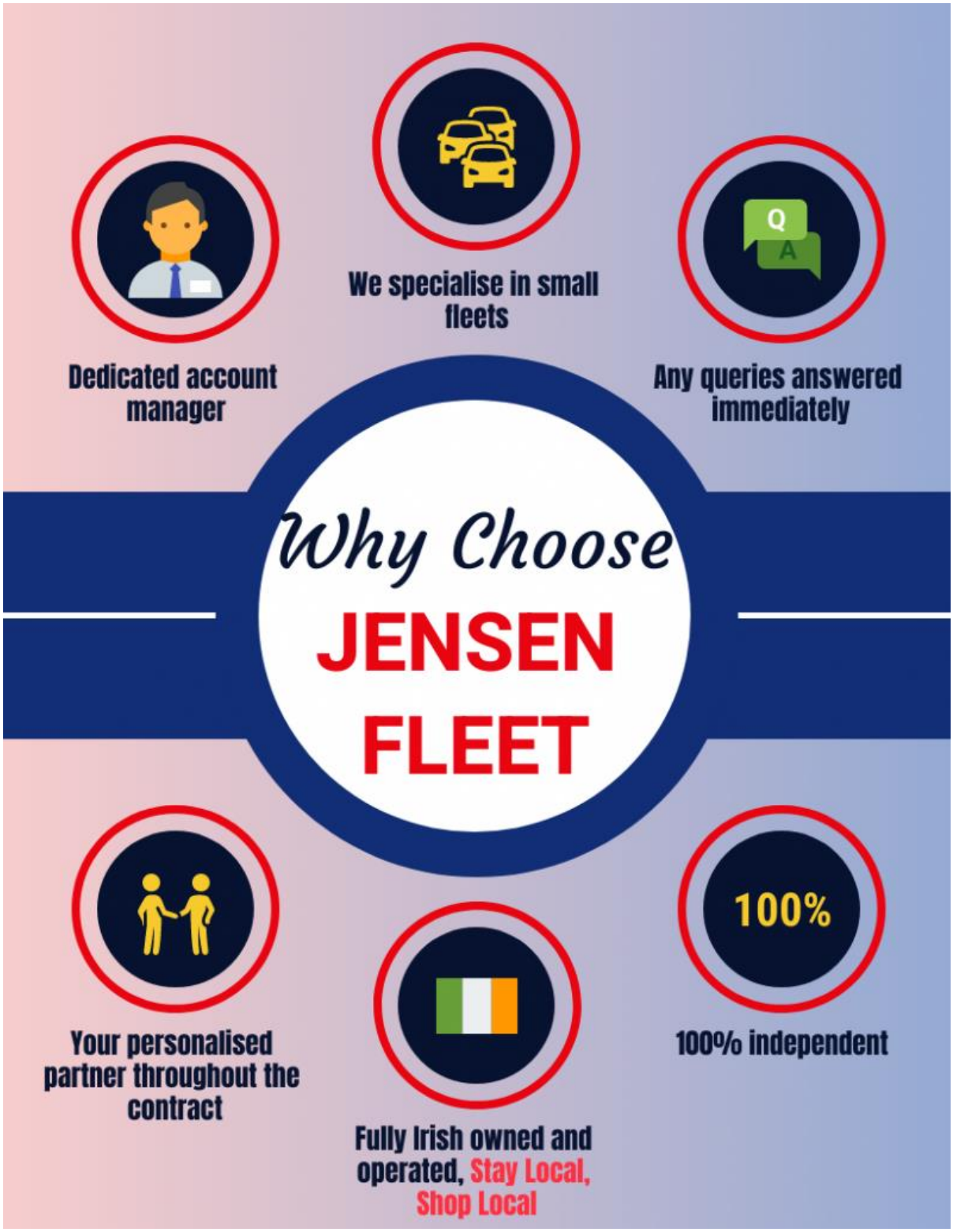
Irish silver,

Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

Support local business: Jensen Fleet Solutions



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.
Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.
We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell
Think of Jensen for all your motoring needs.

