



Ballyboden St Endas
Baile Buadáin Naomh Éanna
GAA Camogie & Ladies Football Club



Club Lotto Results, Thursday 9th December 2021



The Winning numbers in last Thursday's Club Lotto were **15 25 13 01**

Níor bhuaigh duine ar bith an Pota Óir - €1,500. Bhuaigh beirt an ‘Match First 3 numbers drawn draw’ of €300 who each received €150.

- Michael Kennedy, Rathfarnham
- Cláire Butterly, Rathfarnham

Next week’s draw takes place on **Thursday 16th December**. Tá **€2,000** sa Pota Óir an tseachtain seo.

Join the Lotto [here](#) or to play on a weekly basis [see here](#). Seans gur tusa an buaiteoir amárach.

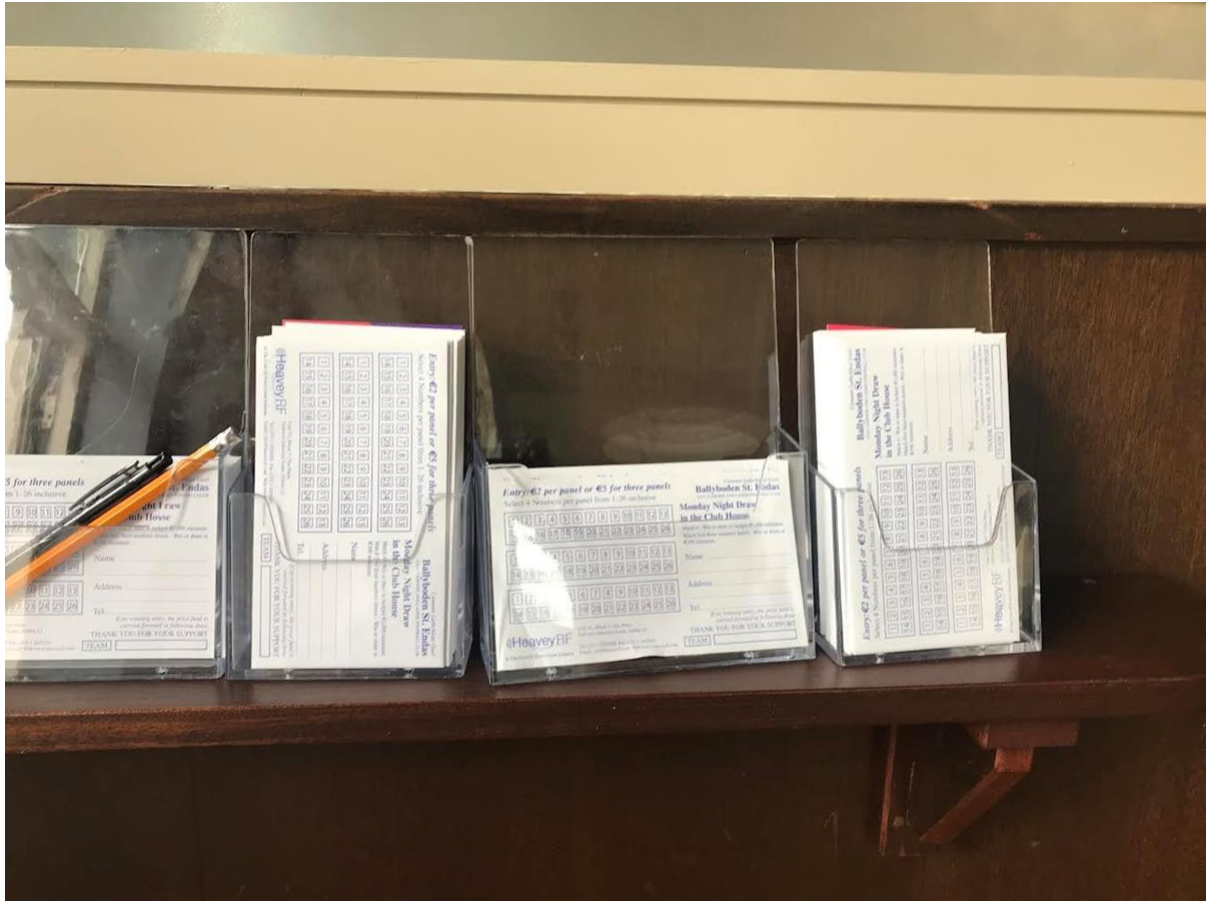
And don’t forget the LOTTO envelopes are now back in the club so why not try out your lucky numbers and Take a Chance!

