



Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## Club Lotto Results, Thursday 30th December 2021



The Winning numbers in last Thursday's Club Lotto were **08 11 15 01**

Níor bhuaigh duine ar bith an Pota Oir - €3,000. Bhuaigh ceathrar an 'Match First 3 numbers drawn draw' of €300 who each received €75.

- Shane Devlin, Knocklyon

- Donal Griffin, Firhouse
- Holly O'Connor, Rathfarnham
- Josh Corcoran, Rathfarnham

**Next week's draw takes place on Thursday 6th January. Tá €3,500 sa Phota Óir an tseachtain seo.**

Join the Lotto [here](#) or to play on a weekly basis [see here](#). Seans gur tusa an buaiteoir amárach.

**And don't forget the LOTTO envelopes are now back in the club so why not try out your lucky numbers and Take a Chance!**

Our club lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities.

Cuidigh leis an gclub, glac páirt sa Lotto anois.

If you have any queries about the Club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

**Entry: €2 per panel or €5 for three panels**  
Select 4 Numbers per panel from 1-26 inclusive

|    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

|    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

|    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

*Cumann Luthchleas Gael*  
**Ballyboden St. Endas**  
GAA, CAMOGIE AND LADIES FOOTBALL CLUB

**Monday Night Draw  
in the Club House**

Match 4 - Win or share in Jackpot €1,000 minimum.  
Match first three numbers drawn - Win or share in €300 minimum.

Name \_\_\_\_\_

Address \_\_\_\_\_

Tel. \_\_\_\_\_

*If no winning entry, the prize fund is  
carried forward to following draw*

**THANK YOU FOR YOUR SUPPORT**

TEAM

**HeaveyRF**  
At The Core Of Every Good Solution.

Unit 1G, Block 71, The Plaza,  
Parkwest Industrial Estate, Dublin 12

Tel +353 1 2459200 Fax +353 1 2459201  
Email: [info@heaveyrf.com](mailto:info@heaveyrf.com) Web: [www.heaveyrf.com](http://www.heaveyrf.com)

**WIN A NEW OPEL CORSA SC**





Ballyboden St. Enda's Ladies and Men's Adult Football sections have teamed up with Opel Ireland and Bill Sheehan & Sons, Terenure to offer this fantastic Win A New Opel Corsa competition to all our members and friends in Ballyboden St Endas and beyond!

Our brand new Opel Corsa took to the road last Saturday and Sunday when it travelled up the road to SuperValu Knocklyon. Our ticket sellers were kept busy over the 2 days such was the response to and support of our Car Raffle.

Many shoppers were delighted to have the opportunity of buying a ticket or 3 as great stocking fillers for Christmas!

Many thanks to SuperValu Knocklyon for affording us this opportunity to reach out to our local community with our Car Raffle offering.

[Tickets can be bought online by clicking here](#) or in person from our Ladies and Men footballers.

For just €20 a ticket you can be in with a chance of winning this fabulous car!

Ticket Information

1 Ticket for €20  
3 Tickets for €50  
7 Tickets for €100

The Draw will take place on 26th March 2022 with 2nd and 3rd Prizes to be announced over the coming weeks!

Follow us on [Facebook](#) and [Instagram](#) to keep up to date and hear the latest news.

Ballyboden St Enda's Ladies & Men's Football Development Plans

Ballyboden GAA Club is at the heart of the local community, providing its 3,500 members and the wider community with a range of sporting and non-sporting activities.

We are running this Fundraiser to raise much needed funds for both the Ladies and Men's Football sections. By participating in this raffle, you will directly support the provision of facilities for all Ladies & Men's Football teams along with skills development programmes and player welfare initiatives.

**BONUS DRAW THIS SUNDAY!!**



As a New Year's offering, Ballyboden St Endas Ladies and Men's Football Sections want to give you the chance to Win A NEW APPLE SE WATCH in our BONUS DRAW when you buy a Raffle Ticket [here](#) in our WIN A NEW OPEL CORSA SC RAFFLE.

Simply purchase a ticket online at [bodenwinacar.ie](http://bodenwinacar.ie), from the Club Bar or from our ticket sellers without delay to be in with a chance to win a Brand New Apple SE Watch in our BONUS DRAW and win a Brand New Opel Corsa SC Car Raffle.

Buy your tickets [here](#) before **5pm on Sunday 9th of January** and you will be entered in our early bird BONUS DRAW doubling your chances to win.

Please note all tickets purchased between our Launch date of December 9th 2021 until 5pm on January 9th 2022 will be entered into the Bonus Draw. For more details on our Car Raffle, see [here](#).

