



Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



**CLUB LOTTO – Results for 25th February - Jackpot  
of €4,500 won!**



The winning numbers in last week's Club Lotto are **20 22 05 15**

Congratulations to Paul Waters, **winner of the €4,500 Jackpot!** 🎉

There were no winners of the Match First 3 numbers drawn.

**Tá €1,000 sa Phota Óir an tseachtain seo chugainn ( next week's Jackpot will be €1,000)**

The draw next week will take place on **Thursday 4th March**.

Join the Lotto [here](#) or to play on a weekly basis see [see here](#).

If you have any queries about the club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw process is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

Now, more than ever, it is important that all club members support the Club Lotto currently one of the most important revenue generating methods for our club.

## **The Boden Virtual Treasure Hunt**

Tired of the 5km travel restriction?  
Navigate your way to riches  
from the comfort of your living room!

\*Funds raised for the benefit of the Adult Hurling section,  
as well as a donation to a local charity

Mentor Groups  
Friends  
Families  
Players  
Everyone Welcome

Friday 19<sup>th</sup> March  
8pm  
Registration details to follow...

€30 per team  
€200 1<sup>st</sup> Prize  
€100 2<sup>nd</sup> Prize  
....plus plenty of spot prizes!!

# Friends of 'Boden' "Virtual Treasure Hunt"

**BALLYBODEN ST. ENDAS GAA CLUB**

Major  
Sponsor



**H&K International**



Tired of Covid?? Nothing good on Netflix?? Looking for a fun evening?? Ready for a challenge??

The Adult Hurling Section is having a **Virtual Treasure Hunt** which will be held from the comfort of your own sitting room on Friday, **March 19th at 8.00pm**. All you need to take

part is a computer, a tablet (Electronic Variety!!) or a mobile phone. All members of your household (we suggest a maximum of 4), young and older, can be part of your team and you can even use Google or other search engines to assist you in solving the clues. And, as it is a Virtual Treasure Hunt, participants can be anywhere they like and have fun together as you virtually travel around the local area.

Here is how it will work:

- Register a team for the event from your phone or computer
- You will be sent a link which will allow you join the hunt on the evening
- Follow the Virtual Clues, starting at the club and finishing at the club
- Use your knowledge of the local area or use your computer to break the clues
- Input the answers and submit within the agreed time
- The team submitting the most correct answers will get the Treasure (speed will be important in the event of a tie)
- Spot Prizes for some answers

The cost of entry is €30 per team. There will be two cash prizes - **€200 for the winning team and €100 for second**. Proceeds go the Adult Hurling Section and the sections will make a contribution to a local charity.

Registration details will follow over the coming days on the website and social media.

**A LIDL money goes a long way! Calling on all Lidl Shoppers to Support Ballyboden St Enda's Ladies Footballers.**





Lidl Ireland is giving us the opportunity to raise much needed funds (up to €20,000) through their '[Level The Playing Field](#)' Club Fundraising Initiative.

It runs from Monday 11th February to Sunday 11th April 2021.

**We have opened our account and have saved 25 cards already!!** Many thanks to all who are collecting stamps for us and to those who have already submitted completed cards. You can track our progress [here](#).

What do you do:

1. Please download/open the Lidl Plus app from the AppStore and follow the prompts
2. Select 'Ballyboden St Endas' as the club you want to support

**3. If you spend over €30 in store, scan your Lidl Plus card on the app to earn a stamp (over €60 = 2 stamps, over €90 = 3 stamps etc)**

**4. Collect 6 stamps to complete a stamp card. Submit your completed cards by Sunday April 11th (you can submit multiple completed stamp cards)**

**5. Spread the word to your friends and families locally & across the country. Ballyboden followers nationwide can collect and donate their stamps to us**

For more details, see [here](#) to find out more.

The club in Leinster with the most nominations wins €20,000. Bígí Linn. Now let's all back our girls!

## **One Good Club 2021**





Lidl's One Good Club, in association with the Ladies Gaelic Football Association and Jigsaw was launched virtually in the club last Monday, 1st March.

One of only 25 clubs selected across the country, the five-step Mental Health Awareness Programme aims to build and encourage positive mental health promotion from within our club into the wider community by undertaking a series of Mental Health and Well-being activities in line with Jigsaw's '5 a day for Mental Health' concept, an evidence-informed framework made up of simple, everyday activities aimed at boosting mental health and well being of all club members of all ages.