Our club lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities.

Cuidigh leis an gclub, glac páirt sa Lotto anois.

If you have any queries about the Club Lotto, please email lotto@ballyboden.ie

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.



It's the Lotto that keeps on giving!



Alex McCarthy from the Lotto Committee was on hand to present Joint Lotto Jackpot Winner Orla Carey & her daughter Olivia with the winner's cheque in the club last Sunday. Orla's numbers came up trumps on Thursday 25th November as did another member with the 2 ladies sharing the Jackpot of €5,000!

Thursday night's Jackpot is €2,000. It's the Lotto that keeps winning so sign up today. It could be you!

Minor A Camogie into Division 1 Championship Final



After coming out on top in the group phase with 3 wins from 3, the Minor A Camogie team earned a home semi-final vs. Na Fianna. With pitches being closed around them, they got the last run out of the year on Pairc Ui Mhurchu on a pleasant sunny Sunday morning.

The early exchanges were tight, and it looked like a close match was in store. Boden got a point then Na Fianna responded with a point; Boden got a goal then Na Fianna responded with a goal. Going into the water break, the scoreboard showed Boden ahead by 2 with tight defences on both sides keeping the score down. It was the next quarter when Boden started to turn the screw adding a further 2-7 to leave the half time score at 3-10 to 1-2.

The message at half time was to keep doing the same things – no room for complacency and so they did by adding on a similar margin in the 2nd half to finish the match at **7-19 to 2-4**.

Now they have one more fixture to fit in before the end of the year with a Championship Final next Sunday. They beat their final opponents, Castleknock in the first group match by virtue of a last-minute goal in a thrilling match so the final is eagerly anticipated by all.

The final will take place on **Sunday December 19th at 10:30 am** at the Trinity grounds in Santry – the match will be a ticket only entry and tickets will be advertised on social media through the week once the link is made available. All support would be welcome!
Thanks to Liam Cunningham for photos

Declan Maguire Tournament



The Annual Declan Maguire Tournament will be back on **St. Stephen's Day at 11.30am in Páirc Uí Mhurchú**. This is the 16th Anniversary of the Tournament.

The report below appeared on the Boden website in January 2005.

The Second Annual Declan Maguire Memorial Trophy held in the club on St. Stephen's morning was a huge success with a total of over 44 players involved from either Firhouse or Rathfarnham. All the Maguire family were present - Ollie, Olive, Peter, Dermot, Gary, Paula and little Laura. Gary presented the trophy for a 2nd year in a row to Rathfarnham. Rathfarnham's Captain this year, Emmet Carroll, expressed the views of the whole hurling section when he said how much Declan was missed by everyone and how he would have loved a day like today, for the hurling, the camaraderie and the craic. He also thanked all the players involved, the family for their attendance and all who helped in feeding everyone afterwards.

The above report alludes to the fact that Rathfarnham had just won a two in a row. Rumour has it that Firhouse have had the better in recent years - 10 in a row they claim!! Last year's game went to the dreaded penalty shoot out!!

Just to clarify matters, your legality to play with a particular team depends on where you had your Christmas dinner... if you turn right leaving the club, you play with Rathfarnham.....if you turn left, you play with Firhouse.....but don't worry, nobody will be checking!! Let's hope that the numbers can turn up on the morning to dust off the cobwebs and remember one of our great players.

As is customary a "Minor Match" will precede the Main Event on the day and will involve the Over 35s and a Junior Selection. This game will commence at 10.30am. Players for this one are expected to get up early and be in the club at 10.00am.

Bí linn ar an lá agus bain taitneamh as an gcluiche. Nollaig Shona dár gcairde go léir.

Christmas Trees

There is still a chance to get that Boden Christmas Tree. Call to the clubhouse from 10am on Saturday

Christmas Trees



Ballyboden St Enda's **Christmas trees for sale**

Saturday 4th December

Saturday 11th December

Saturday 18th December

10am to 4pm

Venue Clubhouse

*It's the green way to go.
Grown locally by Martin Kelleher.
Delivery and collection service available.*

Win A New Opel Corsa SC



We were delighted to have James Brooks, Managing Director of Opel Ireland, Michael Sheehan of Bill Sheehan & Sons Motors, John Hyland of ClubSpot and representatives from Brennan & Co, our raffle tickets sponsor, in attendance on the night alongside some

representatives from our Ladies and Men's Football Sections, Club Executive, Steering Committee and Car Raffle Ambassadors.

Fair dues to Pat Conway actively seeking out raffle tickets on the night buying tickets 1-7!