Club Fundraiser

BALLYBODEN ST ENDAS
CLUB FUNDRAISER

We are running a fundraiser that will see **the club get 5 euro on each book sale** we make on the acclaimed 'Be the Best You can Be in Sport' by Paul Kilgannon. The book is a guide for the young sportsperson, but is of interest to coaches and sports fans alike. It contains input from over 50 of Ireland's leading coaches, sport stars, coaching academics, and sports science professionals. See the promotional video attached.

This is the perfect Christmas present for any young sportsperson, coach or indeed anyone who has an interest in sport. It is full of practical information, insights, stories and inspiration.

The book is illustrated by our own club man David Sweeney.

- **The more books we sell the more money we make for the club.**
- **The more our members read it, the more we will all learn and improve.**
- **It's a win-win for our club.**

HOW IT WORKS

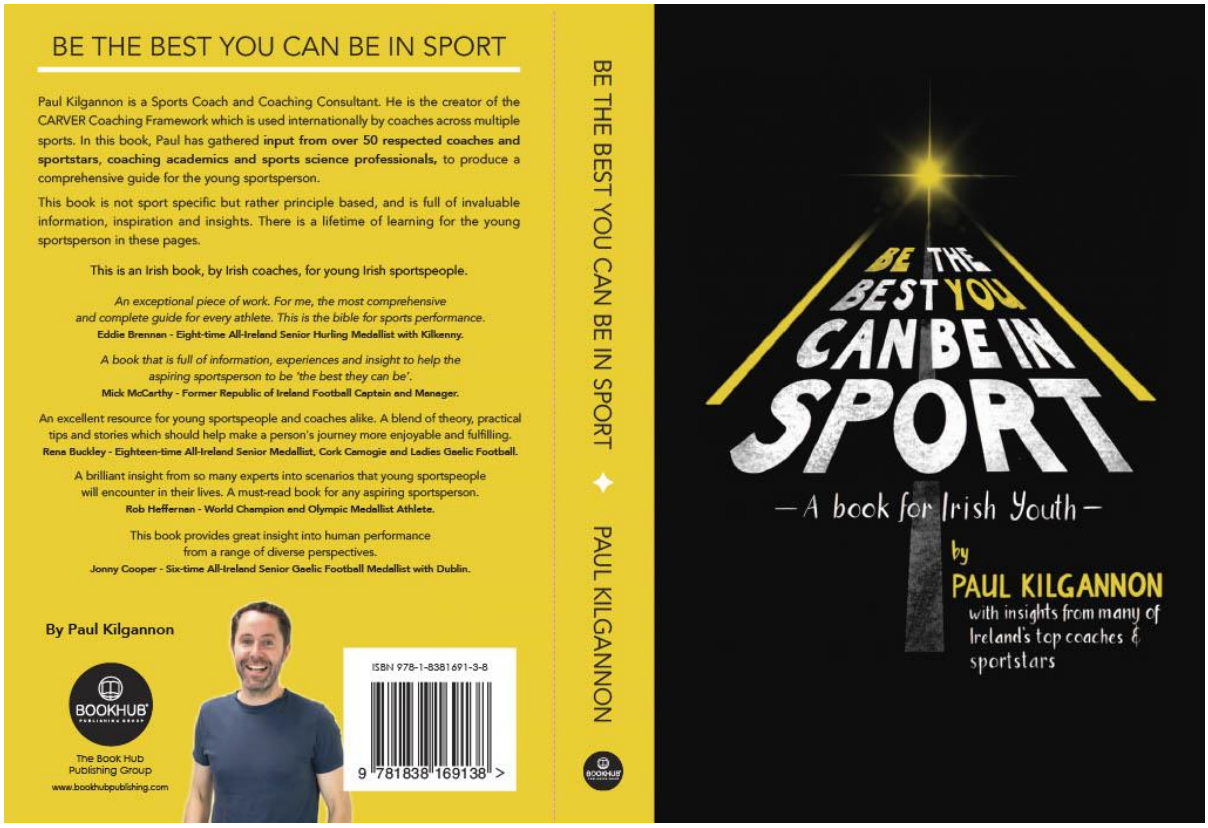
1. TEXT YOUR NAME AND QUANTITY OF BOOKS TO TOM O'DONOGHUE AT 087 783 9898 BY THE 8TH OF DECEMBER.

