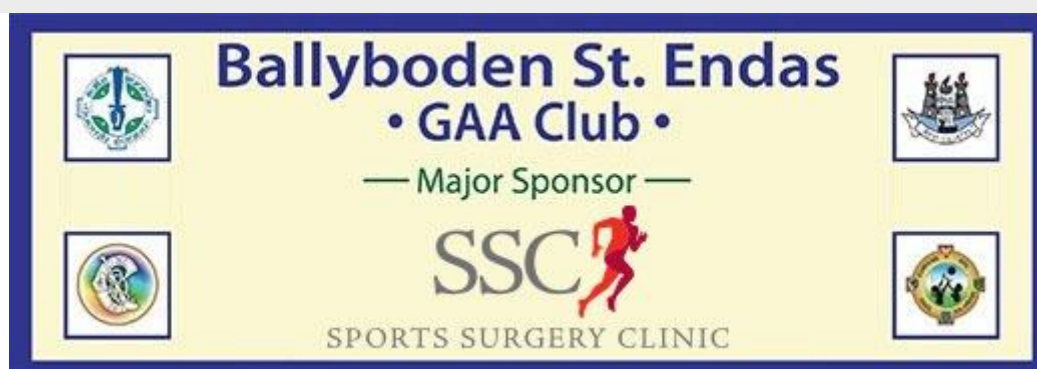




Ballyboden St Endas  
Baile Buadáin Naomh Éanna  
GAA Camogie & Ladies Football Club



## Club Lotto Results, Thursday 10th February 2022



Níor bhuaigh duine ar bith an Pota Oir of €1,000

The Winning Numbers in last Thursday night's Club Lotto were **07 12 14 10**

Agus bhuaigh beirt an ‘Match First 3 numbers drawn draw’ of €300, who each receive €150.

- The King Family, Rathfarnham
- Paul Coburn, Rathfarnham

Next week’s draw takes place on **Thursday 17th February**. Tá **€1,500** sa Phota Óir an tseachtain seo.

Join the Lotto [here](#) or to play on a weekly basis [see here](#). Seans gur tusa an buaiteoir amárach.

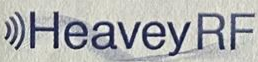
And don’t forget the LOTTO envelopes are now back in the club so why not try out your lucky numbers and Take a Chance!

Our club lotto, now more than ever, plays a vital role in our finances. This funding is vital to ensure that we have the financial resources to maintain our superb facilities.

Cuidigh leis an gclub, glac páirt sa Lotto anois.

If you have any queries about the Club Lotto, please email [lotto@ballyboden.ie](mailto:lotto@ballyboden.ie)

Because of the ongoing COVID-19 restrictions, the weekly Club Lotto draw is taking place virtually. The Lotto numbers are selected using an online random number generator and the draw is video recorded and also observed by at least three members of the Lotto Committee using the Zoom video conference application.

<b>Entry: €2 per panel or €5 for three panels</b> Select 4 Numbers per panel from 1-26 inclusive		<i>Cumann Luthchleas Gael</i> <b>Ballyboden St. Endas</b> <small>GAA, CAMOGIE AND LADIES FOOTBALL CLUB</small>																										
<table border="1"><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr></table>		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	<b>Monday Night Draw in the Club House</b> Match 4 - Win or share in Jackpot €1,000 minimum. Match first three numbers drawn - Win or share in €300 minimum.
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		Tel. _____																										
 At The Core Of Every Good Solution.		<i>If no winning entry, the prize fund is carried forward to following draw</i> <b>THANK YOU FOR YOUR SUPPORT</b>																										
Unit 1G, Block 71, The Plaza, Parkwest Industrial Estate, Dublin 12 Tel +353 1 2459200 Fax +353 1 2459201 Email: <a href="mailto:info@heaveyrf.com">info@heaveyrf.com</a> Web: <a href="http://www.heaveyrf.com">www.heaveyrf.com</a>		<b>TEAM</b> <table border="1"><tr><td> </td></tr></table>																										



## Our Opel Corsa SC - St Valentine's Bonus Draw



We were delighted to have Sonia Worthington from the Adult Ladies Football Committee in the club on Monday evening to pull the winning Bonus Draw ticket in our St Valentine's Day Bonus Draw. Congratulations to our Winner, Michelle Larkin, who wins a stay for two in the Marriott Aloft 4 Star hotel in Dublin City, a stay which includes 2 nights Bed & Breakfast and 1 Dinner. Many thanks to the Aloft Hotel for sponsoring the prize.