Your support is greatly appreciated and all funds raised will go directly to all of the teams within the Ballyboden St Endas Ladies and Men's Adult Football sections.

# Hurling Fundraiser - Last Man Standing



**Ballyboden St Endas Hurling Section**

In association with



**Klubfunder**

Presents

**LAST MAN  
STANDING**

- Pick the winner of a Premier League match each week
- If your selection wins, you progress to the next round
- You cannot pick the same team twice
- Last player standing takes home **€500**
- **€200** runner up prize fund
- €20 entry fee
- Proceeds to Adult Hurling Development

**First Game Week: Tuesday 8th February 2022**

The Hurling Section is running a Fun Fundraiser based on the English Premiership. It will involve picking the winner of a Premiership game each week and continuing on each week until you are the “Last Man Standing”. There is a €500 prize for the “Last Man Standing”.



It will be launched officially on Thursday.

You can Pre-register by clicking on the following link. Details of how to participate will then be sent to your e-mail. More details to follow on the Website and Social Media in due course.

<https://forms.gle/qm3cWY6X7TSckh4m6>

## Exercise is Medicine



**"Exercise is Medicine" with**



When: Starts Tues January 18th at 0930am  
Where: Digital / Online  
Who: Our 12 week Community Programme to get older adults moving.  
How: Join Now- [www.sparc.ie/fit](http://www.sparc.ie/fit)  
Cost: Free!

### **WE WANT TO GET OUR COMMUNITY MOVING!! THESE CLASSES ARE TOTALLY FREE!**

Try your first class with no obligation to continue!

Classes will begin on **January 18th at 09:30**. All classes are directed by a chartered physiotherapist.

Improve stability ☒

Improve strength ☒

Improve mobility and balance ☒

All sessions prescribed by our chartered physio team ☒

## Baile Buadáin le Gaeilge 2021



Guíonn Meitheal Oibre na Gaeilge gach rath ar Mhná Buadain don bhliain 2022. Oíche Nollaig na mBan Shona Daoibh.

### **Oíche Nollaig na mBan le Seán Ó Ríordáin**

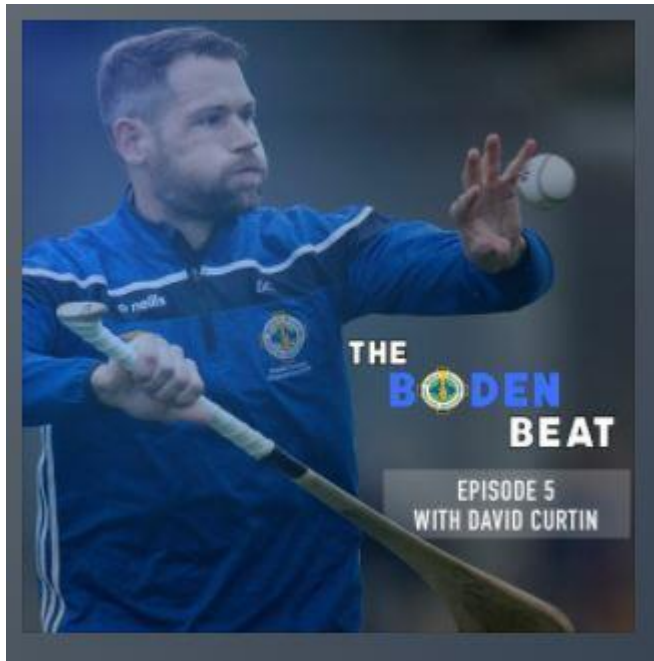
Bhí fuinneamh sa stoirm a éalaigh aréir,  
Aréir oíche Nollaig na mBan,  
As gealt-teach iargúlta tá laistiar den ré  
Is do scréach tríd an spéir chughainn 'na gealt,  
Gur ghíosc geataí comharsan mar ghogallach gé,  
Gur bhúir abhainn shlaghdánach mar tharbh,  
Gur múchadh mo choinneal mar bhuille ar mo bhéal  
A las 'na splanc obann an fhearg.  
Ba mhaith liom go dtiocfadh an stoirm sin féin  
An oíche go mbeadsa go lag  
Ag filleadh abhaile ó rince an tsaoil  
Is solas an pheaca ag dul as,  
Go líonfaí gach neomat le liúrigheán ón spéir,  
Go ndéanfaí den domhan scuaine scread,  
Is ná cloisfinn an ciúnas ag gluaiseacht fám dhéin,  
Ná inneall an ghluaisteáin ag stad.