2. YOU WILL GET A TEXT WHEN THE BOOK IS READY FOR COLLECTION.

3. PAY ON COLLECTION.

4. WE ASK THAT ALL MEMBERS HONOUR THEIR COMMITMENT TO PURCHASE.

Be the Best You Can Be in Sport



GAA January 2021 Newsletter

Here is the latest edition of the GAA Club Newsletter for members.

https://www.gaa.ie/stories/read-the-latest-club-newsletter-january-2021/

This month's edition includes the following.

- Details of the GAA's €9.5M club and international unit financial support package
- Bloody Sunday remembered
- Games Promotion Officer Conor Herbert preaches to the converted
- Menu of resources to assist hurling and camogie coaches
- How Croke Park became a sustainable venue
- How to get your club winter ready

Correspondence can be sent to clubnewsletter@gaa.ie

Covid Practice - Update

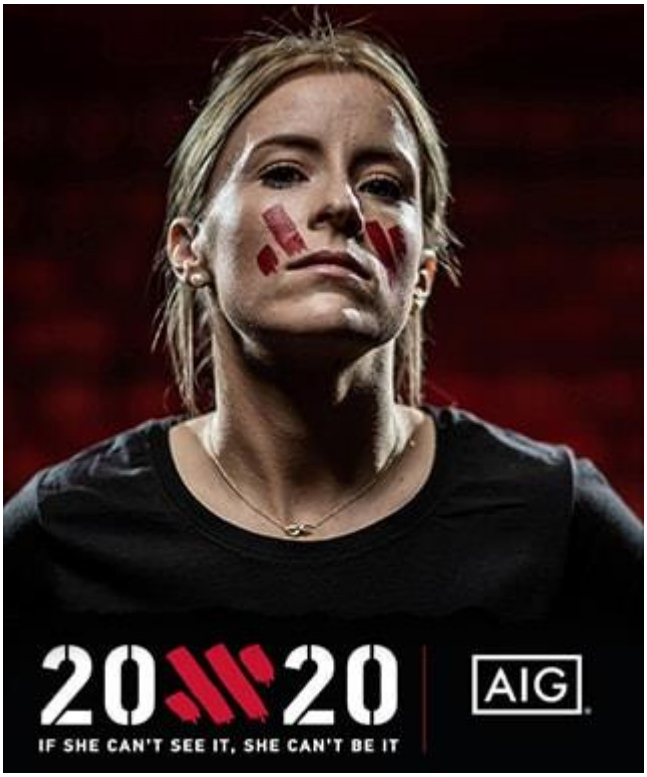
As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

AIG SKILLS COMPETITION



Ladies, record your skills and be in with a chance to win €1,000!
See details on the links below. Best of luck
https://www.aig.ie/Skills
Some previous entries:
– Instagram page: https://www.instagram.com/aig.ireland
– Facebook Page: https://www.facebook.com/AIGIreland/
– Twitter: https://twitter.com/aigireland

GAA Coaching and Games

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

GAA Learning Website

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that

are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner https://learning.gaa.ie/planner/

- Games Development Conference Videos and Presentations from 2014 to 2020 https://learning.gaa.ie/GamesConference2020

- 'GAA 15' Injury Prevention Programme - https://learning.gaa.ie/gaa15

- Céim ar Aghaidh Resources for Primary School - https://learning.gaa.ie/ceim

- The Skills of Hurling - https://learning.gaa.ie/hurlingskills

- The Skills of Football – https://learning.gaa.ie/footballskills

- Online Courses and Workshops for Coaches, Players, Referees and Administrators

- LGFA and Camogie Resources and Programmes

#GAAPrimary Challenges

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the @GAAlearning twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to gamesdevelopment@gaa.ie or on social media using #GAAPrimary.

https://youtu.be/5lOTk69ctQc

Webinar Series

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on

Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '@GAAlearning' and past sessions can be viewed on our Youtube Page 'GAALearning'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter @GAALearning

Coach Survey

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email gamesdevelopment@gaa.ie

https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNlFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u

https://www.youtube.com/watch?v=2Az-95HFEa8

For more information on any of these resources, please visit our website 'https://learning.gaa.ie/' or twitter page @GAALearning

Enjoy 50 Shades of Boden at home

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

https://www.youtube.com/watch?v=TnJb9x-rgvg

Ballyboden St Enda's Players & Management- Social distancing..