For more photos, see [here](#).

We look forward to the announcement of our next set of prizes for our mid March Bonus Draw to celebrate St Patrick's Day.

Members from our Ladies and Mens Football sections were selling Raffle Tickets outside SuperValu, Churchtown last weekend. Many thanks to Supervalu for giving us permission to set up stall outside their store and to the people of Churchtown for their support.



For photos, [see here](#).

Our players will be selling Raffle tickets at SuperValu, Walkinstown this coming Saturday and Sunday.

And we are now on countdown for the Big Draw **Win The Opel Corsa SC**. The Draw for the Opel Corsa will take place on Saturday 26th March 2022 with a host of additional prizes up for grabs on the night.





For just €20 a ticket you can be in with a chance of winning this car and our bonus prizes!

### **Ticket Information**

- 1 Ticket for €20
- 3 Tickets for €50
- 7 Tickets for €100

[CLICK HERE TO BUY TICKETS](#)

Follow us on [Facebook](#) and [Instagram](#) to keep up to date and hear the latest news.

### **Ballyboden St Enda's Ladies & Men's Football Development Plans**

Ballyboden GAA Club is at the heart of the local community, providing its 3,500 members and the wider community with a range of sporting and non-sporting activities.

We are running this Fundraiser to raise much needed funds for both the Ladies and Men's Football sections. By participating in this raffle, you will directly support the provision of

facilities for all Ladies & Men's Football teams along with skills development programmes and player welfare initiatives.

[CLICK HERE TO BUY TICKETS](#)

For more information, see [here](#)

## **MEN'S ADULT FOOTBALL A.G.M TUESDAY 22ND FEBRUARY**

### **Men's Adult Football Section A.G.M**

**is scheduled to take place on  
Tuesday 22nd February at 8pm in the Club hall.**

**Elections will be held for the positions of  
Chairperson, Vice-Chairperson, Secretary & Treasurer**

**Nominations should be emailed to [football@ballyboden.ie](mailto:football@ballyboden.ie)  
by 9pm on Sunday 20th February 2022**

## **U14 Hurlers take on Newport (Tipperary) at UL Limerick**



Our U14 hurlers headed to the UL Sports Arena at the weekend to take on Newport of Tipperary. It was a well fought battle between two evenly matched teams. The weekend was finished off with Senior Hurling star Finn McGarry presenting medals to the lads who won the U13 Division 1 grading League - Well done boys!

Thanks to Dave Manzor for the photos. To see all of the action and medal presentations, please click [here](#).

## **Calling All BBSE Ladies Football Coaches.**





**CALLING ALL BBSE LADIES FOOTBALL COACHES!**

- **LGFA FUNDAMENTALS COACHING COURSE**
- **BALLYBODEN ST ENDAS CLUBHOUSE**
- **26TH FEBRUARY 2022, 10.00AM – 4.00PM**
- **NO EXPERIENCE NECESSARY.**

LGFA Fundamental Coaching Course, specially designed for coaches of Ladies Football  
Ballyboden St Endas Clubhouse  
Saturday 26<sup>th</sup> February 2022 10.00am – 4.00pm  
To book please text 086 8090161 – please include your name and the age group/year of your team.  
Places on this course are limited.  
No experience necessary. Book now.

Ladies Football Coaches!! Last call for the few remaining places on this LGFA Foundation coaching course in the club on Saturday 26 Feb., which is specially designed with Ladies Football in mind. For booking, see the poster. Mná Buadáin Abú!!

## Baile Buadáin le Gaeilge 2022



### Frásaí le clos ar TG4

- Ag súil le sárchomhrac inniu

*Looking forward to a great battle today*

- Cad é mar lá

*What a day*

- Cad é mar dhráma



*What drama*

- Cad é mar chluiche

*What a game*

### ***Pop up Gaeltacht***

Beidh an chéad PopUP Gaeltacht eile ar siúl ar an 24 Feabhra - The Cobblestone, Margadh na Feirme



### **Grúpa Traid as Ais ag Seinnm sa Chlub**

Tá an-áthas a fhógairt go bhfuil an Grúpa Traid ar ais ina gcúinne féin sa chlubtheach gach Déardaoin ag 9.30. Ceoltóirí den Scoth.. Bígí linn



### **Seanfhocal an lae**

Aithnítear cara i gcruatan

*It is in hardship that a friend is recognised*

### **Imreoirí Boden leis na Dubs**

Iomáint

D'imir James Madden an cluiche iomlán i gcoinne Aontroma sa tSraith Iomána Allianz oíche Shathairn i mBéal Feirste. Tháinig Aidan Mellett ar an bpáirc sa dara leath.

