



Ballyboden St Endas
Baile Buadáin Naomh Éanna
GAA Camogie & Ladies Football Club



Club Lotto Results, Thursday 6th January



The Winning numbers in last Thursday's Club Lotto were [18 04 24 21](#)

Níor bhuaigh duine ar bith an Pota Oir - €3,500. Bhuaigh triúr an 'Match First 3 numbers drawn draw' of €300 who each received €100.

Yvonne Kelly, Knocklyon

Colm Featherstone, Rathfarnham

Deirdre O'Donovan

Next week's draw takes place on **Thursday 13th January**. Tá €4,000 sa Phota Óir an tseachtain seo.

Join the Lotto [here](#) or to play on a weekly basis [see here](#). Seans gur tusa an buaiteoir amárach.


And don't forget the LOTTO envelopes are now back in the club so why not try out your lucky numbers and Take a Chance!

Our club lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities.

Cuidigh leis an gclub, glac páirt sa Lotto anois.

If you have any queries about the Club Lotto, please email lotto@ballyboden.ie

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

Entry: €2 per panel or €5 for three panels													<i>Cumann Luthchleas Gael</i> Ballyboden St. Endas <small>GAA, CAMOGIE AND LADIES FOOTBALL CLUB</small>																											
Select 4 Numbers per panel from 1-26 inclusive																																								
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<div>HeaveyRF <small>At The Core Of Every Good Solution.</small></div> <div>Unit 1G, Block 71, The Plaza, Parkwest Industrial Estate, Dublin 12 Tel +353 1 2459200 Fax +353 1 2459201 Email: info@heaveyrf.com Web: www.heaveyrf.com</div>																																								

Hurling Fundraiser - Last Man Standing



Ballyboden St Endas Hurling Section

In association with



Klubfunder

Presents

**LAST MAN
STANDING**

- ♦ Pick the winner of a Premier League match each week
- ♦ If your selection wins, you progress to the next round
- ♦ You cannot pick the same team twice
- ♦ Last player standing takes home **€500**
- ♦ **€200** runner up prize fund
- ♦ €20 entry fee
- ♦ Proceeds to Adult Hurling Development

First Game Week: Tuesday 8th February 2022

The Adult Hurling Section launched our Fun Fundraiser last week. It is based on the English Premiership and is proving very popular with an excellent response to date. Thank you to all.

It involves picking the winner of a Premiership game each week and continuing on each week (if successful) until you are the “Last Man Standing”. There is a €500 prize for the “Last Man Standing”. You can pre-register by clicking on the link. An e-mail will then be sent to you outlining what to do next. Payment can be made by Debit/Credit Card via the clubs Stripe account and is entirely secure. There is only one payment involved...once you are in, you are in as long as you pick one correct score each week...it's that simple!! Picking the obvious in Week 1 may not keep you “Standing” in the long run!! Strategy is important. The Competition Rules are set out below.

Money raised goes to Adult Hurling Development. Please participate and spread the news. Registration continues up to the date of the first Round of games on February 8th but please register in advance of that.

<https://forms.gle/qm3cWY6X7TSckh4m6>

Competition Rules

1. Each week, simply pick a premier league soccer team playing that week to win – if your team wins, you go through; lose or draw and you're out.
- 2 You can only pick a team to win once so be tactical about who you pick and when
3. All selections must be in before the game week closes. This is normally 60 mins before the first game starts
4. Should you forget to make your selection in any week, you will automatically be assigned the first team that you have not selected in alphabetical order. (A reminder email will be sent out so you don't forget).
5. If your team's game is postponed you are automatically put through to the next round, and you cannot select that team again.
6. If more than one participant remains at the end, the accumulated 'scored for' of their selected teams will determine the winner. This also applies if during the competition the remaining players are knocked out in the same game week then the player with the highest score will be the winner.
7. If the remaining players 'scored for' points are equal then there will be joint winners.