For photos from the Launch evening, see [here](#)

Ballyboden St Enda's Ladies & Men's Football Development Plans

We are running this Car Raffle to raise much needed funds for both the Ladies and Men's Football sections. By buying a ticket, you will be directly supporting the provision of facilities for all Ladies & Men's Football teams along with skills development programmes and player welfare initiatives.

Ballyboden GAA Club is at the heart of the local community, providing its 3,500 members and the wider community with a range of sporting and non-sporting activities.



Baile Buadáin le Gaeilge 2021



Bonn Óir Buaithe ag Baile Buadáin Naomh Éanna

Fuaireamar an dea-scéal i rith na seachtaine gur bhuaigh Baile Buadáin Naomh Éanna an Bonn Óir don Ghaeilge i mbliana.

We got the good news during the week that **Ballyboden St Enda's won the Silver Medal for the promotion of Irish in the club** this year as part of Fondúireacht Sheosaimh Mhic Dhonncha, one of 6 clubs nationwide that won the Silver award..

Despite Covid, we managed to achieve quite a lot, thanks to the teamwork and support received from all sections of the club, Is mór againn é. It is much appreciated.

We have a strong Meitheal Oibre na Gaeilge in the club. If we can do anything during the coming year to support you in promoting the Irish language in your section, please do not hesitate to contact us. We have a very quick translation service through Laura Burns for any posters, social media etc.

Tá súil againn ana chuid imeachtaí a eagrú sa bhliain úr – We hope to organise a lot of events in the new year.

Information night on Irish Language classes

If you are thinking of taking up an Irish Language Class in the New Year and are looking for advice on the best class to suit your needs, we are organising an information night in the near future. If interested in attending the information night, send an email to seamie.oneill@gmail.com

Beannachtaí na Nollag

Nollaig Shona – Happy Christmas

Athbhliain faoi mhaise daoibh – Happy New Year to ye

Gurab amhlaidh duit – Same to you

Go mbeirimid beo ag an am seo arís – May we live to see this time again

Carúl na Nollag - Rogha Joe Johnston

Roghnaigh Joe carúl deas dúinn don Nollaig - Coinnle an Linbh Íosa

Is féidir leat éisteacht leis an gcarúl agus é á chanadh ag Séamus Ó Beaglaoich:

<https://www.youtube.com/watch?v=gWaU6lRDIKI>

COINNLE AN LINBH ÍOSA le Caoimhín Ó Cinnéide

Tá coinnle an Linbh Íosa

a' soilsiú 'nár dtreo
i bhfuinneogín aoltha

fanfaidh Muire go lá
Seo féile na saoithe

na mbocht is na mbrón,
Seo aoibhneas 'nár gcroíthe

Seo síocháin go deo

Cloigíní binne san oíche do chloin,

Féiríní aoibhne na Nollag dá roinnt

Ceolta chruit shíomhar

Ag aingil dá seinnt
i mainséar san tuí bhuí

Tá'n leanbh go doimhin.

Seo féile an Rí bhig

Seo féile 'bheidh buan,
A sheas trís na haoiseanna

Go lá lom an Luain
Guím Nollaig dheas aoibhinn

Gach síth agus suan
Ar chairde mo chroíse

Go sroisfidh siad cuan

Laura and The TG4 Underdogs



The Underdogs series drew to a close last Saturday, December 11th, when the final team took on the top Ladies Gaelic football team in the country (the ultimate underdogs) this year's TG4 All-Ireland Senior Champions, Meath. The match was played at the Donaghmore-Ashbourne Gaa club in County Meath at 1.30pm with a deferred broadcast to air on TG4's Peil na mBan Beo at 7.15 pm that evening.

While the game did not go The Underdogs way, there were great celebrations after the match for Ballyboden's Laura Basquel when she was named Réalta na Sraithe, Player of the series! Congratulations to Laura. Well deserved.

Laura has been a great ambassador for our club throughout the 6 week series and is a super role model for our younger club members.

The Underdogs is a unique group of players from different LGFA clubs all across the country. These footballers have never played at junior, intermediate or senior inter-county championship level before. After six months of preparation and intense training, they take on one of the best teams in the country. This season it was the TG4 All-Ireland Senior Champions, Meath.

**SDCC Pitches Closed for Winter Break 11/12/2021
- 05/02/2022**



Pitches Closed

South Dublin County Council has advised that all pitches in SDCC area are closed for the Winter Break period 11/12/2021 to 05/02/2022.

No access is authorized to pitches/Sport Facilities during the closed season, or outside of the letting season.