Maith sibh beirt as an mbua.

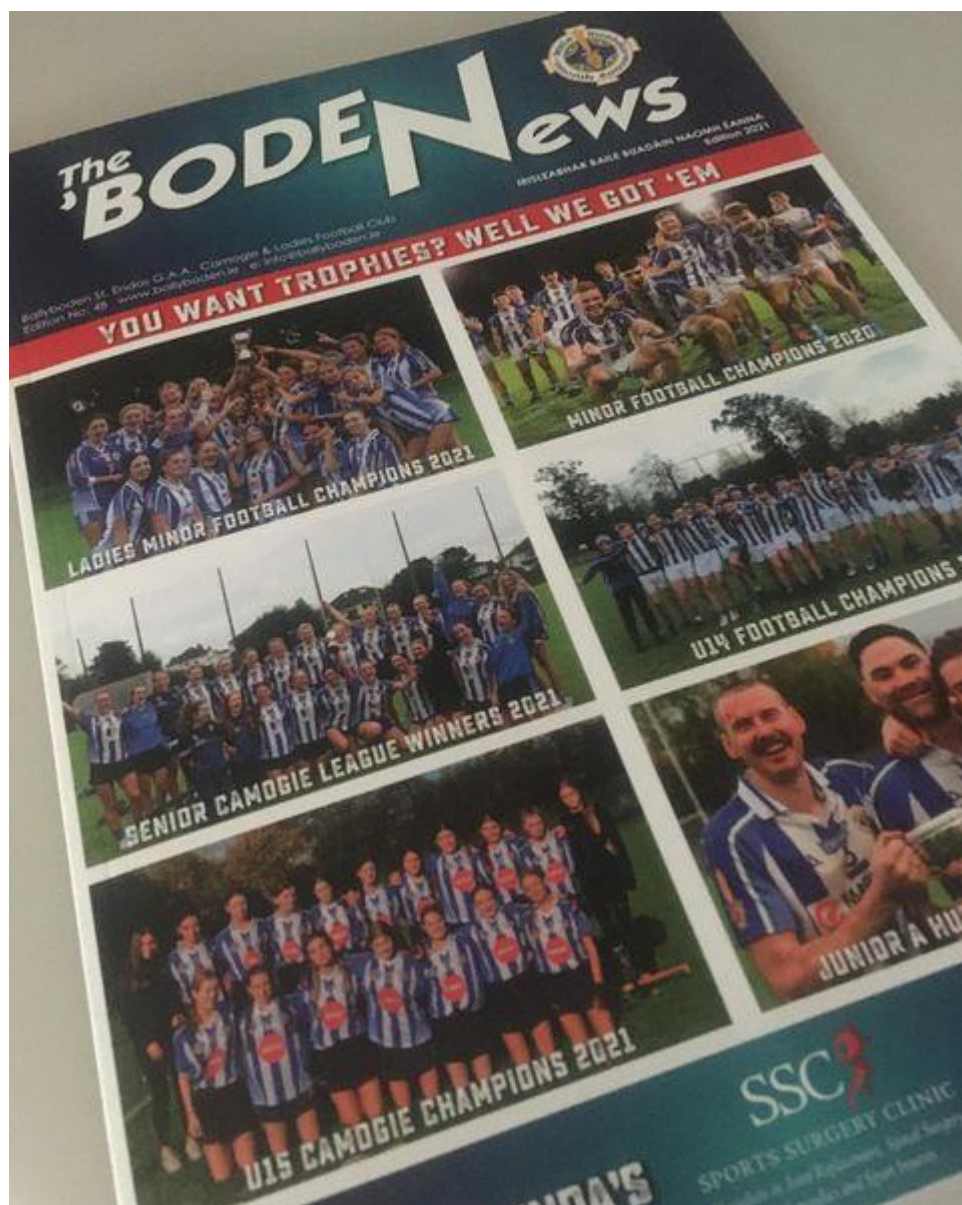




### **Peil na mBan**

Bhí Natalia Hyland ainmnithe ar an taobhlíne don chéad uair le tamall. Bhí bua maith ag Baile Átha Cliath i gcoinne Phort Láirge

## **Boden News - Out now!**



Irisleabhar Baile Buadáin Naomh Éanna, this year's Boden News is packed with reports and photos from the year just past! Available at the club now!