Each fortnight, we will be detailing lots of fun, health promoting activities that will bring us together as a community and have a positive impact on everyone's health. The programme is all about helping our club, its members (young and old) and community to feel good and function well by doing the things you enjoy doing.

The 1st stage is CONNECT. We have 3 activities to complete this fortnight and they are as follows:

- Art Competition with some very exciting prizes. For more info, see [here](#)
- Bake with Hannah. For more info, see [here](#).
- You've got mail. For more info, see [here](#).

We would love if people could capture your activities and share them with use over the 10 weeks by posting on Facebook Twitter and Instagram using the **#OneGoodClub #bodengaa**

For more information about One Good Club, see [here](#).

***Jigsaw** is the National Centre for Youth Mental Health in Ireland and is committed to improving young people's mental health and to developing supportive communities by providing a range of supports including one-to-one therapy sessions with young people, group work with the adults, workshops in schools, clubs, businesses and more.*

***Jigsaw Live Chat** is a new way to get support if you're aged between 12-25 years old. Our trained staff host 1:1 webchats, Monday, Tuesday, Wednesday and Friday from 1-5pm and Thursday from 2-8pm.*

***Lidl** continue to work closely with the LGFA to ensure that participants at every level of the game are reaping the benefits of the sponsorship, through programmes like One Good Club™ or other initiatives like #SeriousSupport, which has proved extremely successful in engaging girls in sport across the country.*





MORE FOR YOU



ONE<sup>TM</sup>  
GOOD  
CLUB

# CONNECT

We are taking part in Lidl's OneGoodClub. This 5-step mental health awareness programme is helping us to highlight the importance of promoting youth mental health in our club and community.



Join us for our 5 steps to the programme: **CONNECT**

*Art competition*  
*Bake with Hannah*  
*You've got mail*

Humans are social creatures. We crave connection just as we crave food and water. Our relationships with people are fundamental to our happiness – they give support and a sense of meaning and belonging in our lives.

**LGFA**  
PEIL na mBAN

**JIGSAW**  
Young people's  
health in mind

# BALLYBODEN ST ENDAS GAA MEMBERSHIP 2021



Our annual club membership for 2021 is now due. Renewal emails have been sent out to all our members. The club wishes to thank everyone in advance for their ongoing support. If anyone didn't receive an email or is having difficulty renewing online, please email our club registrar, Gerry at [registrar@ballyboden.ie](mailto:registrar@ballyboden.ie)

A letter from our Club Chairman Ciaran Maguire follows:

Fellow Ballyboden St. Endas Members,

The Club Executive would like to wish all of our members a very happy and safe new year. Gaelic Games, at both club and county level, were one of the few normal activities which helped us all through 2020 and players, mentors and supporters enjoyed the opportunity to play in a safe environment when lockdown was lifted. As we look ahead to the uncertainty which will undoubtedly continue into 2021, we can only hope that we will soon be able to get back to playing, training, watching matches and socialising together soon.

As you can imagine, the drop-off in revenues from sponsorship, fundraising, bar and rent due to lockdown, has impacted severely on us in Ballyboden St. Endas as it has on all sporting organisations across the country. At the same time, many of our costs for registration, insurance and maintenance remain fixed which meant that the club ran at a deficit for 2020. There is considerable uncertainty about our ability to raise funds and earn revenue for at least for the first half of 2021. For this reason and in order to help with cashflow and keep the club running at the level and standards we have come to expect, we ask all of our members to pay their 2021 membership fees as early as your personal circumstances allow. As always, if members are experiencing financial difficulty, they can speak in confidence with their section registrar, and a suitable arrangement will be made.

The strength of our community and spirit will bring us through this pandemic, and we will emerge even stronger when it is all over – níl tuile dá mhéad nach dtránn.

Ciarán

## Sancta Maria defibrillator





The club has relocated the defibrillator on our grounds in Sancta Maria. The defibrillator is now positioned at the door of the gym on the outside wall of the courtyard. It is in a new easy to access, temperature controlled storage unit on the wall. We would like to thank South Dublin County Council who contributed to some of the costs of the new defibrillator and storage unit through their Community Grants Programme. This defibrillator is now easily accessible to all club members and members of the local community who use this area.