Referee Shortage

An advertisement for GAA referees. On the left is a black referee jersey with green vertical stripes, featuring the GAA logo and the word 'RÉITEOIR' with a crest. On the right, a referee is shown in action, holding a whistle. The background is a solid green color.

**ALWAYS WANTED TO CONTROL A GAME?
WELL...NOW YOU CAN!**

REFEREES WANTED

-  **MAKE A DIFFERENCE**
-  **BECOME A GAA REFEREE**
-  **BECAUSE OUR GAMES NEED YOU**

Have you thought about becoming a GAA referee? Now is the time to put your name forward. Full training will be provided. If you are interested contact lorraine@dublingaa.ie

Important Notice: Firhouse Road /Ballycullen Car Parking



Patrons parking vehicles are asked to park in manner that is respectful to the residents in the area and to those using the cycle lanes, bus lanes and footpaths.

- It is illegal to park on a grass verge, cycle lane, bus lane, double yellow lines, footpath.
- It is also illegal to park opposite a continuous white line or too close to a junction.

Gardaí have informed the Club they will be carrying out patrols and any person found in breach of the Road Traffic Act or found breaching the offences outlined above will be dealt with by way of a fixed charge notice (FCN) commonly referred to as a fine. In some cases, the offences carry penalty points.

Gardaí ask that any patrons using a vehicle, to park in a manner that does not breach the Road Traffic Act.

Patrons living locally, if possible, might consider cycling or walking to the main clubhouse in order to alleviate parking issues

Boden Bliss is not to be missed!



• CLASSIC CONES •		• DELUXE TUBS •	
KIDS CONE	€1.80	CHOCOLATE FLAKE	€4.50
LARGE	€2.00	KINDER BUENO	€4.50
LARGE 99	€2.50	MILKY BAR	€4.50
*INCLUDES ANY TOPPING TUBS ALSO AVAILABLE		OREO	€4.50
  			
• CLASSIC MILKSHAKES •		• DELUXE MILKSHAKES •	
VANILLA	€3.50	CHOCOLATE FLAKE	€4.50
CHOCOLATE	€3.50	KINDER BUENO	€4.50
STRAWBERRY	€3.50	MILKY BAR	€4.50
BANANA	€3.50	OREO	€4.50

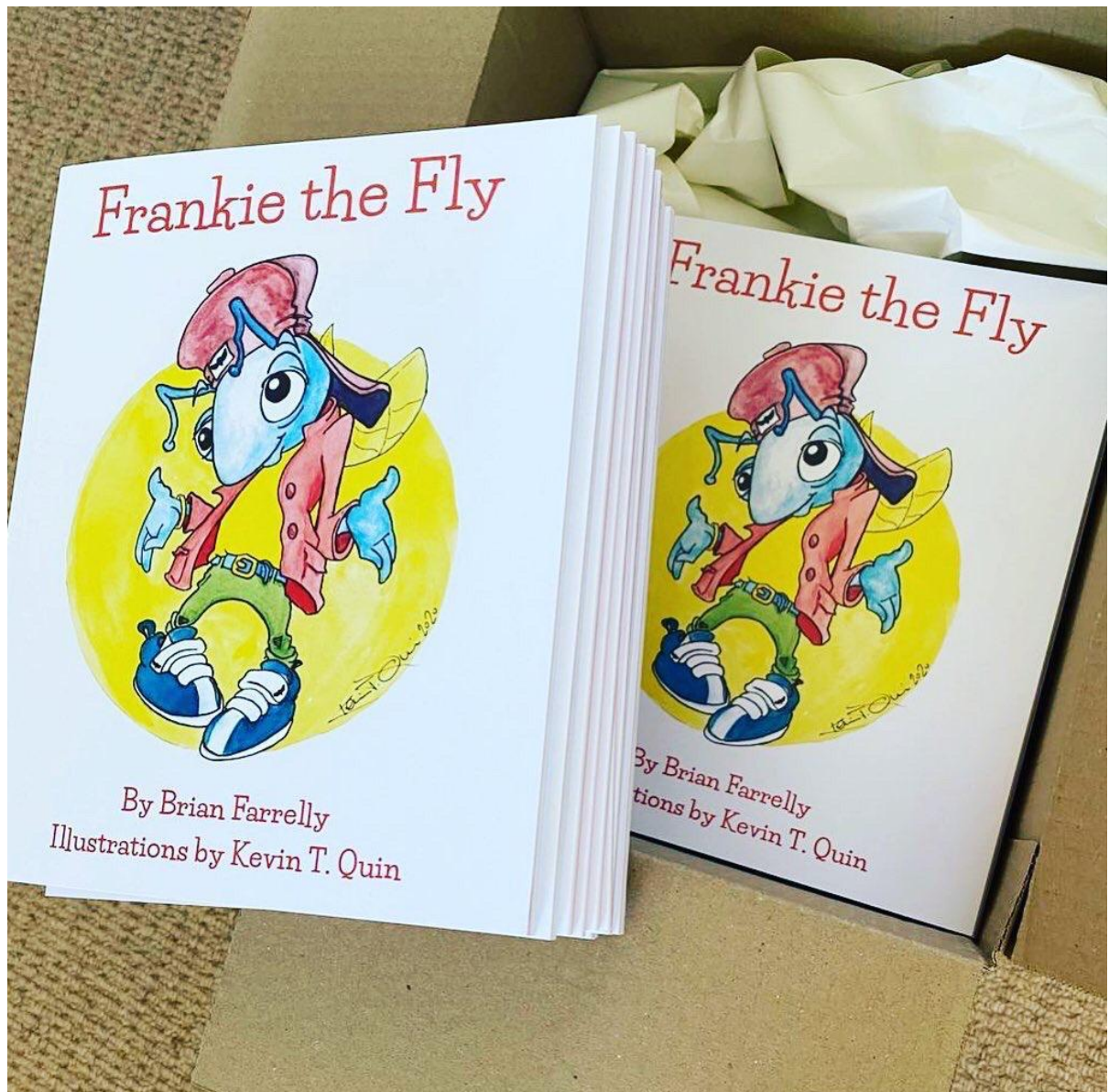
There has been great excitement at the club and in the general area recently with the opening of our brand new ice cream bar in the clubhouse! Boden Bliss is open daily and serves ice cream, milkshakes and treats for all the family! It has been proven to be particularly welcome during all the good weather we have had of late! Make sure you come down and try it out for yourself!