## Referees Wanted





**ALWAYS WANTED TO CONTROL A GAME?  
WELL...NOW YOU CAN!**

## **REFEREES WANTED**

**FOR U13-16 DURING 2022**

- MAKE A DIFFERENCE**
- BECOME A GAA REFEREE**
- BECAUSE OUR GAMES NEED YOU**

**Contact Paul [paulmanning@gmail.com](mailto:paulmanning@gmail.com) or text 085 8108993 for details**

## **Exercise is Medicine**



**"Exercise is  
Medicine" with**



**When:** Starts Tues January 18th at 0930am

**Where:** Digital / Online

**Who:** Our 12 week Community Programme to get older adults moving.

**How:** Join Now- [www.sparc.ie/fit](http://www.sparc.ie/fit)

**Cost:** Free!

**WE WANT TO GET OUR COMMUNITY MOVING!! THESE CLASSES ARE  
TOTALLY FREE!**

Try your first class with no obligation to continue!

Classes will begin on **January 18th at 09:30**. All classes are directed by a chartered physiotherapist.

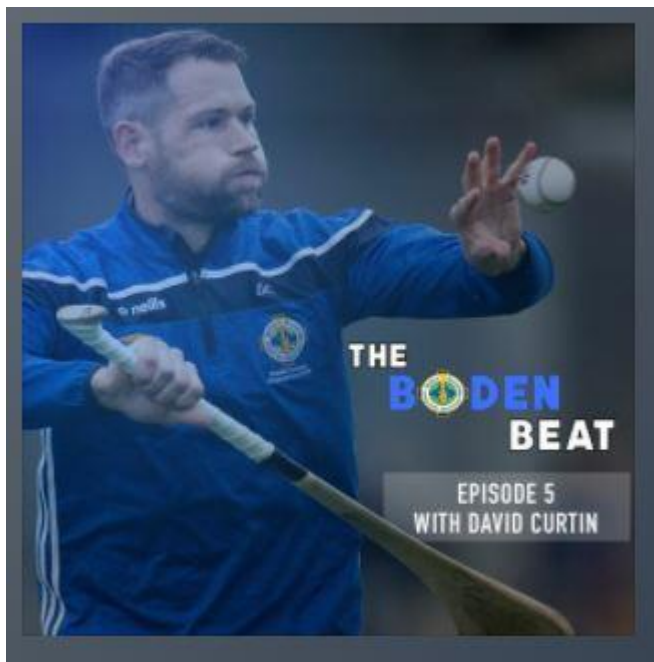
Improve stability ✓

Improve strength ✓

Improve mobility and balance ✓

All sessions prescribed by our chartered physio team ✓

## THE BODEN BEAT EPISODE 5- DAVID CURTIN



On Episode 5 of The Boden Beat, we catch up with the new Ballyboden St Endas Senior Hurling manager David Curtin.

David talks to us about his Senior Hurling career with both Boden and Dublin, the 5-in-a-row success with Boden between '07 and '11, his move from playing to coaching in 2021 and he looks forward to the season ahead!

Listen now on Soundcloud. [Stream The Boden Beat Episode 5- David Curtin | Listen online for free on SoundCloud](#)

It should also be available on all your usual podcast providers. You'll find it on [Spotify here](#) and [Apple Podcasts here](#)

## Important Notice: Firhouse Road /Ballycullen Car Parking





Patrons parking vehicles are asked to park in manner that is respectful to the residents in the area and to those using the cycle lanes, bus lanes and footpaths.

- It is illegal to park on a grass verge, cycle lane, bus lane, double yellow lines, footpath.
- It is also illegal to park opposite a continuous white line or too close to a junction.

Gardaí have informed the Club they will be carrying out patrols and any person found in breach of the Road Traffic Act or found breaching the offences outlined above will be dealt with by way of a fixed charge notice (FCN) commonly referred to as a fine. In some cases, the offences carry penalty points.

Gardaí ask that any patrons using a vehicle, to park in a manner that does not breach the Road Traffic Act.

Patrons living locally, if possible, might consider cycling or walking to the main clubhouse in order to alleviate parking issues

## **BBSE - Defibrillator locations**



### **Our defibrillators - where are they?**

The Club has a defibrillator at the Clubhouse grounds (above) and at Sancta Maria (below). The defibrillators are stored in temperature controlled storage unit. There is no lock on the defibrillator storage units.