## **Exercise is medicine programme for over 65s**

SPARC South Dublin are running a 12 week exercise programme for over 65s via zoom beginning on March 2nd at 09:30am. We want to get the people of our community moving during this lockdown!

All classes will be tailored to varying ability and are undertaken by chartered physiotherapists. All you need is a chair and a few light weights (can be small bottles of water).

This is a totally free of charge programme & we would love to see you come along and join in the zoom fun!!

To sign up people can go to

<https://www.sparc.ie/over-65-exercise>

## **Club History Book, limited reprint ...**

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

## **Appeal for new Referees at Adult and Minor levels.**

Dublin GAA Appeal for new Referees at Adult and Minor levels

Please see message below from the County Board seeking new referees. Anyone interested in signing up for the referee course should forward their details to secretary [ballybodenstendas.dublin@gaa.ie](mailto:ballybodenstendas.dublin@gaa.ie) before Friday 12th March.

As you are aware, in anticipation of the lifting of current Covid restrictions, CCC is preparing for the season ahead. This year (2021) we have received a significant increase in the number of teams entered in our competitions across both codes at Adult and Minor levels with a significant number of clubs entering more teams than any previous year.

With the increase in teams, combined with withdrawals due to Covid fears, age, etc. comes an additional requirement for new referees. We are already operating with insufficient referees and this increase in teams will put even more pressure on CCC being able to appoint referees for all games.

Without an increase in referee numbers CCC will be unable to guarantee referees for all games in the coming season.

CCC plan to run a Foundation (Beginners) Course as soon as Public Health advice allows.

## Baile Buadáin Le Gaeilge 2021



**Príomhoide Ghaelscoil Chnoc Liamhna ag éirí as a post**

Tá scéal faighte againn gur éirigh Máire Ní Ghallchóir as a post mar phríomhoide roimh an Nollaig. D'fhág Máire a rian ar mheon agus ar intinn na céadta scoláire a bhí faoina cúram anuas tríd na blianta. Chuir Máire fíorchaoín fáilte roimh Brian agus Paul agus muintir Bhaile Buadáin Naomh Éanna i gcónaí, pé uair a thugadar cuairt ar an scoil. Chuir sí na cluichí gaelacha chun cinn i gcónaí agus thug sí gach spreagadh do pháistí na scoile páirt a ghlacadh inár gcluichí dúchasacha. Guímid gach rath ar Mháire amach anseo.

### **Seanfhocal na Seachtaine**

I dtosach na haicíde is fusa í a leigheas / At the onset of the sickness it is easiest to cure / tackle the problem early and you have the best chance of solving it

### **Na Cluichí san Meáin**

Hegarty, Bennett nó Kelly

Dá mbeadh vóta ag John Allen d'Iománaí na Bliana 2020 ní thabharfadh sé do rogha na coitiantachta é. An scéal go léir anseo:

<https://tuairisc.ie/cerbh-e-imreoir-na-bliana-hegarty-bennett-no-kelly/>

### **Dúshlán na gCéimeanna le Jamie Ó Tuama**

Tá 'Dúshlán na gCéimeanna' de chuid Chumainn Fholláine CLG faoi lánseol faoin tráth seo agus tá clubanna fud fad na tíre ag rith agus ag siúl ó cheann ceann a gcuid paróistí ag iarraidh ciliméadair mhóra a chur díobh thar ceann a gcuid clubanna. 25,000 duine agus os cionn 600 club ar fad atá páirteach sa GAA Healthy Club Steps Challenge i gcomhar le Irish Life's MyLife App, i mbliana.