WIN A NEW OPEL CORSA SC: Bonus Draw for an Apple Watch



The Car Raffle committee held their 1st Bonus Draw in their Win An Opel Corsa competition last Sunday evening in the club.

Up for grabs was an Apple Watch SE. All tickets bought between the Launch evening on December 9th until 5pm on Sunday 9th January were included in the Bonus Draw.

The winning ticket was sold mid December outside Supervalu Knocklyon and the winner has been contacted. It was drawn by club stalwart Pat Conway with Club Treasurer Cathal Fitzgerald and Football Vice Chairman John Madden keeping watchful eyes over the proceedings.

Thanks to our observers Cathal and John, Club Chairman Ciaran Maguire and football committee members for attending on the night and last but not least many thanks to Jack Nolan for sponsoring the Apple Watch.

The Car Raffle, giving you a chance to win a Brand New Opel Corsa, will run until Saturday 26th March. For just €20 a ticket, you can be in with a chance of winning this fabulous car! [Click here to buy tickets](#)

It is expected that another Bonus Draw will be announced in due course so look out for updates on Facebook, Twitter and Instagram to keep up to date and hear the latest news

Ticket Information

1 Ticket for €20
3 Tickets for €50
7 Tickets for €100

[Click here to buy tickets](#)

Ballyboden St Enda's Ladies & Men's Football Development Plans

We are running this Car Raffle to raise much needed funds for both the Ladies and Men's Football sections. By participating in this raffle, you will directly support the provision of facilities for all Ladies & Men's Football teams along with skills development programmes and player welfare initiatives.

Ballyboden GAA Club is at the heart of the local community, providing its 3,500 members and the wider community with a range of sporting and non-sporting activities.

Exercise is Medicine



"Exercise is Medicine" with



When: Starts Tues January 18th at 0930am

Where: Digital / Online

Who: Our 12 week Community Programme to get older adults moving.

How: Join Now- www.sparc.ie/fit

Cost: Free!

WE WANT TO GET OUR COMMUNITY MOVING!! THESE CLASSES ARE TOTALLY FREE!

Try your first class with no obligation to continue!

Classes will begin on **January 18th at 09:30**. All classes are directed by a chartered physiotherapist.

Improve stability ✓

Improve strength ✓

Improve mobility and balance ✓

All sessions prescribed by our chartered physio team ✓

Baile Buadain le Gaeilge 2021



Information Session on Learning Irish

Are you interested in learning Irish but not sure where to start?

An information session will take place on Monday 17 January at 9pm in the clubhouse.

Please adhere to Covid Protocols on arrival. Fáilte roimh chách.

Rún na hAthbhliana / New Year's Resolution

Bain triail as pé Gaeilge atá agat a úsáid chomh rialta agus ar féidir leat.

Try using whatever Irish you have as often as you can. Even if it's only 'Conas atá tú', or 'Slán' every little bit makes a difference!

Tosach maith leath na hOibre – A Good Start is half the work

Bíonn gach tosach lag – Every beginning is weak

Táim réidh chun oibre – I am ready for work

On-line Irish Classes in Ring College

Coláiste na Rinne, situated in the Ring Gaeltacht, near Dungarvan Co Waterford, offers a wide range of classes and cultural experiences to learners and visitors of all ages, from all over the world. Its 25 acre campus offers a wide variety of facilities to groups and organisations which promote and cherish the Irish language.

Under the Covid-19 restrictions, Irish Language classes for the coming semester are on-line.

On the website, you will find class descriptions and an online test that **intermediate / advanced learners** can take to get a general idea of their level of proficiency. The test is less suitable for those who are just beginning their learning journey. **Test your Irish:** <https://bit.ly/3JV1PJQ>

CÚINNE CAINTE | ‘Conversation Corners’ are also available on Mondays, as companion sessions to the structured classes. They are teacher facilitated and focus on the spoken language, enabling participants to put into practice what they have learned during the classes.