### **Clubhouse**

The defibrillator is located on the external wall of the Clubhouse, between the Tribe coffee station and the bar emergency exit double doors.

### **Sancta Maria**

The defibrillator is positioned at the door of the gym on the outside wall of the courtyard.

We would like to thank South Dublin County Council who provided a contribution to the costs of the defibrillators and storage units through their Community Grants Programme.

## **Club shop - Opening Times**

The club shop is now open on Thursday nights, from 7 p.m. until 9 p.m. and on Saturdays, from 10 a.m. until 1 p.m.

Only one person/family will be permitted inside at a time and masks must be worn at all times.

## **GAA February 2022 Newsletter**



The February edition of the GAA Club Newsletter is now available  
- <https://www.gaa.ie/news/read-the-latest-club-newsletter-february-2022/>

This month's edition includes the following:

- Why we need to listen to women and learn from the tragic death of Ashling Murphy.
- Updated GAA Covid 19 advice.
- Four year extension of partnership with Irish life and GAA Healthy Clubs.
- Is your club winter ready?
- World class Dome is jewel in crown of Connacht GAA
- How green is your GAA club?
- How Gaelic Games will benefit from the lessons of coaching survey.
- Martin Fogarty lays out blueprint for a brighter hurling future.

Correspondence can be sent to [clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

## GAA Coaching and Games

From webinars, skills challenges & virtual training sessions, it's been a busy few months for the GAA community. Our Games Development Department has been busy providing assistance to coaches, players, teachers and parents to make this difficult time easier.

### GAA Learning Website

The GAA Learning platform at [learning.gaa.ie](https://learning.gaa.ie) is host to a series of Games Development initiatives building on the vast array of resources and courses published in recent years that are now providing a very valuable outlet for Coaches, Players, and Teachers without the opportunity to perform their usual roles in the promotion and playing of our games.

Some of these initiatives include:

-GAA Primary Challenges – Lesson Plans & Physical Activities for Primary School Children

-Coaching Webinars – Live and recorded webinars with leaders in Coaching and Coach Education

- 100's of activities to Coach Hurling, Football, Handball and Rounders on the GAA Coaching Planner <https://learning.gaa.ie/planner/>

- Games Development Conference Videos and Presentations from 2014 to 2020 <https://learning.gaa.ie/GamesConference2020>

- 'GAA 15' Injury Prevention Programme - <https://learning.gaa.ie/gaa15>

- Céim ar Aghaidh Resources for Primary School - <https://learning.gaa.ie/ceim>

- The Skills of Hurling - <https://learning.gaa.ie/hurlingskills>

- The Skills of Football – <https://learning.gaa.ie/footballskills>
- Online Courses and Workshops for Coaches, Players, Referees and Administrators
- LGFA and Camogie Resources and Programmes

## **#GAAPrimary Challenges**

The #GAAPrimary Challenges is a series of learning & physical activities for children in Primary School. During these particularly challenging times for families, the #GAAPrimary Challenges are designed to help teachers and parents to work on the cross-curricular lesson plans with children to meet their learning needs. Gaelic games-themed lessons are across all curriculum subjects and are for children at every class level, based on the GAA Céim ar Aghaidh/Step Ahead resource. For some fresh air and physical exercise, inter-county stars set Skill Challenges weekly that can be done at or near your home. There are also fun competitions and prizes to be won on the [@GAALearning](#) twitter page. Primary teachers are encouraged to share lesson plans, learning material and ideas by email to [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie) or on social media using #GAAPrimary.

<https://youtu.be/5lOTk69ctQc>

## **Webinar Series**

To help coaches through this difficult period, the GAA, an Cumann Camogaíochta & the LGFA have created a series of Coach Development Webinar sessions taking place on Tuesdays & Thursday at 7.30pm. Information on future sessions can be access through our twitter '[@GAALearning](#)' and past sessions can be viewed on our [Youtube Page](#) '[GAALearning](#)'

National Hurling Development Manager, Martin Fogarty, is hosting Hurling specific webinars every Monday on various aspects of the game and how best to coach it. For more details, visit out twitter [@GAALearning](#)

## **Coach Survey**

The Coach Survey was launched this week with the GAA, LGFA & Camogie Association joining forces to help shape the future development of Gaelic games. The aim of the survey is to get to know more about coaches involvement, their role, experiences and how they envisage their coaching future. The form can be accessed through the link below. If you have any queries about the survey, you can email [gamesdevelopment@gaa.ie](mailto:gamesdevelopment@gaa.ie)

[https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd\\_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=hrxFrNSvpUKfwz6H4bd_zq1V2frnb-FJnS9jn6gmgFNUNIFLTjIxWThBTEpBSzFVUTVOQjk3RUhXQy4u)



<https://www.youtube.com/watch?v=2Az-95HFEa8>

For more information on any of these resources, please visit our website '<https://learning.gaa.ie/>' or twitter page [@GAALearning](#)

## WHATS APP / COMMUNICATIONS

Everyone with access to Club/Team social media platforms has a responsibility when using these social media platforms to not do or post anything online that might tarnish Ballyboden St Enda's and the GAA's image and reputation.