**Women's Christmas translated by Theo Dorgan**



There was power in the storm that escaped last night,  
last night on Women's Christmas,  
from the desolate madhouse behind the moon  
and screamed through the sky at us, lunatic,  
making neighbours' gates screech like geese  
and the hoarse river roar like a bull,  
quenching my candle like a blow to the mouth  
that sparks a quick flash of rage.  
I'd like if that storm would come again,  
a night I'd be feeling weak  
coming home from the dance of life  
and the light of sin dwindling,  
that every moment be full of the screaming sky,  
that the world be a storm of screams,  
and I wouldn't hear the silence coming over me,  
the car's engine come to a stop.

## **THE BODEN BEAT EPISODE 5- DAVID CURTIN**



On Episode 5 of The Boden Beat, we catch up with the new Ballyboden St Endas Senior Hurling manager David Curtin.

David talks to us about his Senior Hurling career with both Boden and Dublin, the 5-in-a-row success with Boden between '07 and '11, his move from playing to coaching in 2021 and he looks forward to the season ahead!

Listen now on Soundcloud. [Stream The Boden Beat Episode 5- David Curtin | Listen online for free on SoundCloud](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

## **SDCC Pitches Closed for Winter Break 11/12/2021 - 05/02/2022**



### **Pitches Closed**

South Dublin County Council has advised that all pitches in SDCC area are closed for the Winter Break period 11/12/2021 to 05/02/2022.

*No access is authorized to pitches/Sport Facilities during the closed season, or outside of the letting season.*

## **Referee Shortage**

A recruitment poster for GAA referees. On the left is a black referee jersey with green vertical stripes, the GAA logo on the chest, and a 'RÉITEOIR' patch. The background is a green-tinted image of a referee. Text on the right reads: 'ALWAYS WANTED TO CONTROL A GAME? WELL...NOW YOU CAN!' followed by 'REFEREES WANTED' in large bold letters. Below this are three bullet points, each with a colored card icon (yellow, red, black) and text: 'MAKE A DIFFERENCE', 'BECOME A GAA REFEREE', and 'BECAUSE OUR GAMES NEED YOU'.

Have you thought about becoming a GAA referee? Now is the time to put your name forward. Full training will be provided. If you are interested contact [lorraine@dublingaa.ie](mailto:lorraine@dublingaa.ie)

## **Important Notice: Firhouse Road /Ballycullen Car Parking**



Patrons parking vehicles are asked to park in manner that is respectful to the residents in the area and to those using the cycle lanes, bus lanes and footpaths.

- It is illegal to park on a grass verge, cycle lane, bus lane, double yellow lines, footpath.
- It is also illegal to park opposite a continuous white line or too close to a junction.

Gardaí have informed the Club they will be carrying out patrols and any person found in breach of the Road Traffic Act or found breaching the offences outlined above will be dealt with by way of a fixed charge notice (FCN) commonly referred to as a fine. In some cases, the offences carry penalty points.

Gardaí ask that any patrons using a vehicle, to park in a manner that does not breach the Road Traffic Act.

Patrons living locally, if possible, might consider cycling or walking to the main clubhouse in order to alleviate parking issues

**Boden Bliss is not to be missed!**





| • CLASSIC CONES •  |       | • DELUXE TUBS •       |       |
|--|-------|-----------------------|-------|
| KIDS CONE  | €1.80 | CHOCOLATE FLAKE       | €4.50 |
| LARGE  | €2.00 | KINDER BUENO          | €4.50 |
| LARGE 99   | €2.50 | MILKY BAR             | €4.50 |
| *INCLUDES ANY TOPPING<br>TUBS ALSO AVAILABLE   |       | OREO                  | €4.50 |
|    |       |                       |       |
| • CLASSIC MILKSHAKES •   |       | • DELUXE MILKSHAKES • |       |
| VANILLA  | €3.50 | CHOCOLATE FLAKE       | €4.50 |
| CHOCOLATE  | €3.50 | KINDER BUENO          | €4.50 |
| STRAWBERRY   | €3.50 | MILKY BAR             | €4.50 |
| BANANA   | €3.50 | OREO                  | €4.50 |

There has been great excitement at the club and in the general area recently with the opening of our brand new ice cream bar in the clubhouse! Boden Bliss is open daily and serves ice cream, milkshakes and treats for all the family! It has been proven to be particularly welcome during all the good weather we have had of late! Make sure you come down and try it out for yourself!