All the details can be found on the following link

<https://www.anrinn.com/adult-courses/online-courses-ar-line/course-booking/>



3 Golden Rules for Learning Irish in the New Year

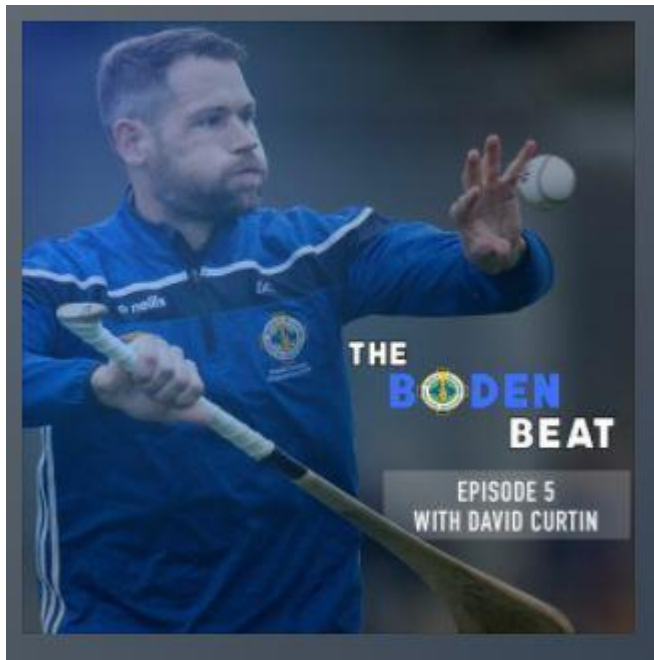
If you want to learn Irish, you have to listen to Irish.

If you want to learn Irish, engaging with its speakers is a big help

If you want to learn Irish, you're going to make mistakes.

<https://bit.ly/3f8WfFw>

THE BODEN BEAT EPISODE 5- DAVID CURTIN



On Episode 5 of The Boden Beat, we catch up with the new Ballyboden St Endas Senior Hurling manager David Curtin.

David talks to us about his Senior Hurling career with both Boden and Dublin, the 5-in-a-row success with Boden between '07 and '11, his move from playing to coaching in 2021 and he looks forward to the season ahead!

Listen now on Soundcloud. [Stream The Boden Beat Episode 5- David Curtin | Listen online for free on SoundCloud](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

SDCC Pitches Closed for Winter Break 11/12/2021 - 05/02/2022



Pitches Closed

South Dublin County Council has advised that all pitches in SDCC area are closed for the Winter Break period 11/12/2021 to 05/02/2022.

No access is authorized to pitches/Sport Facilities during the closed season, or outside of the letting season.

Referee Shortage

An advertisement for GAA referees. On the left is a black referee jersey with green vertical stripes, featuring the GAA logo and the word 'RÉITEOIR' with a crest. On the right is a blurred image of a referee in a white shirt holding a black card. The background is green.

**ALWAYS WANTED TO CONTROL A GAME?
WELL...NOW YOU CAN!**

REFEREES WANTED

-  **MAKE A DIFFERENCE**
-  **BECOME A GAA REFEREE**
-  **BECAUSE OUR GAMES NEED YOU**

Have you thought about becoming a GAA referee? Now is the time to put your name forward. Full training will be provided. If you are interested contact lorraine@dublingaa.ie

Important Notice: Firhouse Road /Ballycullen Car Parking



Patrons parking vehicles are asked to park in manner that is respectful to the residents in the area and to those using the cycle lanes, bus lanes and footpaths.

- It is illegal to park on a grass verge, cycle lane, bus lane, double yellow lines, footpath.
- It is also illegal to park opposite a continuous white line or too close to a junction.

Gardaí have informed the Club they will be carrying out patrols and any person found in breach of the Road Traffic Act or found breaching the offences outlined above will be dealt with by way of a fixed charge notice (FCN) commonly referred to as a fine. In some cases, the offences carry penalty points.

Gardaí ask that any patrons using a vehicle, to park in a manner that does not breach the Road Traffic Act.