An tuairisc iomlán anseo:

<https://www.gaa.ie/news/clg-na-rinne-ag-rith-o-dhubh-go-dubh-sa-gaa-healthy-club-step-challenge/?s=03>

### **Anois teacht an Earraigh**

Le cúpla seachtain anuas, tá plúiríní sneachta ag gobadh aníos. Gheobhaidh tú liosta thíos de bhláthanna coitianta atá le feiceáil in Éirinn

<https://weareirish.ie/gaeilge/irish-language-flower-names/>

## **Special Boden Session in honour of Kay Murray**





A Chairde,

We had a brilliant Session on Monday night last with Musical and Comedy Recordings played through Zoom , as well as friends etc performing and chatting live on Zoom. The highlight for me, came all the way from Tipp. - Kilsheelan - a song from Sheena – goddaughter of Kay Murray R.I.P. – The Galtee Mtn. Boy ( I've attached the words ) - It epitomised Kay with her fighting spirit - when she supported a cause, she was more like a '

flying column ' than one person !! and then we also remembered that other Kay – how she loved to waltz around the floor at the Boden Sessions – so I've also attached the words of My Darling Kathleen.

Please join us for more music on Monday 29 March.

Joe Johnston 23/2/2021

### **Seisiún Speisialta ag ceiliúradh saol Kay**

**Murray R.I.P \***

OWEN MCLOUGHLIN – feadóga – ag seinm Cill Chais

TONY LYNCH – recorder – ag seinm I'll Take You Home again

Kathleen

CIARÁN DOYLE – guitar – ag canadh John O'Dreams

LIZ McDONALD – recorder – ag seinm Ar Éirinn Ní nEosfainn Cé hÍ

DECLAN aka DOLLY O'BRIEN – ag canadh ' Vaccine '

HELEN ROHAN - recorder – ag seinm Greensleeves

THE JOHNSTONS – My Darling Kathleen

SHAY O'BRIEN ag canadh Biddy Mulligan

MARY BLACK – flute – ag seinm – The Loch Tay Boat Song

TOM BERRY – recorder - ag seinm Gabriel's Oboe

JOE AHERN – recorder – ag seinm The Spinning Wheel

TERESA MURPHY – recorder – ag seinm Moonlight in Mayo

DAMHSA ar ZOOM - Joe and Úna - Shoe the Donkey

EDDIE COMERFORD ag aithris The Irish Literary Heavyweights

BRID O'ROURKE – recorder – ag seinm - I'll Take You Home again Kathleen

JIM GEOGEGHAN ( Kay's brother ) – ag canadh Slievenamon and Dublin in the ROT

MONTY FITZGERALD – bosca cheoil – ag seinm The Brosna and O'Keefes Slides

DAN MEANEY - ag canadh Sunday Morning Coming Down

SHEENA (Kay's goddaughter) – ag canadh THE GALTEE MOUNTAIN BOY

Joining us on Zoom we had John Murray – son of Kay R.I.P. and his wife Roisín, Kay's niece Mary Martin, Kay's sister in law Helen (all the way from Kilsheelan in Tipp.) John Wilson, Frank Daly , Noreen Spain, Noreen O'Farrell and Pat and Anne Cahalane,

### **THE GALTEE MOUNTAIN BOY**

I joined the flying column in nineteen and sixteen

In Cork with Sean Moylan, Tipperary with Dan Breen

Arrested by free staters and sentenced for to die

Farewell to Tipperary said the Galtee mountain boy.

We went across the valleys and over the hilltops green

We met with Dinny Lacey, Sean Hogan and Dan Breen

Sean Moylan and his gallant men, they kept the flag flying high

Farewell to Tipperary said the Galtee mountain boy.

We tracked the Dublin mountains, we were rebels on the run

Though hunted night and morning, we were outlaws but free men

We tracked the Wicklow mountains as the sun was shining high

Farewell to Tipperary said the Galtee mountain boy.

I bid farewell to old Clonmel, I never more will see

And to the Galtee mountain that oft times sheltered me The men who fought for their liberty and who died without a sigh

May their cause be ne'er forgotten said the Galtee mountain boy.

## **MY DARLING KATHLEEN**

In An Old Country Hall Down An Old Country Lane,  
That's Where I First Met Her And My Memories Remain,  
As She Waltzed Round The Floor In Her Blue Satin Dress,  
My Poor Heart Beat Faster With Her Every Step,  
An Angel From Heaven A Star From Above,  
But How Could I Tell Her I Was So Much In Love,  
So I Asked Her To Dance On That Saturday Night,  
And That Was The Start Of The Rest Of Our Lives.