Opening hours:

Monday – Friday 1:00pm – 9:00pm

Saturday & Sunday 11:30am – 9:00pm

Introducing Frankie the Fly



A new children's book written by Rathfarnham native Brian Farrelly is now on sale raising money for a great cause, LauraLynn, Ireland's Children's Hospice.

Frankie the Fly is the story of a creative and resourceful fly, finding different ways of travelling from place to place. His affinity is to children who are more amenable to his tales.

The book has already raised €2,500 for LauraLynn and hoping to raise more. It's on sale at frankiethefly.ie at €15 plus postage per copy. Your support will be much appreciated.

BBSE - Defibrillator locations



Our defibrillators - where are they?

The Club has a defibrillator at the Clubhouse grounds (above) and at Sancta Maria (below). The defibrillators are stored in temperature controlled storage unit. There is no lock on the defibrillator storage units.

Clubhouse

The defibrillator is located on the external wall of the Clubhouse, between the Tribe coffee station and the bar emergency exit double doors.

Sancta Maria

The defibrillator is positioned at the door of the gym on the outside wall of the courtyard.

We would like to thank South Dublin County Council who provided a contribution to the costs of the defibrillators and storage units through their Community Grants Programme.

THE BODEN BEAT – EPISODE 4 – SARAH NAGLE



On Episode 4 of The Boden Beat, we chat to Ballyboden St Endas camogie star Sarah Nagle.

Sarah tells us about joining Boden while at school, her big family connections to the club, her career outside of the game as a dietitian and her hopes for the future.

Listen now on Soundcloud [Stream The Boden Beat Episode 4- Sarah Nagle by Ballyboden St Endas](#) | [Listen online for free on SoundCloud](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

Club shop - Opening Times

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

Club History Book, limited reprint ...

As the demand for the book exceeded supply, the Club has been in a position to get an additional 60 books printed. These are now available on a first come first served basis. There will be no further reprintings.

To place your order, you should contact Con Nagle, 087 666 0609 or Paddy Walsh, 087 979 4748. You will be contacted later when the books are in the Club.