Opening hours:

Monday – Friday 1:00pm – 9:00pm

Saturday & Sunday 11:30am – 9:00pm

## BBSE - Defibrillator locations



### **Our defibrillators - where are they?**

The Club has a defibrillator at the Clubhouse grounds (above) and at Sancta Maria (below). The defibrillators are stored in temperature controlled storage unit. There is no lock on the defibrillator storage units.



### **Clubhouse**

The defibrillator is located on the external wall of the Clubhouse, between the Tribe coffee station and the bar emergency exit double doors.

### **Sancta Maria**

The defibrillator is positioned at the door of the gym on the outside wall of the courtyard.

We would like to thank South Dublin County Council who provided a contribution to the costs of the defibrillators and storage units through their Community Grants Programme.

## **Club shop - Opening Times**

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

## **GAA December 2021 Newsletter**



The December edition of the GAA Club Newsletter is now available  
- <https://www.gaa.ie/news/read-the-latest-club-newsletter-december-2021/>

This month's edition includes the following:

- GAA clubs encouraged to register for 'Ireland Lights Up' 2022
- The benefits to the GAA's new split season
- 50 years of All-Stars celebrate in newly published book
- Shane O'Donnell's concussion a wake-up call
- Playing rule changes lead to more scores and less fouls
- Loughmore-Castliney's loaves and fishes miracle
- Connacht GAA Air Dome bringing hurling to new heights
- 2020 GAA MacNamee Award Winners

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

## **GAA Coaching and Games**

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### **GAA Learning Website**

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>



- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

### **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

### **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page](#) '[GAALearning](#)'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

### **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

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▣ Prepare



▣ Perform



▣ Recover

GAA

# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **Spin The Wheel**



# SPIN THE WHEEL @ BODEN



**EVERY SATURDAY NIGHT @ 11PM**  
**3 PEOPLE TO SPIN EVERY NIGHT**

**43 Prizes on the WHEEL, Including**  
**€1000, €500, €300, €200, €100, €50**  
**42" Smart TV, Vintage Wine Collection**  
**Presentation Box, Club Lotto Membership**

**AND DOZENS OF OTHER PRIZES TO BE WON**  
**(YOU MUST BE PRESENT TO SPIN THE WHEEL)**

## BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)
- [SOCIAL EVENTS](#)

## Bereavement -Flynn

Posted by Alan Kinsella on 2 January, 2022

The club community is saddened to hear of the death of Anthony Flynn, brother of Tommy Flynn. Our thoughts and prayers are with the Flynn Family at this difficult time. Ar Dheis Dé go raibh a anam. Funeral Details here

The post **Bereavement -Flynn** appeared first on **Ballyboden**.

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## **BEREAVEMENT – BEARY**

Posted by Alan Kinsella on 2 January, 2022

The Ballyboden St Enda's community are saddened to learn of the recent passing of Aoife Beary . The Club extends its deepest sympathies and sincere condolences to the Beary family and Aoife's Cousins Kathryn, Seán, Eoin and Sinéad Crowley who are all involved in Ballyboden. Ar Dheis Dé go raibh sí. .

The post **BEREAVEMENT – BEARY** appeared first on **Ballyboden**.

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## **BONUS DRAW this WEEKEND!!**

Posted by Cliona Mellett on 1 January, 2022

Ballyboden St Endas Ladies and Men's Football Sections want to give you the chance to Win A NEW APPLE SE WATCH in our BONUS DRAW when you buy a Raffle Ticket here in our WIN A NEW OPEL CORSA SC RAFFLE. Simply purchase a ticket online at bodenwinacar.ie, from the Club Bar or from our...

The post **BONUS DRAW this WEEKEND!!** appeared first on **Ballyboden**.

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## **Congratulations Ian & Tracey Clarke**

Posted by Neil Buckingham on 31 December, 2021

Congratulations to former senior footballer and current Dublin Masters captain Ian Clarke and his bride Tracey on their wedding in University Church, Stephens Green on December 29th. We wish them every happiness in the future.

The post **Congratulations Ian & Tracey Clarke** appeared first on **Ballyboden**.

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## **Congratulations Bob Dwan & Debbie Dunne**

Posted by Neil Buckingham on 31 December, 2021

Congratulations to senior footballer Bob Dwan and his bride Debbie Dunne after their wedding in the Rathsallagh Country House on December 28th. We wish them every happiness in the future.

The post [\*\*Congratulations Bob Dwan & Debbie Dunne\*\*](#) appeared first on [\*\*Ballyboden\*\*](#).

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