CHORUS :

And The Crystal Ball Flickered Upon Her Sweet Face,  
And The Girl That I Longed For Was In My Embrace,  
Oh Please Please Don't Wake Me From This Beautiful Dream,  
In Your Arms I'm In Heaven My Darling Kathleen,

In An Old Country Church Down An Old Country Lane,  
Our Families and Friends Gathered That Day,  
I Have Nothing To Offer But This Small Band Of Gold,  
And My Love Forever To Have And To Hold,

But Today Our Friends Gathered In That Old Church Once More,  
To Say Their Goodbye's To The Girl I Adore,  
And If God Is To Grant Me Just One Dying Dream,  
I'll Waltz Around Heaven With My Darling Kathleen.

## **Support Local Business: Black Amber**



Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year.

Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products

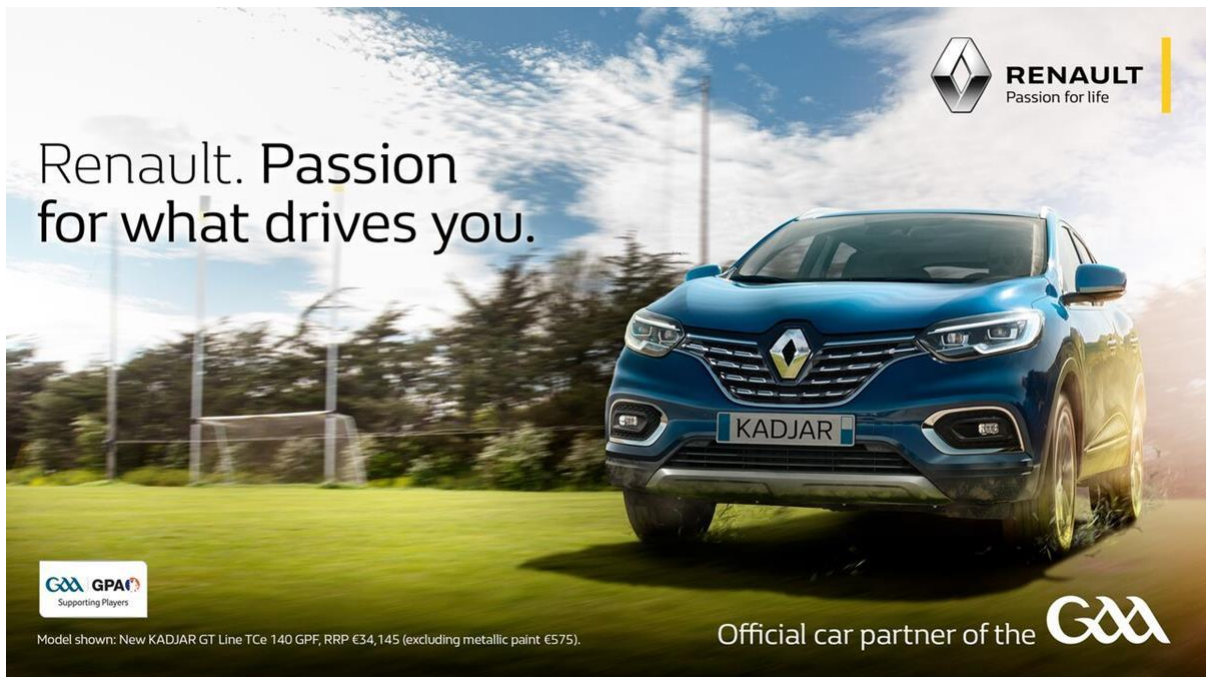


can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines.  
Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on [info@blackamber.ie](mailto:info@blackamber.ie) and one of our team will be more than happy to contact you.

<https://blackamber.ie/>

## Support Local Business: Renault Belgard



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the [Belgard Road, Tallaght, Dublin 24.](#)

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at [rrg.ie](http://rrg.ie)
- C-it Now video service assistance

## **Support Local Business: Adventure Marine**



Alex Murphy a Ballyboden member, has set-up e-commerce website [www.adventure-marine.com](http://www.adventure-marine.com)



Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

**Support Local Business: Kate Campbell, Strictly Sugarcraft**



Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store [www.sugarcraft.ie](http://www.sugarcraft.ie) came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on [Facebook](#) and [Instagram](#) for the latest product information.