Support Local Business: Black Amber



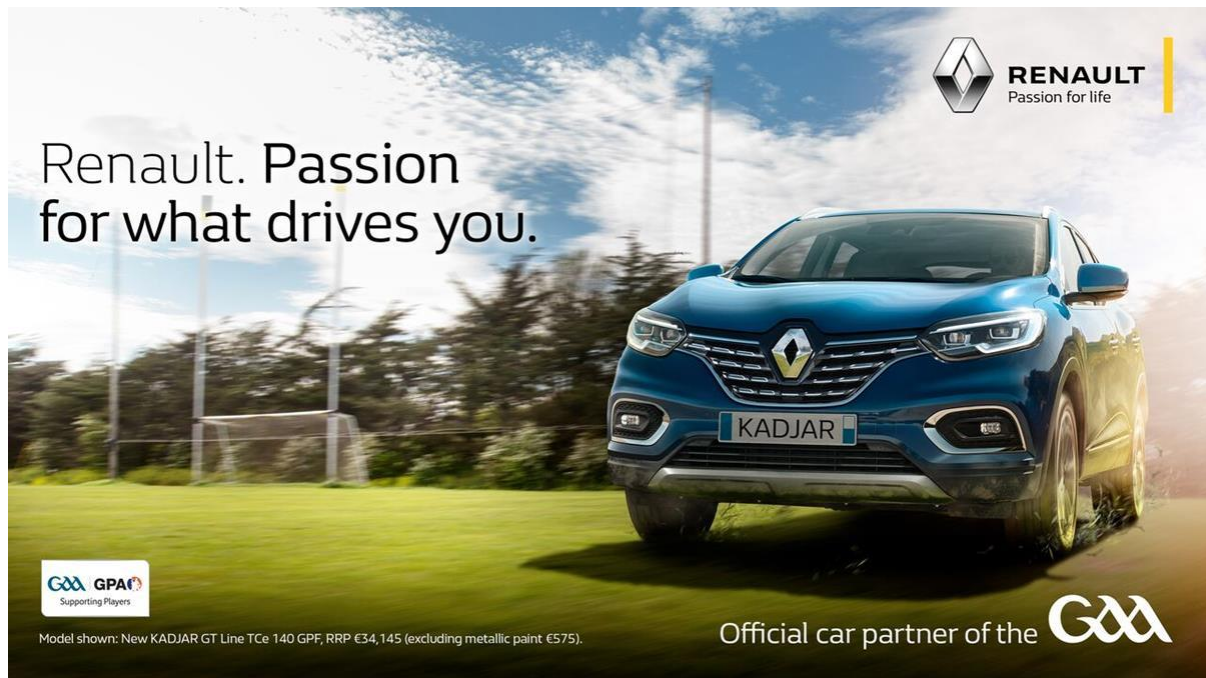
Local business man Roy Kennedy set up the Black Amber group in 2014. With branches in Rathfarnham, Templeogue, Gorey and Naas, Black Amber has adapted its retail business over the last year.

Black Amber Rathfarnham and Templeogue now delivers its much loved products like Kerastase, Davines, Kevin.Murphy and Redken within a 5K radius of its salons. Products can be bought and paid for over the phone creating a contactless sale adhering to all government guidelines. Products are delivered the same day.

Should you wish to purchase any of our retail brands or vouchers please drop us a line on info@blackamber.ie and one of our team will be more than happy to contact you.

<https://blackamber.ie/>

Support Local Business: Renault Belgard



Renault Retail Group is Ireland's only Renault owned dealership.

Being 100%-owned by Renault, enables us to offer you all Renault cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience and passion for the Renault brand.

Renault Retail Group's history in Ireland goes back to 2012 when, it was established as your local Renault dealer on the [Belgard Road, Tallaght, Dublin 24.](#)

We're committed to delivering a quality experience to ensure our business continues to thrive.

Size matters and with all the Renault models available in Ireland and hundreds of Renault Selection approved used cars in stock today – if you're thinking Renault, think Renault Retail Group!

Why Choose Us?

- €500 discount for Ballyboden GAA Club members off any new Renault in the range
- A FREE home charger when you purchase an Electric or PHEV Model from our range
- We are 100% owned by Renault, enabling us to offer you the full range of RRG cars, vans and associated products and services at the best prices and backed with sound advice based on years of experience
- Friendly expert advice on sales and service of your vehicle
- Hundreds of used vehicles to choose from and reserve online for just €99 at rrg.ie
- C-it Now video service assistance

Support Local Business: Adventure Marine



Alex Murphy a Ballyboden member, has set-up e-commerce website www.adventure-marine.com

Working exclusively with Aqua Marina, Alex and his team are one of the rare few who have access to the new 2021 range of amazing inflatables. It sells isups, kayaks, dinghies & accessories to cater for the whole family. All the way from beginner to advanced.

Marine based activities absolutely exploded this year and for good reason. There is so much water locally and in surrounding areas which can be explored.