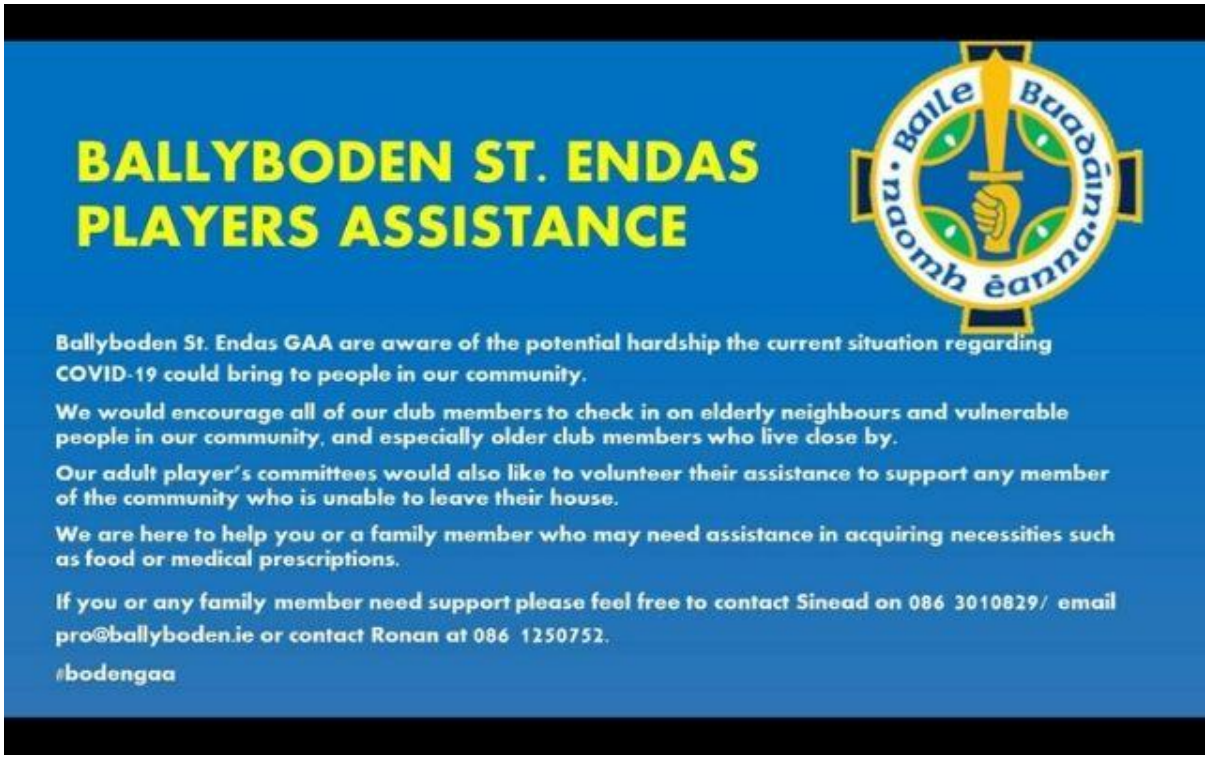
Ballyboden St Enda's Players & Management- Social distancing..

Important message on social distancing coutresy of BBSE players and management

#IAMSOCIALDISTANCING

https://youtu.be/xVdfFVZ6dIc

Ballyboden St. Enda's Player's Assistance



WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

No Club social media platform should be used to post or share material which is :

violent, sexually explicit, obscene, hateful, or defamatory.