[www.Sugarcraft.ie](http://www.Sugarcraft.ie)

## Support local business: Courtville - Matthew Weldon Jewellery



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

### **The services we offer are :**

- Antique and vintage jewellery,
- Engagement rings,
- Bespoke jewellery,
- Irish silver,
- Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

**Support local business: Jensen Fleet Solutions**





At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.

Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.

We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell

Think of Jensen for all your motoring needs.

## GAA January 2021 Newsletter



Here is the latest edition of the GAA Club Newsletter for members.

<https://www.gaa.ie/stories/read-the-latest-club-newsletter-january-2021/>

This month's edition includes the following.

- Details of the GAA's €9.5M club and international unit financial support package
- Bloody Sunday remembered
- Games Promotion Officer Conor Herbert preaches to the converted
- Menu of resources to assist hurling and camogie coaches
- How Croke Park became a sustainable venue
- How to get your club winter ready

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

## Covid Practice - Update

As a club, we have been very diligent regarding implementation of measures to ensure the safety of spectators and players, and this has been as a result of hard work and effort by many, many people who have been tracking player check-ins, stewarding games, providing signage and sanitiser, ensuring a safe environment etc. This has been tremendously hard work on top of the normal effort to train and prepare teams and compete in games, and we have received compliments from referees and opposition mentors as to the quality of the preparation and precautions taken at games.

As the numbers of cases reported increases across the country, we must remain steadfast and diligent in implementation of the protective measures and procedures. Can we especially:

- Continue with health check-ins before every session
- Continue to sanitise equipment used after every session
- Avoid car-pooling to training or games. If car-pooling cannot be avoided and members of different households must travel in the same car, then masks should be worn.
- Encourage all club members and players over the age of 16 to download the HSE app to their phones as this is hugely helpful for tracing in the event of a scare.
- Continue to insist that all players bring their own water bottle to training and matches. Shared water bottles must not be used.
- Check-in to the GAA app to confirm health status should be done on the morning of an evening session or the night before for a morning game or session.

Many thanks for all your efforts up to now - let's continue to be diligent to ensure that we can complete our full programme of games in a safe manner.

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>

- Online Courses and Workshops for Coaches, Players, Referees and Administrators

- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page](#) '[GAALearning](#)'



National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

## **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

## **Enjoy 50 Shades of Boden at home**

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

## **Ballyboden St Enda's Players & Management- Social distancing..**



Important message on social distancing courtesy of BBSE players and management

#IAMSOCIALDISTANCING

<https://youtu.be/xVdfFVZ6dIc>

## Ballyboden St. Enda's Player's Assistance

## BALLYBODEN ST. ENDAS PLAYERS ASSISTANCE



Ballyboden St. Endas GAA are aware of the potential hardship the current situation regarding COVID-19 could bring to people in our community.

We would encourage all of our club members to check in on elderly neighbours and vulnerable people in our community, and especially older club members who live close by.

Our adult player's committees would also like to volunteer their assistance to support any member of the community who is unable to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as food or medical prescriptions.

If you or any family member need support please feel free to contact Sinead on 086 3010829/ email [pro@ballyboden.ie](mailto:pro@ballyboden.ie) or contact Ronan at 086 1250752.

#bodengaa

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

▣ Prepare

▶ Perform

✚ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out



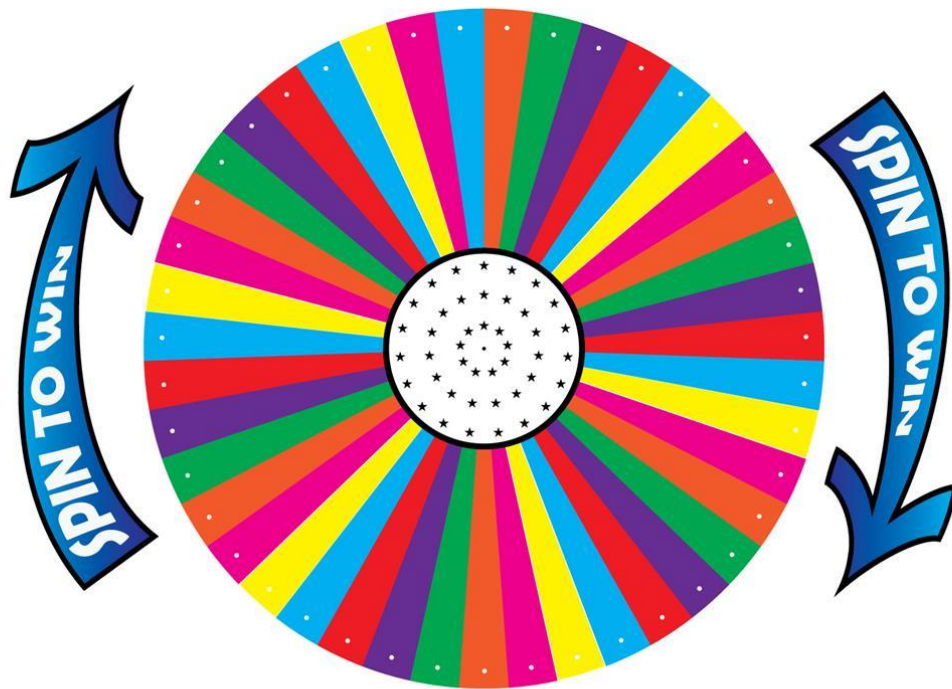
Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**

# SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM**  
**3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including**  
**€1000, €500, €300, €200, €100, €50**  
**42" Smart TV, Vintage Wine Collection**  
**Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON**  
**(YOU MUST BE PRESENT TO SPIN THE WHEEL)**

## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## One Good Club, Stage One Connect 'You've Got Mail'

Posted by Cliona Mellett on 2 March, 2021

ONE GOOD CLUB 'You've Got Mail' Initiative We have decided to ask our members, young and old, to connect within our wider community. An Post have extended their free post to Nursing Homes until March 31st. We have chosen 5 local Nursing Homes and we are asking our members to send a card, a poem, a drawing or a letter to...

The post **One Good Club, Stage One Connect 'You've Got Mail'** appeared first on **Ballyboden**.

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## **One Good Club, Stage One Connect 'Bake with Hannah'**

Posted by Cliona Mellett on 2 March, 2021

ONE GOOD CLUB 'Baking with Hannah' Initiative Cooking together while staying apart! Join Hannah Hyland at a time of your convenience and make some delicious cupcakes with your team or friends. A link to the Bake Along has been sent to all Lead Mentors so why not Zoom Meet with your team and have some fun baking...

The post **One Good Club, Stage One Connect 'Bake with Hannah'** appeared first on **Ballyboden**.

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## **One Good Club, Stage One Connect 'Art Competition'**

Posted by Cliona Mellett on 2 March, 2021

ONE GOOD CLUB 'Art Competition' Initiative Calling all the young Ballyboden St Enda's artists To enter the competition, draw a picture of your favourite code Football, Hurling, Ladies Football or Camogie Hang the picture up in a window at the front of your house for all to see and label it Ballyboden St Enda's One Good Club....

The post **One Good Club, Stage One Connect 'Art Competition'** appeared first on **Ballyboden**.

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## **Bereavement – Mellett**

Posted by EamonnTreacy on 27 February, 2021

The club community is saddened to hear of the death of Eileen Mellett, mother of club member and mentor Mark. We send our condolences to Mark, to Clíona (Ladies Football PRO), Aidan and Cian (Senior Hurlers), to Aoife (Adult Ladies) and to all the Mellett family. Ar dheis Dé go raibh a hanam dílis. Click...

The post **Bereavement – Mellett** appeared first on **Ballyboden**.



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## Bereavement – Carroll

Posted by EamonnTreacy on 23 February, 2021

The club community is saddened to hear of the death of Michael Carroll. We send our condolences to his wife, Kathleen and to his children Emmet (former Senior Hurler and team mentor) and Gillian. Déanaimid comhbhrón lena theaghlach. Ar dheis Dé go raibh a anam dílis. Click [here](#) for arrangements.

The post **Bereavement – Carroll** appeared first on **Ballyboden**.

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## Bereavement – Feely

Posted by Alan Kinsella on 19 February, 2021

The club community sends its sincere condolences to Ronan Feely, Secretary of the Camogie section on the passing of his sister Emer. Our heartfelt sympathies to the Feely and Hololan Families at this difficult time. Ar dheis Dé go raibh a hanam dílis. Funeral Details to follow...

The post **Bereavement – Feely** appeared first on **Ballyboden**.

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