Imagine you could fold your kayak or SUP into a bag. Put them on your back, put them in the car, or take them on a plane. Our kayaks, canoes and stand up paddleboards fold up into a small backpack so you can take them wherever you want, whenever you want. Once they're inflated, they're as solid as the real thing. This is adventure made easy!

My favourite time to use my SUP is after an away game with some of the team or family. Sea water is great for recovery and it makes those long trips a bit easier!

Please visit our website and if you are thinking of buying a product send me a whatsapp on 087 621 3873 or simply give me a call!

Support Local Business: Kate Campbell, Strictly Sugarcraft



Strictly Sugarcraft was established in 2015, its owner, Boden member Kate Campbell a keen cake decorator found it very difficult to source cake decorating products in Southside Dublin.

The local areas of Rathfarnham, Ballyboden and Firhouse really needed a retail store and Kate duly obliged and opened in 2015.

Strictly Sugarcraft and its staff have made lots of cake friends since its beginning and with a loyal customer base they are very pleased to have recently expanded their retail store in Nutgrove and provide a welcoming friendly space to pop in and wander round.

In 2016 the online store www.sugarcraft.ie came online with over 3000 products, with click and collect or next day shipping available it's easy to navigate and very user friendly.

Our local staff are professional bakers and fully trained cake decorators and are always happy to assist and advise you with your cake decorating needs so please either pop in or visit them online or simply call on 089 707 0120.

Visit us at Nutgrove Office Park, Rathfarnham, D14X802

Why not follow us on [Facebook](#) and [Instagram](#) for the latest product information.

www.Sugarcraft.ie

Support local business: Courtville - Matthew Weldon Jewellery



Rare, unique, beautiful and sustainable jewellery is the speciality of Courtville- Matthew Weldon.

Based in the corner of Powerscourt Townhouse centre on the first floor, it is a small shop with expert gemologists and antique /vintage jewellery experts on hand to assist with all your jewellery requests.

The services we offer are :

- Antique and vintage jewellery,
- Engagement rings,
- Bespoke jewellery,
- Irish silver,
- Valuations.

We cater to all price points and have an ecommerce website - but please note due to high turnover of stock sometimes pieces dont make it onto the website so always worth calling in or following us on instagram.

If you are looking for something truly special, with quality gemstones, excellent client service and keen value definitely worth exploring Courtvilles collection

Support local business: Jensen Fleet Solutions



At Jensen Fleet Solutions we know that a business fleet is essential to smooth operation. We specialize in personalized professional vehicle leasing whereby we take the hassle out of fleet management, leaving you free to focus on your business.

Why Use Us?

- Dedicated account manager
- We specialise in small fleets

- Any queries answered immediately
- Your personalised partner throughout the contract
- Fully Irish owned and operated, stay local, shop local
- 100% Independent

For the consumer we offer fantastic second-hand ex lease vehicles for sale. These vehicles are one owner Irish vehicles, with full-service histories and warranties.

We welcome any AA Inspection on our vehicles as we are extremely confident in the vehicles, we sell

Think of Jensen for all your motoring needs.

GAA December 2021 Newsletter



The December edition of the GAA Club Newsletter is now available
- <https://www.gaa.ie/news/read-the-latest-club-newsletter-december-2021/>

This month's edition includes the following:

- GAA clubs encouraged to register for 'Ireland Lights Up' 2022
- The benefits to the GAA's new split season
- 50 years of All-Stars celebrate in newly published book
- Shane O'Donnell's concussion a wake-up call
- Playing rule changes lead to more scores and less fouls
- Loughmore-Castliney's loaves and fishes miracle
- Connacht GAA Air Dome bringing hurling to new heights
- 2020 GAA MacNamee Award Winners

Correspondence can be sent to clubnewsletter@gaa.ie

GAA Coaching and Games

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

GAA Learning Website

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

- GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children
- Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education
- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>
- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>
- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>
- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>
- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>
- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

#GAAPrimary Challenges

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson

plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to gamesdevelopment@gaa.ie or on social media using #GAAPrimary.

<https://youtu.be/51OTk69ctQc>

Webinar Series

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page 'GAALearning'](#)

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

Coach Survey

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email gamesdevelopment@gaa.ie

https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

Enjoy 50 Shades of Boden at home

In these strange times of social distancing, self isolation and cocooning, you can take time out for a laugh and a giggle with Boden Theatre Group's last production "50 Shades of Boden". Thanks to John Galvin for recording.