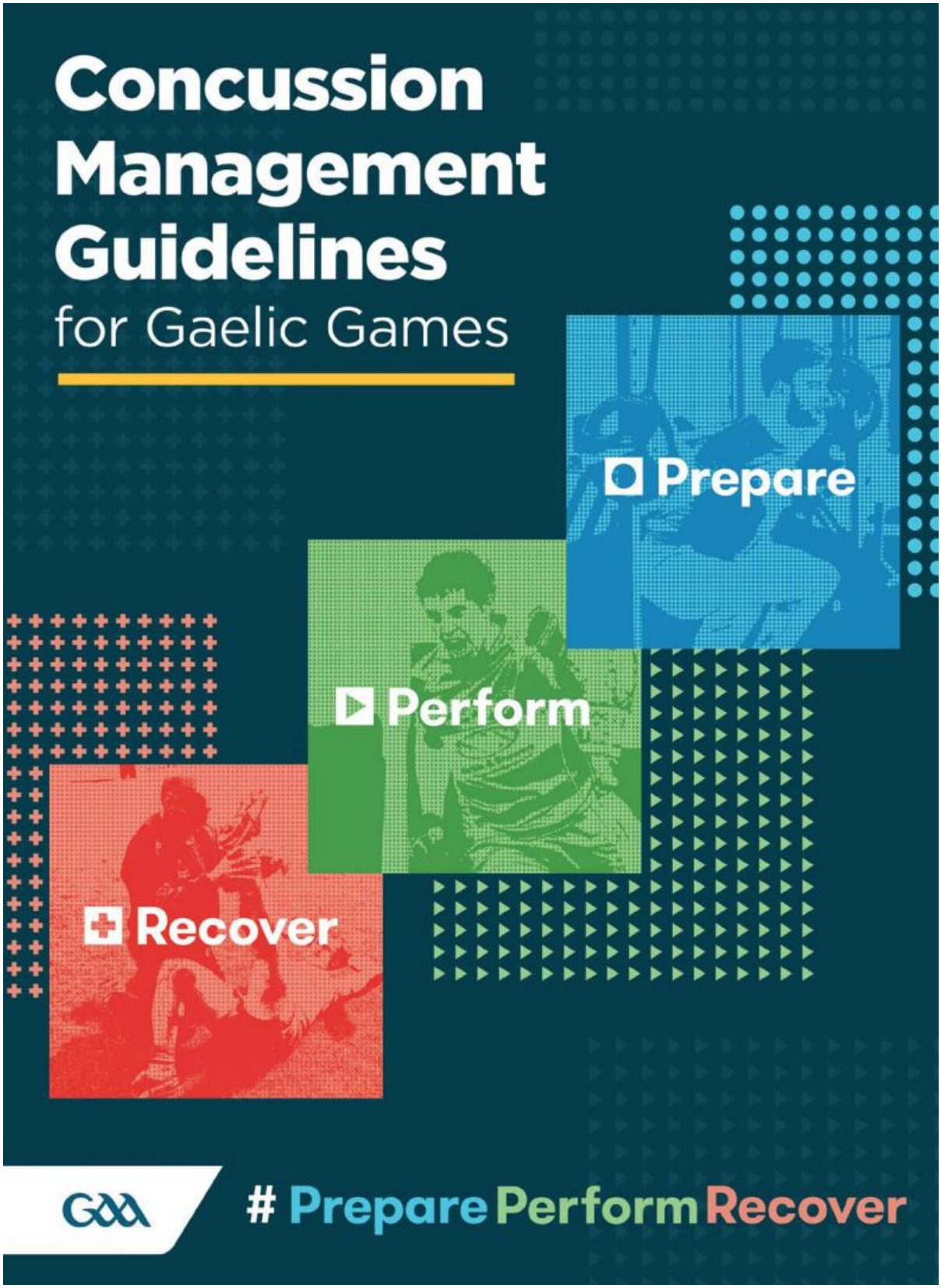
suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