**No Club social media platform should be used to post or share material which is :**

violent, sexually explicit, obscene, hateful, or defamatory.

suggests or encourages illegal activity.

engages in trolling, bullying, or abusive activity.

engages in the disparagement of any race, ethnicity or religion.

In the event of misuse, there is an obligation from team managements along with the recipients of the inappropriate posts to call it out and address it with the poster of the content. If we do not adhere to this, our Club and particularly those involved in the posts (complicit or otherwise) of inappropriate material all stand to blame.

## Concussion Management

# Concussion Management Guidelines for Gaelic Games

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▣ Prepare



▣ Perform



▣ Recover



# Prepare Perform Recover

If in Doubt, Sit Them Out

Gaelic games can be physical sports, and, while collisions are not a primary element of our games, they can occasionally happen. There has been an increasing number of concussion

injuries over the past year, and it is important that team managers, mentors and first aid people can recognise the symptoms and know the correct actions to take in order to ensure the safety of the player. Player safety is the most important consideration in a concussion, or any injury situation. It is widely reported that an inter-county player collapsed in a dressing room a week after an initial concussion diagnosis.

SPARC lead physiotherapist, Eamon O'Reilly has kindly created the below protocol for dealing with concussion and shared the GAA Medical Scientific Welfare committee guidelines, and we ask all those involved with teams to familiarise themselves with the guidelines and with the 'If in Doubt, Site Them Out' tag line. In order to ensure player welfare and to collate club data on the occurrence of concussion injuries, SPARC will see any club member with a concussion or suspected concussion free of charge, and we strongly encourage club players to avail of this generous and important offer.

[The GAA Concussion Management Guidelines](#)

## **BODEN GEAR ONLINE**

The club, together with O'Neill's, are delighted to announce that all your Boden merchandise is now available for purchase online, for delivery to your home.

The online shop can be accessed through the link to the O'Neill's website (below) which will appear on the club website.

Delivery charges also apply but it's free delivery for orders above €50.

White club shorts are the only item yet to be added to the online catalogue, and will be updated soon.

Please note that that the online price is higher than the prices that will continue to apply in the club shop as O'Neill's need to apply consistent pricing across their website.

<https://www.oneills.com/shop-by-team/gaa/ireland/ballyboden-st-enda-s-gaa-club.html>

- [ADULT FOOTBALL](#)
- [CAMOGIE](#)
- [HURLING](#)
- [JUVENILE BOYS](#)
- [JUVENILE GIRLS](#)
- [LADIES FOOTBALL](#)
- [LATEST NEWS](#)



- [SOCIAL EVENTS](#)

## Club Lotto Results, Thursday 10th February 2022

Posted by ballyboden on 15 February, 2022

Níor bhuaigh duine ar bith an Pota Oir of €1,000 The Winning Numbers in last Thursday night's Club Lotto were 07 12 14 10 Agus bhuaigh beirt an 'Match First 3 numbers drawn draw' of €300, who each receive €150. The King Family, Rathfarnham Paul Coburn, Rathfarnham Next week's draw takes place on Thursday 17th February. Tá...

The post **Club Lotto Results, Thursday 10th February 2022** appeared first on **Ballyboden**.

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## Men's Adult Football A.G.M Tuesday 22nd February

Posted by Neil Buckingham on 15 February, 2022

The post **Men's Adult Football A.G.M Tuesday 22nd February** appeared first on **Ballyboden**.

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## VACANCY – Coach and Player Development Manager

Posted by Neil Buckingham on 26 January, 2022

Applications are requested the role of Coach and Player Development Manager with Ballyboden St. Endas. This is a challenging role which is critical to the ongoing development of games in the club. If you believe that you are the person with the experience and know-how to take on this challenge, you can apply online at <https://ie.indeed.com> or...

The post **VACANCY – Coach and Player Development Manager** appeared first on **Ballyboden**.

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