Patrons living locally, if possible, might consider cycling or walking to the main clubhouse in order to alleviate parking issues

BBSE - Defibrillator locations



Our defibrillators - where are they?

The Club has a defibrillator at the Clubhouse grounds (above) and at Sancta Maria (below). The defibrillators are stored in temperature controlled storage unit. There is no lock on the defibrillator storage units.

Clubhouse

The defibrillator is located on the external wall of the Clubhouse, between the Tribe coffee station and the bar emergency exit double doors.

Sancta Maria

The defibrillator is positioned at the door of the gym on the outside wall of the courtyard.

We would like to thank South Dublin County Council who provided a contribution to the costs of the defibrillators and storage units through their Community Grants Programme.

Club shop - Opening Times

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

GAA December 2021 Newsletter



The December edition of the GAA Club Newsletter is now available
- <https://www.gaa.ie/news/read-the-latest-club-newsletter-december-2021/>

This month's edition includes the following:

- GAA clubs encouraged to register for 'Ireland Lights Up' 2022
- The benefits to the GAA's new split season
- 50 years of All-Stars celebrate in newly published book
- Shane O'Donnell's concussion a wake-up call
- Playing rule changes lead to more scores and less fouls
- Loughmore-Castliney's loaves and fishes miracle
- Connacht GAA Air Dome bringing hurling to new heights
- 2020 GAA MacNamee Award Winners

Correspondence can be sent to clubnewsletter@gaa.ie

GAA Coaching and Games

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

GAA Learning Website

The GAA Learning platform at learning.gaa.ie is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

#GAAPrimary Challenges

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to gamesdevelopment@gaa.ie or on social media using #GAAPrimary.

<https://youtu.be/51OTk69ctQc>

Webinar Series

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page](#) '[GAALearning](#)'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

Coach Survey

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email gamesdevelopment@gaa.ie

https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u

<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

No Club social media platform should be used to post or share material which is :

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

Concussion Management

Concussion Management Guidelines for Gaelic Games



▣ Prepare



▣ Perform



▣ Recover

GAA

Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

BODEN GEAR ONLINE

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)

- [SOCIAL EVENTS](#)

Christmas Tree Collection

Posted by ballyboden on 5 January, 2022

Get your tree collected in aid of the Ballyboden St Endas Juvenile Section Text or whatsapp your Name & Address to 087 9312851. Make sure all decorations and stands are removed. Full details below.

The post [Christmas Tree Collection](#) appeared first on [Ballyboden](#).

Bereavement -Flynn

Posted by Alan Kinsella on 2 January, 2022

The club community is saddened to hear of the death of Anthony Flynn, brother of Tommy Flynn. Our thoughts and prayers are with the Flynn Family at this difficult time. Ar Dheis Dé go raibh a anam. Funeral Details here

The post [Bereavement -Flynn](#) appeared first on [Ballyboden](#).

BEREAVEMENT – BEARY

Posted by Alan Kinsella on 2 January, 2022

The Ballyboden St Enda's community are saddened to learn of the recent passing of Aoife Beary . The Club extends its deepest sympathies and sincere condolences to the Beary family and Aoife's Cousins Kathryn, Seán, Eoin and Sinéad Crowley who are all involved in Ballyboden. Ar Dheis Dé go raibh sí. .

The post [BEREAVEMENT – BEARY](#) appeared first on [Ballyboden](#).

BONUS DRAW this WEEKEND!!

Posted by Cliona Mellett on 1 January, 2022

Ballyboden St Endas Ladies and Men's Football Sections want to give you the chance to Win A NEW APPLE SE WATCH in our BONUS DRAW when you buy a Raffle Ticket here in our WIN A NEW OPEL CORSA SC RAFFLE. Simply purchase a ticket online at bodenwinacar.ie, from the Club Bar or from our...

The post **BONUS DRAW this WEEKEND!!** appeared first on **Ballyboden**.