<https://www.youtube.com/watch?v=TnJb9x-rgvg>

WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

No Club social media platform should be used to post or share material which is :

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

Concussion Management

Concussion Management Guidelines for Gaelic Games



▣ Prepare



▣ Perform



▣ Recover

GAA

Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

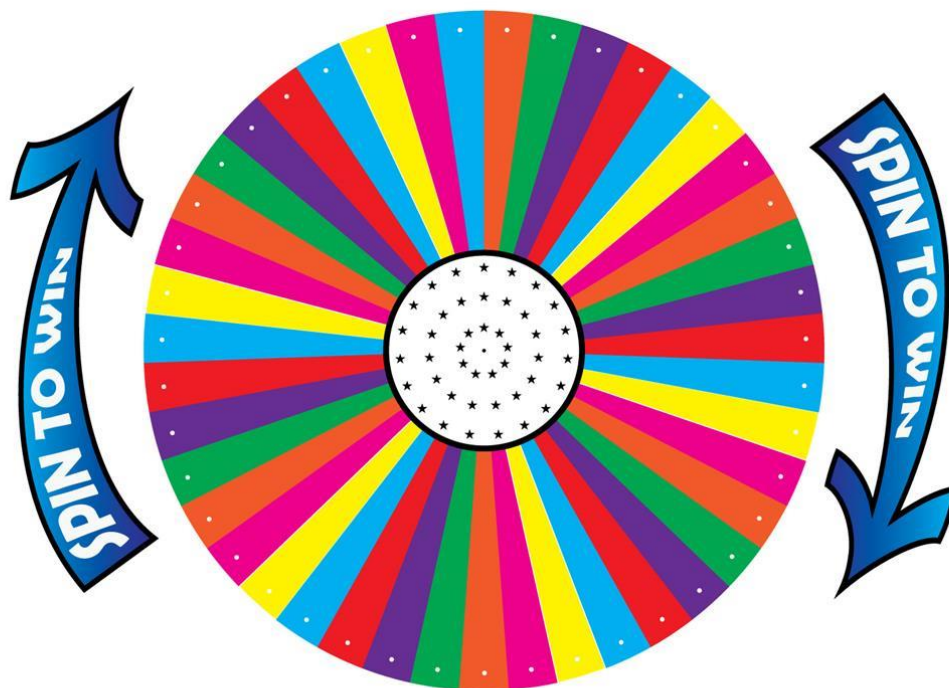
injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

Spin The Wheel

SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM
3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including
€1000, €500, €300, €200, €100, €50
42" Smart TV, Vintage Wine Collection
Presentation Box, Club Lotto Membership**

AND DOZENS OF OTHER PRIZES TO BE WON

(YOU MUST BE PRESENT TO SPIN THE WHEEL)

BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

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Bereavement – Daly

Posted by Cliona Mellett on 14 December, 2021

The Ballyboden St Enda's community are saddened to learn of the recent passing of Con Daly. A native of Skibbereen, Co Cork, Con passed away yesterday. One of the great members of Ballyboden, Con was very involved in the club in the early years and made a huge contribution to the activities of the Club...

The post **Bereavement – Daly** appeared first on **Ballyboden**.

THE LAUNCH OF 'WIN A NEW OPEL CORSA SC'

Posted by Cliona Mellett on 10 December, 2021

The Ballyboden St. Enda's Ladies and Men's Football Fundraiser was launched last night in the Club. The Adult Football sections have teamed up with Opel Ireland and Bill Sheehan & Sons, Terenure to offer this fantastic Win A New Opel Corsa competition to all our members and friends in Ballyboden St Endas and beyond! We...

The post **THE LAUNCH OF 'WIN A NEW OPEL CORSA SC'** appeared first on **Ballyboden**.

Boden Christmas Trees

Posted by EamonnTreacy on 9 December, 2021

Christmas Trees will go on sale this **Saturday** in the Car Park from 10am until 4pm. These fantastic trees, sourced from Kellehers Tree farm, will make your family's Christmas extra special. Free delivery is available. Contact 087 2203585. (Payment by Revolut also possible) Collection, for a small fee, can be booked for the New Year...

The post **Boden Christmas Trees** appeared first on **Ballyboden**.

Boden Under 21 Hurling Champions

Posted by EamonnTreacy on 5 December, 2021

Boden Dig Deep to Bring home title for first time since 2011 BBSE 0 18 St. Vincent's 0 14 Wordsworth reports from Páirc Naomh Uinsíonn Sean O' Donnell accepts the Under 21 A trophy A county final in December is a great way to shorten the winter. Boden supporters had been looking forward to this...

The post **Boden Under 21 Hurling Champions** appeared first on **Ballyboden**.