Concussion Management



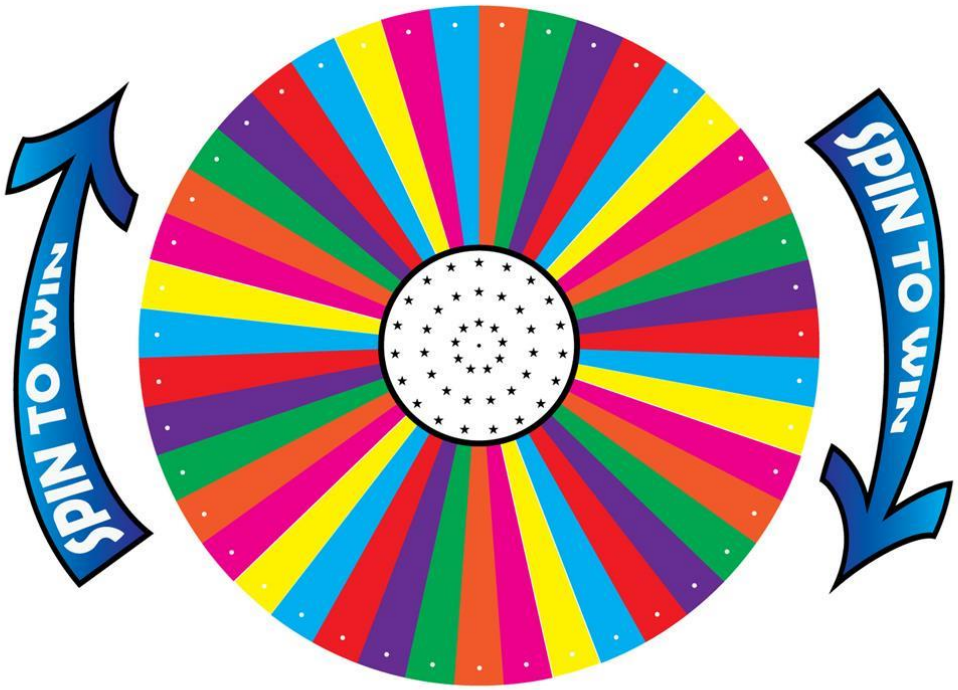
If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.
SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

The GAA Concussion Management Guidelines

Spin The Wheel

SPIN THE WHEEL @ BODEN



EVERY SATURDAY NIGHT @ 11PM
3 PEOPLE TO SPIN EVERY NIGHT

43 Prizes on the WHEEL, Including

€1000, €500, €300, €200, €100, €50

42" Smart TV, Vintage Wine Collection Presentation Box, Club Lotto Membership

AND DOZENS OF OTHER PRIZES TO BE WON

(YOU MUST BE PRESENT TO SPIN THE WHEEL)

BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html

- ADULT FOOTBALL
- CAMOGIE
- HURLING
- JUVENILE BOYS
- JUVENILE GIRLS
- LADIES FOOTBALL
- LATEST NEWS
- SOCIAL EVENTS

Ballyboden St Endas backing local – Black Amber

Posted by Susan McManus on 9 February, 2021

Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year. Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its...

The post **Ballyboden St Endas backing local – Black Amber** appeared first on **Ballyboden**.

Bereavement – Quinn

Posted by EamonnTreacy on 9 February, 2021

The Mighty Quinn – The community of Ballyboden St Endas is greatly saddened to hear of the peaceful passing of Richard Quinn after a long illness. Richie was an integral part of our first minor football championship success in April 1990. He was also an accomplished hurler and a son of the late Frank &...

The post **Bereavement – Quinn** appeared first on **Ballyboden**.

Club History Book, limited reprint …

Posted by Alan Kinsella on 8 February, 2021

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings. To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087...

The post **Club History Book, limited reprint …** appeared first on **Ballyboden**.

BEREAVEMENT -BUCKINGHAM

Posted by Alan Kinsella on 8 February, 2021

The club community sends its sincere condolences to the Buckingham Family on the passing of Betty Buckingham. Our thoughts and prayers are with Adult Football PRO Neil, former players Dan and Sarah and all the family at this difficult time. Ar dheis Dé go raibh a hanam dílis. https://rip.ie/death-notice/betty-buckingham-navan-meath/449043

The post **BEREAVEMENT -BUCKINGHAM** appeared first on **Ballyboden**.

BEREAVEMENT -DUNNE

Posted by Alan Kinsella on 7 February, 2021

The club community sends its sincere condolences to the Dunne Family on the passing of Cecila Dunne, the much loved mother of Eoin Dunne, the former Chairman of our Football section and current member of lotto Committee. Our sincere condolences are extended to Eoin, Collie, Mikey & all the family at this sad time. Ar...

The post **BEREAVEMENT -DUNNE** appeared first on **Ballyboden**.

Bereavement – Crowley

Posted by Neil Buckingham on 29 January, 2021

The club community sends its sincere condolences to Seán Crowley and family on the recent passing of his mother Irene in Bantry Co. Cork. https://rip.ie/death-notice/irene-crowley-bantry-cork/447440/ Ar dheis Dé go raibh a hanam dílis.

The post **Bereavement – Crowley** appeared first on **Ballyboden**.